

Duu Lhlan Wee-ya'

Duu Lhlan Wee-ya', "not many words" or "in so many words," is mailed to Lincoln and Tillamook County Tribal members each month. Information includes youth activities, events, meetings, program updates and more.



Public Information Department

P.O. Box 549
Siletz, OR 97380-0549
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E-mail: pias@ctsi.nsn.us

June 2016

Cultural/Education Programming for Siletz Tribal Members (Youth and Family Activities)

June 9 - Finish any unfinished culture project at Tribal Community Center, 5-7 p.m.

Contact: Bud Lane, budl@ctsi.nsn.us
or 541-444-8320

Sponsored by the Education and Culture Departments

Fresh Steelhead Season Coming Up

We expect to begin receiving fresh whole-bodied steelhead in Siletz from the Oregon Department of Fish and Wildlife's Siletz River fish trap sometime in late June and continuing into the summer. **Distribution will be done by Natural Resources staff at the east side of the old USDA building in Siletz.**

We only get a couple hours notice that we will be getting fish on any particular day, so if you want to receive a phone call or email to say we are expecting fish that day, please contact Natural Resources Manager Mike Kennedy at 541-444-8232 or Natural Resources Administrative Assistant Denise Garrett at 541-444-8227 to get on our notification list.

Please note that we will **not** accept notes to pick up fish for someone else. Instead, we will allow each **household** that shows up to pick up 1-3 fish, depending on the number of fish we get that day. We encourage folks to share their fish with other family members and neighbors.



Reach for the Stars Summer Reading Program
K-5th grade
June 28 - Aug. 17

PROGRAM DESCRIPTION

9 weeks of reading fun! Youth in grades K-5 will love this fun, safe learning environment. Housed at our very own Siletz Tribal Head Start classroom, teacher Janna Limbert and staff will provide small-group and one-on-one reading education. Students will be assessed at entry and will have custom programming designed to meet their individual needs.

Tuesdays & Wednesdays @ Siletz Head Start Classroom
K-2nd grade, 8-11 a.m. (drop off starts at 7:45 a.m. and pick up no later than 11 a.m.)
*Breakfast provided

3rd-5th grade, 11 a.m. - 2 p.m. *Lunch provided

MISSION

We strive to have fun while building both reading skills and reading self-esteem over the summer months. Reading is an essential skill for our children's success. By creating two reading groups, we hope to offer an individual developmentally appropriate reading and learning experience for each student.

PARENT COMMITMENT

Numerous studies have shown that reading over the summer months prevents "reading loss" for children. Good reading skills are essential for the success of our children. Read to your child every day. We ask that each family commit to reading to (their child) or being read to (by their child) for 20 minutes each day.

HOW DO I SIGN MY CHILD UP?

Applications are due to Alissa Lane on or before June 20, 2016

Reading program applications are available at the following locations - Siletz Tribal Head Start classroom, front desk of the Siletz Tribal admin building and on the Tribe's website at ctsi.nsn.us. If you would like one mailed/faxed or emailed to you, please contact Alissa @ 541-444-8373 or alissal@ctsi.nsn.us.

APPLICATIONS ARE DUE: JUNE 20, 2016, BY 4:30 P.M.

SUBMIT TO: SILETZ TRIBAL EDUCATION OFFICE, ATTN: ALISSA LANE

For questions regarding this program please contact:

*Alissa L. Lane - CTSI Education Dept.
P.O. Box 549 or 201 SE Swan Ave. Siletz, OR 97380
Ph. 541-444-8373 Fax 541-444-8392
Email: alissal@ctsi.nsn.us*

Nuu-wee-ya' (our words)

**Introduction to the Athabaskan language for Tribal members of all ages
June 6 • 6-8 p.m. • Siletz Tribal Community Center**

Education/Youth Services/Housing Summer 2016 Activities

June

- 6/1: Summer Reading program applications available @ front desk of admin building or by calling/emailing Alissa Lane @ 541-444-8373 or alissal@ctsi.nsn.us
- 6/20: Cosmic Bowling @ Muggly's bowling alley, 11 a.m.-1 p.m.
- 6/21: Tuesday Swim days begin @ LC pool. Leave Siletz Rec Center @ 12:30 p.m. Rtn. 4:15 p.m.
- 6/22: Wednesday Noon Ball begins @ Newport Rec. Leave rec center @ 11:15 a.m. Rtn. 2:15 p.m.
- 6/23: Thursday Rec Fun w/ Special Guest days begin, 11 a.m.-2 p.m. @ rec center
- 6/24: Rec Games @ Rec Center Fridays begin, 11 a.m.-2 p.m.
- 6/25: 2K X-box tourney, 8 p.m.-midnight @ rec center
- 6/28: First day of Summer Reading program (see page 1)

July

- Summer Reading as scheduled
- Monday-Friday Rec Games, etc. as scheduled
- Tuesday swims as scheduled
- Wednesday Noon Ball as scheduled
- 7/5: Lincoln City Putt and Bat passes distributed at Tribal admin bldg. front desk, 10 a.m. until gone
- 7/11: Toledo Summer Festival buttons distributed at Tribal admin bldg. front desk, 10 a.m. until gone
- 7/12-14: Culture Camp
- 7/20: Sand boarding @ Sandmaster park
- 7/30: 2K X-box tourney, 8 p.m.-midnight @ rec center

August

- Summer Reading as scheduled
- Monday-Friday Rec Games, etc. as scheduled
- Tuesday swims as scheduled
- Wednesday Noon Ball as scheduled

- 8/12-14: Nesika Illahee Pow-Wow
- 8/15-17: Elite 8 Basketball Tourney
- 8/26: End of summer street dance, 8-11 p.m.
- 8/27: 2K X-box tourney, 8 p.m.-midnight @ rec center
- 8/29-9/2: SCHOOL SUPPLY distribution @ admin bldg., 10 a.m.-3 p.m. daily

Contact: Alissa Lane @ 541-444-8373 or alissal@ctsi.nsn.us; or Jeff Sweet at 541-444-8207 or jeffs@ctsi.nsn.us

Youth Antlerless Elk Hunt Applications Due July 8, 2016 2 Tags

Hunt runs from Aug. 1 to Dec. 31

Applications available at the Natural Resources office and on the Tribal website under Natural Resources beginning June 6

Open to Tribal youth age 12-17 who have a valid Hunter Safety Card

Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions.

Summer Break Weekly Schedule

Monday

*Rec Games at the
Siletz Tribal Rec Center
10am – 1pm
Snacks and prizes!*

Tuesday

Activities for Tribal JOM youth and/or Tribal housing resident youth!

*Tuesday Swim Day
@ Lincoln City Pool.
Leave Rec Center 12:30pm
Return home
approximately 4:15pm*

Thursday

*Weekly Rec Center Fun W/
Special Guest
@ Siletz Tribal Rec Center
11am – 2pm
Snacks provided.*

Wednesday

*Noon Ball @
Newport Rec Center
Leave Rec Center at
11:15am Return home
approximately 2:15pm
Ages High School +*

All events are set unless advertised differently. Snacks will be provided for each event. Registration forms needed for Swim Day and Noon Ball.

Friday

*Rec Games at the
Siletz Tribal Rec Center
(Siletz City Field if Sunny)
11am – 2pm
Snacks and prizes!*

Sponsored by: CTSI Education & Youth Services
Contact: Jeff Sweet @ 541-444-8207 or Alissa Lane @ 541-444-8373

Elders Council Meeting

June 11 • 1-4 p.m.

Chinook Winds Casino Resort

Siletz Elder potlucks are held monthly at 6 p.m. on the Monday before the regularly scheduled Elders meeting. Please bring a potluck dish you would like to share.

For more information, call the Elders Program at 800-922-1399, ext. 1261, or 541-444-8261.



Community Health Department

Community Health

The Community Health Department aims to provide quality outreach health care services and health promotion/disease prevention services to American Indians within our community through the use of well-trained representatives. We provide confidential and compassionate health services. We are here to assist Siletz Tribal members in making healthier decisions to improve their quality of life. All services are free and available to enrolled Siletz Tribal Members and their legal dependents. Please call your area community health advocate with any questions



Ruby Moon is the new Community Health Director. She has a BS in Public Health/Human Development and a Master's Degree in Public Policy from Oregon State University. Ruby spent the last five years working for OSU doing public education, outreach and community engagement. She loves being a part of the Siletz Community and is excited about the possibilities for growth within the Community Health Department.



Cyndee Druba is the new CHA for the Siletz area. She has strong ties to the Siletz community and is very happy to be back living and working here. She is ready to learn and looking forward to help create a Community health Department to be proud of.

Transportation

Siletz Community Health has two full-time transporters, which will allow us to expand transportation services.

- Our transporters are available to transport clients for medical, dental and limited RX needs as a last resort..
- Transportation services require at least 2 days notice, but schedule as soon as possible, because the service is first come- first serve.
- Call Cyndee Druba (Community Health Advocate) directly to schedule 541 444 9633 – you must leave a message with name and phone number for a call back to schedule their appointment.



Judy Johnson has been a transporter for five and a half years. She enjoys her work and has had some wonderful friends in her time here.



Curtis Hockersmith is our new full time transporter. He enjoys his position driving for the Siletz Community. He also spends part of his time driving for the Elders Program and he has a CDL.

CARE Program

The CARE Program provides advocacy and direct services to victims of domestic violence, sexual assault, dating violence and stalking. We also provide support groups and community education and awareness activities.

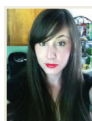
Events:

Presentation:

Human Trafficking
June 3, 2:00PM
Salem Area Office

Broken & Beautiful

Offered twice, June 22 & 25
9:00AM-12PM
Tribal Community Center



Kimberly Lane is the CARE Program Advocate. A graduate of PSU's Child and Family Studies program, she travels our 11 county area providing direct services to survivors. She spends her self-care time with her fiancé, playing board games & reading.



Kira Woosley is the Outreach and Education Specialist for the CARE Program. She has a BS in Crime Prevention from Western Oregon University and has been with the CARE Program since February 2015.

Diabetes Program & Healthy Traditions

The Diabetes Program promotes healthy eating, physical activity as well as overall community wellness. We operate the Tillicum Fitness Center in Siletz which everyone in the community is welcome to join. We also host a Diabetes Luncheon there on the last Thursday of each month which is open to the community. The Healthy Traditions Program is another important part of the Diabetes Program. Healthy Traditions activities reinforce our connection to the land, rivers and sea. Practicing Siletz traditional foods gathering is preserving the traditions. You can join our seasonal activities to improve your health and the health of our Tribal families. Activities such as: gathering, cooking, canning, smoking, gardening, fishing, more. If you live outside of Siletz, contact your Area Office.



Kathy Kentta-Robinson is the Project Coordinator for the CTSI Healthy Traditions program. She is a Siletz Tribal member and was raised in Siletz. She grew up harvesting clams, mussels, Dungeness crab, berry picking, and fishing the Siletz river.



Reggie Butler Jr is the Coordinator for the Tillicum Fitness Center. He wants everyone to know that exercise is a very important part of everyday life.

Muscle Gathering

June 25
Contact Kathy Kentta
Robinson for more info

Hands on Food

June 30, 11-3PM
Breakfast Bowls
Tillicum Fitness

Events:

Diabetes Luncheon
June 26, 12-2pm
Tillicum Fitness Center

Cascadia Subduction Zone Earthquake Community Presentation

June 28 • 6 p.m.

Siletz Public Library
255 S Gaither St.

This presentation will provide an opportunity to:

- 🔑 Learn more about our earthquake fault
- 🔑 Gather ideas and tips to prepare
- 🔑 Ask questions to build your personal resiliency to survive and recover from a cascadia event or any emergency

This educational presentation is supported by Lincoln County solid waste providers Dahl Disposal, North Lincoln Sanitary and Thompson's Sanitary; Lincoln County Sheriff's Office; the City of Siletz; and the Siletz Tribe.

Cosmic Bowling

@

Muggly's Bowling

JOM and/or Tribal Housing Youth

Muggly's, 675 NW Highway 20.
Toledo, OR. 97391



Monday, June 20, 2016
11 a.m. - 1 p.m.

If riding w/ Youth Services Team staff, please be at admin bldg. @ 10:45 a.m.

A pizza lunch & water provided

*Other food items for sale if you want to bring your own money

Permission form required for all participants

Participants younger than 9 years old need an adult chaperone.

Questions? Call Alissa Lane @ 541-444-8373 or alissal@ctsi.nsn.us
or Jeff Sweet @ 541-444-8207 or jeffs@ctsi.nsn.us

USDA Distribution Dates for June in Siletz

Wednesday	June 1	9 a.m. - 3 p.m.
Thursday	June 2	9 a.m. - 3 p.m.
Friday	June 3	9 a.m. - 3 p.m.
Monday	June 13	9 a.m. - 3 p.m.
Tuesday	June 14	9 a.m. - 3 p.m.

Joyce Retherford • CTSI FDPIR
541-444-8393

Lisa Paul • CTSI FDPIR
541-444-8279

CEDARR

**Community Efforts
Demonstrating the Ability
to Rebuild and Restore**

Mission Statement

Working together as a whole community, we will utilize our resources to eradicate and prevent the use of all illegal drugs, underage drinking and abusive use of alcohol, delinquency and community violence.

June 1 • Noon

**Siletz Community Health Clinic
200 Gwee-Shut Road, Siletz**

Duu Lhlan Wee-ya'
P.O. Box 549
Siletz, OR 97380-0549

**PRESORTED
FIRST CLASS
U.S. POSTAGE PAID
SILETZ, OR
PERMIT NO. 2**