

Duu Lhlan Wee-ya'

Duu Lhlan Wee-ya', "not many words" or "in so many words," is mailed to Lincoln and Tillamook County tribal members each month. Information includes youth activities, events, meetings, program updates, and more.



January 2009

Public Information Department
800-922-1399, ext. 1293 or 444-8293
Fax: 444-2307
Email: pias@ctsi.nsn.us

Election News

Candidate's Fair Rescheduled for Jan. 10

Ballots will be mailed out the week of Jan. 5, 2009.

The Candidate's Fair will be held Jan. 10, 2009, at the Siletz Tribal Community Center from noon to 4 p.m. (noon to 1 p.m.– Meet and Greet). It will be mediated by the Election Board chairman.

Public calibration for the voting machines will be Feb. 6 at 5:30 p.m. to 6:30 p.m. at the Tribal administration building.

Election Day is Feb. 7 from 10 a.m. to 4 p.m. at the Siletz Tribal Community Center.

If you would like further information about elections, please feel free to contact the Election Board office at 444-8256 or 800-922-1399, ext. 1256.

General Council Meeting

Feb. 7, 2009

Siletz Tribal Community Center
Siletz, Oregon

Agenda

- 1 p.m. Call to Order
Invocation
Flag Salute
Roll Call
Approval of Agenda
Approval of Minutes
Programs:
 Culture Program
 Housing Program
Tribal Members' Concerns
Chairman's Report
Announcements
Adjourn

2009

The new year has arrived and new laws are coming into affect. As many of you have heard the new smoking law says that there will be no more smoking in or within 10 feet of the following facilities:

1. Bars and taverns, including bar areas of restaurants
2. Restaurants
3. Bowling centers
4. Bingo halls
5. Private offices and commercial office buildings
6. Retail and wholesale establishments
7. Manufacturing plants and mills
8. Truck stops
9. Child and adult day care
10. Assisted living facilities
11. Movies theaters and indoor entertainment venues
12. Hotels and motels (Exception: up to 25 percent of guest rooms may be designated as smoking rooms by the owner or entity in charge)

You can think of this law as good or bad, I would like to think of it as good. It's a time for people to think about quitting and for people to go places without being surrounded by secondhand smoke.

If you have any questions or would like help quitting smoking or chewing please call, Jamie Mason, at 541-444-9659.

Pharmacy Refill News

Remember – you don't have to wait for business hours to call in your refill. Call the Refill Line anytime at 444-9624 or 800-648-0449, ext. 1624.

Local Refill Requests – Please call in your refill request 2-3 days before you run out of medication. This is necessary to allow the pharmacy time to contact your provider and for your provider to respond. This will take longer if your refill request is through a pediatrician since they are only at our clinic two days per week.

Optometry and Dental News

Optometry appointments are available Mondays and Tuesdays. Appointments are available within two weeks – call today!

Dental appointments now can be made any day of the week – you don't have to wait for a call-in date. Please call for your exam and cleaning today!

Tribal Children January USDA Distribution Dates Need You

Do you value Siletz Native culture and want to help preserve it? If so, please consider fostering for the Tribe. The Siletz Tribe needs loving, stable, nurturing homes in all areas.

If you are interested, please contact Shawna Henarie, foster care certifier, at 444-8275 or 800-922-1399, ext. 1275; or visit www.ctsi.nsn.us/icw.html.

**The Siletz Tribe
wishes you a
joyous, safe
and prosperous
New Year.**



Nike Shoe Update

by Judy Muschamp, Health Director

Nike does not have all sizes available for our final order of Nike shoes. No more applications are being accepted at this time.

If you have relocated since submitting your application, please contact Wendi Schamp at 800-648-0449, ext. 1670 or 444-9670. She has mailed individual letters informing applicants of the status of this project and some letters have been returned because of an incorrect address.

Thank you.

Siletz	
Monday, Jan. 5	9 a.m. – 3 p.m.
Tuesday, Jan. 6	9 a.m. – 3 p.m.
Wednesday, Jan. 7	9 a.m. – 3 p.m.
Thursday, Jan. 8	9 a.m. – 3 p.m.
Friday, Jan. 9	9 a.m. – Noon

Salem	
Tuesday, Jan. 20	2 p.m. – 7 p.m.
Wednesday, Jan. 21	9 a.m. – 7 p.m.
Thursday, Jan. 22	9 a.m. – 3 p.m.

We would like to thank Daniel Brown for coming in and cooking up a great meal at the Siletz warehouse. Daniel made White Bean Soup and Drop Biscuits and it was really good! You can pick up a copy of the recipe at either the Siletz or Salem warehouse.

Please make it to your scheduled appointments. If you are a walk-in client, please remember to bring all documents necessary to be certified. You will need:

- One full month of income verification (per capita and child support are reportable income).
- Verification of child care paid out.
- Tribal ID or CIB, Social Security cards or numbers for all household members and if you live with someone not on the application, we will need a statement from them regarding your living arrangements.
- Picture ID for all adult household members.

You can visit the CTSI website at www.ctsi.nsn.us and print the application packet.

**Joyce Retherford, FDP
Director, 444-8393 or
800-922-1399, ext. 1393
or
April Scoggins, USDA Clerk
444-8279 or
800-922-1399, ext. 1279**

Happy Meals!

Get a \$25 Fred Meyer Gift Card

The USDA Food Program is looking for individuals (you do not have to be a Tribal member) to cook a healthy dish using commodity foods. Bring in your recipe and we'll get you everything you need!

Come in and try out our kitchen in the new USDA warehouse.

For more details, call Joyce or April at 444-8279 or 800-922-1399, ext. 1279.

Medicare Reimbursement Available

by Judy Muschamp, Health Director

Elders are reminded that the Tribe will reimburse you for your monthly premium for Medicare Part B coverage (physician services).

Please provide a copy of your Medicare card and a benefit statement from Social Security indicating how much will be withheld per month and we will get you on our list of eligible reimbursements.

If you are under age 65 and disabled, we will reimburse if your Part B

Medicare coverage isn't already paid by the state. Please contact either Wendi Schamp or me for assistance.

The Tribe also will reimburse the cost of enrolling in a Part D prescription drug plan. If you need assistance signing up for a prescription drug plan, please contact Marci Garrett at the clinic.

If you have any questions, feel free to call the clinic for help at 444-1030 or 800-648-0449.

Elders' Council Meeting

Jan. 17, 2009 · 1 p.m. to 4 p.m.

Chinook Winds Golf Resort

For more information, contact Danise Barker at 444-8225 or 800-922-1399, ext. 1225; or daniseb@ctsi.nsn.us



CEDARR

Community Efforts Demonstrating the Ability to Rebuild and Restore

Jan. 7, 2009 · 5:30 p.m.

Siletz Community Health Clinic

Hope to see you there!



Narcotics Anonymous Meetings

Monday

“Monday Nite Alive”

7:30-8:30 p.m.

Church of Atonement

2315 N Coast Hwy., Newport

Friday

“Lost It & Found It”

7:30-8:30 p.m.

Church of Atonement

2315 N Coast Hwy., Newport

Tuesday

“Freedom Group”

6:30-7:30 p.m.

VFW Hall – 145 SE Egbert, Siletz

Saturday

“The Only Requirement for Membership”

6:30-7:30 p.m.

VFW Hall – 145 SE Egbert, Siletz

“Attitude of Gratitude”

7:30-8:30 p.m.

St. Peter Lutheran Church

1226 SW 13th St., Lincoln City

“Believers in Recovery”

6:30-7:30 p.m.

St. James Episcopal Church

2490 NE Hwy. 101, Lincoln City

Thursday

“Attitude of Gratitude”

8-9 p.m.

St. Peter Lutheran Church

1226 SW 13th St., Lincoln City

Sunday

“New Life”

3-4 p.m.

Reconnections Building

326 NE 2nd St., Toledo

“A Step in Time”

6-7 p.m.

Toledo Public Library – Downstairs

173 NW 7th St., Toledo

Toll-Free Help Line:

877-233-4287

For information on Alcoholics Anonymous: www.aa-oregon.org

Veterans Can Get Help with Employment

John Farrar of the Oregon Employment Department Veterans Outreach Program will be at the Tribal administration building in Siletz to assist any veteran who is looking for employment.

He comes once a month and will see any veteran who wants to drop in or call for an appointment. He is at the administration building every second Thursday of the month from 1 p.m. to 4:30 p.m.

If you want to make an appointment with Farrar, please call him at 265-8891, ext. 333.

If you have any other questions, contact Mark Pullam at 444-8221 or 800-922-1399, ext. 1221.

CTSI Jobs

CTSI employment information is available at www.ctsi.nsn.us.

Note: “Open Until Filled” vacancies may close at any time. The Tribe’s Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

CTSI is constantly looking for temporary employees to cover vacancy, vacations, maternity leave and extended sick leave. If you are retired, a homemaker or a student and are looking for temporary work that can last from two weeks to 12 weeks, please submit a temporary application for the temp pool.

Nuu-wee-ya'

(our words)

Introduction to the Athabaskan Language Open to Tribal members of all ages

Eugene Area Office

Jan. 5 – 6 p.m. to 8 p.m.

Siletz Tribal Community Center

Jan. 6 – 6 p.m. to 8 p.m.

Portland Area Office

Jan. 12 – 6 p.m. to 8 p.m.

Salem Area Office

Jan. 13 – 6 p.m. to 8 p.m.

These classes will begin with basic instruction and will progress over the year. It will be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our ancient languages.

For more information, contact Bud Lane at the Siletz Culture Department at 444-8320 or 800-922-1399, ext. 1320; or e-mail budl@ctsi.nsn.us.



Come to Dance, Drum Classes

Pow-wow dance, drumming and (some) regalia-making support classes are now held on the first and last Wednesday of each month at the Siletz Tribal Community Center from 6 p.m. to 8 p.m.

Anthony "Fish" Martinez is the instructor.

This is a family event and all youth must be accompanied by an adult.

The Education Department is sponsoring this alcohol-, tobacco- and other drug-free event.

Duu Lhlan Wee-ya'

CTSI - Public Information Department

P.O. Box 549

Siletz, OR 97380-0549

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