

Duu Lhlan Wee-ya'

Duu Lhlan Wee-ya', "not many words" or "in so many words," is mailed to Lincoln and Tillamook County Tribal members each month. Information includes youth activities, events, meetings, program updates and more.



Public Information Department

P.O. Box 549
Siletz, OR 97380-0549
Phone: 541-444-8291
Fax: 541-444-2307
E-mail: pias@ctsi.nsn.us

January 2017

January Community Meeting

Siletz Tribal Community Center
Jan. 19 at 5:30 p.m.

Topics include Transportation,
Transit, Housing and
Emergency Preparedness
Light Refreshments Served
For more information, contact
Tribal Planning: 541-444-8361
or 541-444-8257.

Community Health Events

Jan. 5 • 6-8 p.m.
Girls' Group (ages 9-19)
Siletz Clinic – Behavioral Health

Jan. 19 • 6-8 p.m.
Girls' Group (ages 9-19)
Siletz Clinic – Behavioral Health

Jan. 26 • Noon
Diabetes Talking Circle
Tillicum Fitness Center

Tillicum Fitness Center Classes

Tai Chi: M & W, 10:30-11:30 a.m.
Zumba Gold: T & Th, 5:30-6:30 p.m.
Sit and Be Fit: T, Th & F, 10-11 a.m.
Pilates: M & W, 5:15-6:15 p.m.

General Council Meeting

Feb. 4, 2017 • 1 p.m.
Siletz Tribal Community Center
Siletz, Oregon

Call to Order
Invocation
Flag Salute
Roll Call
Approval of Agenda
Approval of Minutes

Programs
Tribal Home Visiting Program
Tribal Council Committee Reports
Tribal Members' Concerns
Chairman's Report
Announcements
Adjourn

Culture Craft Nights Dentalium Stringing Class

Jan. 12 • 5-7 p.m.
Neachesna Village Meeting
Room – Neotsu/Lincoln City

Siletz Tribal members are invited to come and learn how to make string and rope the old way. All ages are welcome. Young people under age 10 need an adult to accompany and assist them.

The Siletz Culture Department will provide material and instructors. If you have your own materials, please bring them.

Contact: Bud Lane, budl@ctsi.nsn.us or 541-444-8320.

Sponsored by the Education and Culture Departments.

Family Literacy Nights 2016-2017

***Open to entire Siletz community
(Head Start – 8th grade welcome!*)**

**These are family fun nights – so bring the entire family.
Dinner promptly at 5 p.m. – then literacy fun until 7 p.m.**

FREE DINNER! FREE GAMES! FREE BOOKS! FREE PRIZES!

Feb. 9, 2017: 5-7 p.m. @ Tribal Community Center

April 6, 2017: 5-7 p.m. @ Tribal Community Center

Sponsored by Youth Development Coalition of Lincoln County and Tribal Education, Culture, Youth Services and Head Start Programs.

Contact: Alissa Lane, Tribal Education Specialist, @ 541-444-8373

Keep an Eye Out for Stranded Sea Turtles

NEWPORT, Ore. – If you're out walking the beach this winter, keep an eye open for stranded sea turtles. Winter storms along the Pacific can push sea turtles northward into colder waters, where they quickly grow weak and end up stranded on Northwest beaches.

Pacific green sea turtles (*Chelonia mydas*) and olive ridley sea turtles (*Lepidochelys olivacea*) are the two most commonly encountered species that strand on Oregon beaches and both are classified as endangered.

Green and olive ridley turtles have extensive global ranges and breed in warm waters, including along the Pacific coast of Mexico. Most of the sea turtles recorded in Oregon likely originate from this coastal Mexico population.

"Sea turtles do not reach Oregon beaches unless injured or sick and once stranded, they require immediate specialized care to survive," said Jim Burke, director of Animal Husbandry at the Oregon Coast Aquarium. "Last winter, four hypothermic turtles were recovered from Pacific Northwest beaches—a record for the region."

If ocean conditions and weather patterns continue as they have over the last couple of years, more turtles are expected to arrive in the future.

The Oregon Coast Aquarium and Seattle Aquarium are the only rehabilitation facilities in the northwest United States authorized by the U.S. Fish & Wildlife Service (USFWS) to provide the specialized care sea turtles require. These care facilities were at their maximum capacity with four turtles last year, so USFWS is examining ways to increase rehabilitation capabilities should more turtles arrive.

"The recovery of stranded turtles is always a group effort," said Laura Todd, Newport Field Office supervisor for USFWS. "Reports from the public, emergency transport from the beach, intensive care

at the treatment facilities, return to warmer waters and eventual release are all crucial steps in the process. This work couldn't be done without highly capable partners like the Oregon Coast Aquarium, the U. S. Coast Guard and SeaWorld."

Such teamwork is the cornerstone of recovering any threatened or endangered species. Cooperation between the public, federal and state agencies and partner organizations are the hallmark of a successful conservation program and key to halting the decline of our sea turtle populations.

"Rehabilitation returns reproductively viable individuals to the wild breeding population that otherwise would not have survived, which contributes to species recovery. Rehabilitation efforts also help us prepare for catastrophic events

such as oil spills or disease by establishing clinical familiarity with listed species," said Todd.

USFWS urges anyone who finds a sea turtle on the beach to immediately note its location, remain nearby to observe it if possible and contact the Oregon State Police Tipline at 800-452-7888 or the Marine Mammal Stranding Network (MMSN) in Oregon, Washington and California at 866-767-6114. The MMSN and its partner organizations, including the Seaside Aquarium, have proved invaluable in reaching stranded turtles quickly and transporting them to authorized care facilities.

The aquarium is open every day this winter (except Dec. 25) from 10 a.m. to 5 p.m. For more information, visit aquarium.org or call 541-867-3474.

Siletz Community Health Clinic Providers

Medical

Lisa Taylor, Medical Director

Dr. Stewart Tuft, Physician (Family Medicine)

Dr. Fred Chavez, Physician (Family Medicine)

Dr. Jalien Dorris, Physician (Family Medicine)

Dr. Stephen Burns, Physician (Pediatrics)

Dr. Sean Rash, Physician (Pediatrics)

William Fisher, Physician Assistant

Dental

Dr. Jeremy Vistica, Dental Director

Dr. Gordon Stanger, Dentist

Teresa Carpenter, Dental Hygienist

Optometry

Dr. Lorene Stanger, Optometrist

Siletz Community Health Clinic



We'll do everything possible to not only provide you with quality health care, but also to involve you in decisions about your health, and participate with you in developing and maintaining a healthy lifestyle for the future.



Monday - Friday 8am-5pm

Siletz Community Health Clinic offers comprehensive health care to ALL residents of Lincoln County. We accept Private Insurance, Medicare & Medicaid

Call the Clinic for more information
541-444-1030

200 Gwee-Shut Rd • Siletz, OR 97380

Elders Council Meeting

Jan. 21 • 1-4 p.m.
Chinook Winds Casino Resort

Siletz Elder potlucks are held monthly at 6 p.m. on the Monday before the regularly scheduled Elders meeting.
Please bring a potluck dish you would like to share.

For more information, call the Elders Program at 800-922-1399, ext. 1261, or 541-444-8261.

For more information about the Siletz Tribal language program, visit siletzlanguage.org.

CTSI Jobs

Employment information is available at ctsi.nsn.us.

Nuu-wee-ya' (our words)

Introduction to the Athabaskan language for Tribal members of all ages

Jan. 9 • 6-8 p.m.
Siletz Tribal Community Center

For more information, contact Bud Lane at 541-444-8320 or budl@ctsi.nsn.us.

Nesika Illahee Pow-Wow

Attention Siletz Tribal Artists

The 2017 Nesika Illahee Pow-Wow Committee is once again having a logo contest for the upcoming pow-wow in August 2017. All Siletz Tribal artists are encouraged to submit a pow-wow-themed logo.

The winning logo artist will receive a cash prize of \$250 and a professional banner with your logo. The winning artist will have his or her logo highlighted on Nesika Illahee Pow-Wow flyers and merchandise.

Please submit your artwork to the cultural education director's office at the Tribal Community Center or mail it to Confederated Tribes of Siletz Indians, Attn: Pow-Wow Logo Contest, P.O. Box 549, Siletz, OR 97380-0549.

All entries must be received no later than Feb. 28, 2017.

Royalty Crown Proposals

The Pow-Wow Committee is now accepting proposals for 2017-2018 royalty crowns. Proposals are being accepted for Miss Siletz, Junior Miss Siletz and Little Miss Siletz.

Proposals for a crown must include art design, size of the crown and a bid for the crown or crowns of your interest. Proposals can be submitted for individual crowns, two crowns or you can submit a bid for all three crowns.

Crown proposals must be turned in to the committee no later than Feb. 28, 2017. Proposals should be sent to Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

If you have any questions, contact Buddy Lane at 800-922-1399, ext 1230, or 541-444-8230.

2017 Standing Committees

Applications Due by Feb. 8, 2017

Any Tribal member interested in serving on a committee for a two-year term must fill out the following form and return it to the address below prior to Feb. 8, 2017.

Please mail or fax your application to Confederated Tribes of Siletz Indians, Attn: Executive Secretary to Tribal Council, P.O. Box 549, Siletz, OR 97380-0549; fax: 541-444-8325.

Name: _____ Roll No: _____

Address: _____

City: _____ State: _____ ZIP: _____

Telephone: Day () _____ Evening () _____

If you only want to be considered for one committee, please indicate by inserting the number 1 next to the committee of interest. If you have interest in more than one committee, please indicate by numbering your preference, 1 (first choice), 2 (second choice) and 3 (third choice).

<input type="checkbox"/> Education Committee (3)	<input type="checkbox"/> Housing Committee (3)
<input type="checkbox"/> Natural Resources Committee (3)	<input type="checkbox"/> Pow-Wow Committee (4)
<input type="checkbox"/> Health Committee (3)	<input type="checkbox"/> Budget Committee (1)
<input type="checkbox"/> Cultural Heritage Committee (3)	<input type="checkbox"/> Enrollment Committee (2)

Committee appointments will be made at the Regular Tribal Council meeting in February 2017.

If you have any questions, please call Tami Miner, executive secretary to Tribal Council, at 800-922-1399, ext. 1203, or 541-444-8203.

WIC Welcomes New Families

NEWPORT, Ore. – The Lincoln County Women, Infants and Children (WIC) program is currently accepting new clients.

WIC provides nutritious food, breastfeeding support, nutrition and parenting information, and health referrals to families with children up to age 5. Appointments are offered in Newport, Lincoln City and Siletz and bilingual (English and Spanish staff are available).

Contact WIC for an appointment at 541-265-4163 for the Newport and Siletz locations and 541-265-0578 for Lincoln City.

WIC serves pregnant moms, post-partum moms, babies and children up to age 5. Many working families qualify for WIC and if you already receive OHP or SNAP/food stamps, you are automatically eligible for WIC.

Applicants must meet four criteria to be eligible for WIC:

- ✓ Live in Oregon
- ✓ Be a pregnant, postpartum or breastfeeding woman, an infant or a child under 5 years old
- ✓ Have a household income less than 185 percent of poverty guidelines; for a family of four, this equals \$44,955 per year
- ✓ Have a nutritional need or risk

If you are not sure if you qualify, call 541-265-4163 to find out.

The WIC program is an equal opportunity provider. Lincoln County Public Health, in collaboration with our community partners, provides leadership to assure the conditions for healthy communities.

CTSI Jobs –Employment information is available at ctsi.nsn.us.

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USDA Distribution Dates for January in Siletz

Monday	Jan. 2	Holiday!
Tuesday	Jan. 3	9 a.m. – 3 p.m.
Wednesday	Jan. 4	9 a.m. – 3 p.m.
Thursday	Jan. 5	9 a.m. – 3 p.m.
Friday	Jan. 6	9 a.m. – 3 p.m.

Joyce Retherford • CTSI FDPIR
541-444-8393

Lisa Paul • CTSI FDPIR
541-444-8279

CEDARR

**Community Efforts
Demonstrating the Ability
to Rebuild and Restore**

Mission Statement

Working together as a whole community, we will utilize our resources to eradicate and prevent the use of all illegal drugs, underage drinking and abusive use of alcohol, delinquency and community violence.

Jan. 4 • Noon

**Siletz Community Health Clinic
200 Gwee-Shut Road, Siletz**

**PRESORTED
FIRST CLASS
U.S. POSTAGE PAID
SILETZ, OR
PERMIT NO. 2**