Address: 2468 West 11th Avenue

Eugene OR 97402

Telephone: 541-484-4234

Fax: 541-484-4583

The Confederated tribes of Siletz Indians



Office hours: Monday through Friday, 8:00 - 4:30

**OPEN THROUGH LUNCH HOUR** 

Nuu-wee-ya'
(Our Words)
Introduction into the Athabaskan Language
Open to all Tribal Members of all ages

#### Location, Dates, times:

Siletz Community Center Monday March  $6^{th}$  2017 6:00 - 8:00pm Eugene Area Office Tuesday March  $7^{th}$  2017 6:00 - 8:00pm Portland Area Office Wednesday March  $13^{th}$  2017 6:00 - 8:00pm Salem Area Office Thursday March  $14^{th}$  2017 6:00 - 8:00pm

These classes will begin with basic instruction and will progress over the year. It will also be a refresher course for those more advanced students. Come and join other members of your community and Tribe in learning to speak one of our Ancient Languages. For more information call:

Bud Lane at the Siletz Cultural Department at (541) 444-8320 or 800-922-1399 ext. 1320; or email budl@ctsi.nsn.us



# We are here to help you with your concerns and answer your questions. However:

Persons under the influence of drugs or alcohol are not permitted on CTSI property or at Tribally sponsored activities.

Physical or verbal abuse, harassment, the use of foul language or intimidation will not be tolerated.

Threatening phone calls are reported immediately to supervisors and to the police.

Anyone choosing to exhibit any of the above behaviors maybe refused services and, when warranted, will be asked to leave premises.

Thank you for you cooperation...
Tribal Administration

# !!MAIL ORDER SERVICE AVAILABLE!! WE CAN NOW PROVIDE MAIL ORDER SERVICE TO

#### **ALL SILETZ TRIBAL MEMBERS:**

LIVING WITHIN THE 11 COUNTY SERVICE AREA

Please note that this service is **not eligible** for the **"Auto-Fill"** program. ALL "Auto-Fill" prescriptions <u>must be</u> picked up at the pharmacy. THANK YOU PHARMACY STAFF

#### **Tribal Children Need Foster Parents**

Do you value Siletz Tribal Native culture and want to help preserve it? If so, please consider Fostering for the Tribe. The Siletz Tribe needs loving, stable, nurturing homes in all areas. If you are interested, please contact:

Kelly Miller at (541) 444-8236 or 800-922-1399 ext. 1236; or visit at www.ctsi.nsn.us/icw.html

## 2017 EMERGENCY HOUSING ASSISTANCE (EHA) ~OPEN~

Entire application must be complete before assistance can be provided. Assistance cannot exceed \$1,500.00 and participants may only access this program once every 3 (three) years. This program serves CTSI tribal members looking to avoid foreclosure, facing eviction and those that are homeless, anywhere in the United States of America. There is no waiting list for this program. Funds will be available once funds are received each fiscal year and will be offered based on a first-come, first-served basis. When funding has been exhausted, applications will no longer be accepted. Applications are available through the Siletz Tribal Housing Department, the CTSI website and all area offices

## Low-Income Energy Assistance Program (LIHEAP)

2017 OPEN
Crisis/ Regular heating
All Siletz Tribal Households

Please contact Nora Williams-Wood for more information or to make an appointment: 541-484-4234 or 1-800-922-1399 ext 1750

Notary Public (Free Service)

Call to set up an appointment

Contact:

Nora Williams-Wood Siletz/Eugene Area Office 541-484-4234 or

1-800-922-1399 Ext. 1750

(Please make sure document is completely filled out do not sign. Current ID required)



#### **Email Reminders**

If anyone would like reminders of special meetings, cultural classes or special events, etc at Eugene Area Office, please contact Nora to be put on email list or email me.

(541) 484-4234 or email: noraw@ctsi.nsn.us

#### **Lane County Veterans Service Office**

Providing services: to Veterans, dependents and their survivors. Providing advocacy and facilitating access to benefits including for Disability compensation, Widows/Survivors Benefits, Non-Service Connected Pensions, Education benefits, and access to VA Medical services.

Address:

165 E 7<sup>th</sup> Avenue, Suite 200 Eugene

Oregon 97404

Telephone: Website:

(541) 682-4191

http://www.lanecounty.org/HSC/veteranservice.htm

#### **Oregon Telephone Assistance Program**

http://www.puc.state.or.us/PUC/rspf/otapapps.shtml
Can fill out online or mail in if you or know someone who
receives:

Food Stamps, TANF, SSI or OHP they may be eligible for a reduction on their telephone bill.

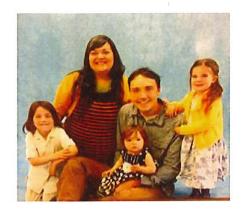
Chinook Winds Casino Resort Sign up for an electronic newsletter: www.chinookwindscasino.com

NECKLACE CLASS
Three strand Nah-Set and bead necklace class

Eugene Area Office
April 5,2017 5:00 - 7:00pm
Space is limited, please call to sign up for this class,
Lou @ 541-484-4234

#### Education

 $Higher\ Ed\cdot Adult\ Vocational\ Training\ (AVT)\cdot Adult\ Education\cdot JOM\cdot Tribal\ Youth\ Employment\ and\ Education\ (TYEE)$ 



#### Hello,

My name is Nick Viles and I am the new Education Specialist at the Eugene Area Office. I am a Siletz tribal member and live in Eugene with my spouse Alice and our three children: Franklin, Elena, and Delia. In the next month, I will be reaching out to students and families to introduce myself but in the meantime if you have any questions, or want to say hello, please feel free to call, stop by, or email.

nickv@ctsi.nsn.us

(541)-484-4234 x 1757

#### K-12:

#### JOM Spring Break Swim- March 28 from Noon-3:00 p.m.

- -Lively Park Swim Center (SPLASH)-6100 Thurston Rd., Springfield, OR 97478
- -Join kids from Salem and Siletz for an afternoon of swimming and riding the waves.
  - -Pizza will be served to students and chaperones
  - -Children under 11 must be accompanied by an adult chaperone
  - -Please call the Eugene Area Office to confirm

Siletz Tribal Youth Activity Fund: Provides up to \$75.00 to cover fees for participation in sports, music, and camps as well as lab fees, cultural supplies, and extra-curricular supplies.

#### **Higher Education:**

Siletz Tribal Returning Students and High-School Seniors Planning to Attend School Next Year: The application deadline for Fall Term 2017 is <u>JUNE 30, 2017</u>. Please be sure your application is <u>complete</u> before the due date. Applications are available at the Area Office or at the tribal website: www.ctsi.nsn.us. Deadline to complete the FAFSA was January 31, 2017.

#### **Upcoming Scholarship Deadlines:**

Cobell (Graduate and Undergraduate): March 31, 2017, <a href="www.cobellscholar.org">www.cobellscholar.org</a> American Indian Education Fund: April 4, 2017, <a href="http://www.nativepartnership.org/">http://www.nativepartnership.org/</a>

#### Adult Vocational Training (AVT)

AVT is available to Siletz tribal members interested in pursuing a vocational training program that takes two years or less to complete. Programs at both community colleges and approved training facilities qualify for funding. The application deadline for new and returning students is June 30,

**2017** (Clock-hour schools are handled on a case-by-case basis).

#### Adult Education

The Adult Education Program is for Siletz Tribal members not already enrolled in a formal education program. Funding is available to assist with the cost of GED classes and testing, obtaining or renewing professional licenses and certificates, and other employment enhancement classes. There is no application deadline.

#### SILETZ ELDER NEWS 541-444-8225

If you need someone from the Elder Program to contact you, call this number 541-444-8225. This number goes to an automated answering system, which sends your call to the emails of the Elder Staff. Be sure to leave your name, phone number and a message and you will get a call from the Elder Staff.

On Thursday, March 2, 2017 there will be a special Community Meeting at the Eugene Area Office. This is a two-hour meeting starting at 5:00 pm. Light dinner provided

The next Introduction to the Athabaskan Language Class at the Eugene Area Office will be on Tuesday, March 7, 2017. Class is from 6:00pm until 8:00pm and a light meal provided.

The Elder Council will meet on Saturday, March 4<sup>th</sup>, 2017 from 1:00pm to 4:00pm. The meeting will be held at the Casino. All tribal elders age 55+ are invited to attend the monthly Council meeting. For more information contact the Elders Program at 1-800-922-1399.

The Confederated Tribes of Coos, Lower Umpqua & Siuslaw Indians and The Coquille Indian Tribe are holding a Tribal Elders Honor Day at the Florence Casino on March 17-18, 2017. Preregister by calling 541-444-8225.

The Chinook Winds Entertainment for March, 2017 is Joan Jett and the Blackhearts at the Casino March 3<sup>rd</sup> and 4<sup>th</sup> with shows starting at 8:00 pm. Contact Chinook Winds Casino Resort Winners Circle to request tickets, 1-888-244-6665.

The regular evening Diabetes Support Class will be, Wednesday, March 22, 2017, from 6:00pm until 8:00pm and a meal will be available. Contact Adrienne Crookes at 541-484-4234 for more information.

There is an Open House and Deluxe Potato Bar on March 30, 2017.

Jim Swanson, 541-683-8766 <u>jimswanson38@comcast.net</u>



#### Confederated Tribes of Siletz Indians

#### Tribal Maternal, Infant, & Early Childhood Home Visiting Program

Naytlh - 'a "We Carry the Children"



Our home visiting program provides parenting and life skills for successful and positive parenting. We serve native families that are either expecting or have infants under the age of twelve months, continuing through the child's third birthday. We travel throughout the 11 county service areas of the Confederated Tribe of Siletz Indians. The model and curriculum we provide is called Family Spirit and was developed by the John Hopkins Center for American Indian Health. We are funded by the Tribal Maternal, Infant, Early Childhood Home Visiting Program (TMIECHV).

Family Spirit is Evidence based and culturally sensitive to native families. Parents gain knowledge and skills for their developing infant through 36 months of age. We also focus on goals and healthy living for parents as a support system for the family as a whole. The program consists of 63 lessons over a 39 month period and is divided into six modules. The modules are broken into these categories: Prenatal care (9 lessons), infant care (16 lessons), your growing child (11 lessons), toddler care (9 lessons), my family and me (6 lessons), and healthy living (12 lessons). While this may seem like a big commitment the lessons vary from 30 minutes to 90 minutes and some can be combined together as we work with your schedule. Family Spirit suggests we deliverer at least 32 lessons to our families in order for families to benefit from the evidence based curriculum. For the full benefits of the program we would like to provide all 63 to our families. As a thank you for participating in our program we offer some incentives which we will be happy to share with you upon the enrolled in our program.

During your participation if you feel like the timeline of lessons is too often we can adjust the home visits to accommodate your schedule while still keeping the programs timeline in mind. We are a voluntary program that delivers home visits in the comfort of the homes of our families. If you would like to get more information and or meet our home visiting staff would love to schedule a home visit to give you a full overview of the program.

#### **CONTACT INFORMATION**

2468 11<sup>th</sup> Ave., Eugene, Oregon (Covering Eugene and surrounding areas)

Jessica Phillips, Program Coordinator/Home Visitor: (541) 484-4234 or (541) 222-9503

201 SE Swan Avenue, Siletz, Oregon (Covering Siletz and the coastal range)

Danelle Smith, Home Visitor: (541) 444-9603 or (541) 270-1027

3160 Blossom Drive NE Ste. 105, Salem Oregon (Covering Salem, Portland and surrounding areas)
Lori Christy, Home Visitor: (503) 390-9494 or (541) 272-2241



#### Confederated Tribes of Siletz Indians

#### Tribal Maternal, Infant, & Early Childhood Home Visiting Program

Naytlh - 'a "We Carry the Children"



Having a child brings big changes in your life. The Siletz Home Visiting Program is available to parents who are pregnant or have given birth within the last year. This program is voluntary, and it is free! There are no income requirements.

#### The Siletz Home Visiting Program offers:

- The latest information about how babies grow, develop and learn both physically and emotionally;
- Ways to bond with your baby;
- Information about how to keep your family healthy;
- Tips for parents about infant sleep, play, attachment, and many more;
- Information about other community resources, like breastfeeding support and car seat installation;
- Culturally sensitive needs of families; and
- Home visits for parents and their children.

If you are interested in hearing more about the Siletz Home Visiting Program in your community, please complete the information below. Someone from the Siletz Home Visiting Program will contact you!

□ Self-Referred			
Person making referral:	, s	Date:	
Agency:		Phone:	
Name:			
Home phone:	(	Cell phone:	
Address:			
City:	State	Zip Code:	

Please mail or fax completed form to:
2468 W. 11<sup>th</sup> Avenue. Eugene OR 97402
FAX: (541) 484-4583
Call (800-922-1399) ext. 1752 or local (541) 484-4234 to learn more about the Siletz Home Visiting Program.



## 477Self-Sufficiency Program

Jenifer Jackson, Tribal Services Specialist Norma Trefren, Intake Specialist/Job Coach



The Confederated Tribes of Siletz Indians 477 Self-Sufficiency Program offers Work-Experience (WEX), On-the-Job Training (OJT), Classroom Training (CRT) and Direct Placement (DP) services to eligible clients. If you are interested in any of the above programs please contact Norma to schedule an appointment at x1756. General Assistance or TANF, please contact Jenifer Jackson to set up and appointment at 541-484-4234 x1755. You can leave messages directly on their voicemail.

# TSS staff administrative hours Monday through Friday 8:00am - 9:30am

Phone calls will be passed to their voice mail during this time unless previous arrangements have been made.

#### **Phone Messages:**

As a reminder when you leave a phone message please leave your name and number, SSP staff will return your call as soon as they are able, unless you are experiencing an emergency and arrangements can be made to assist you.

#### **Long Distance Calls:**

You may now reach SSP staff through the 1-800-922-1399 number, please ask to be transferred to the EAO or staff directly to

#### **Schedules:**

Jen's hours: M-F 8:00-4:30pm General Assistance and TANF

Jenifer will be **OUT** of the office: \*Jenifer – March 1-3, 6, 14-16, 17

Norma's: M-F 8-2:30pm
Work Experience, Summer Youth
Employment, On-the-Job Training,
Classroom Training, Direct Placement,
Emergency Assistance, TANF Youth
Services

Norma will be **OUT** of the office: \*Norma – March 6, 14-16, 20, 22pm

\* Lou Carey will be available to assist clients with some needs when Jenifer and Norma are out.

Please remember that 477-SSP staff may be out of the office at other times than listed above to meet with employers, complete home visits, client support services, etc... so please call to schedule an appointment.

Clients are required:

To meet with Tribal Services Specialists each month You will need to call and set up an appointment

## WEX/Grant Assistance Dates to remember in March 2017

Tuesday	February 28 <sup>th</sup>	WEX Time Sheets Due
Wednesday	March 1 <sup>st</sup>	TANF/GA Card day
Thursday	March 2 <sup>nd</sup>	Community Meeting 5-7pm
Monday	March 6 <sup>th</sup>	Self-Sufficiency documentation due
Tuesday	March 7 <sup>th</sup>	EAO Language Class 6-8pm
Friday	March 10 <sup>th</sup>	WEX Payday
Sunday	March 12 <sup>th</sup>	Daylight Savings Starts
Tuesday	March 14 <sup>th</sup>	WEX Time Sheets Due
Thursday	March 23 <sup>rd</sup>	SSP Monthly Meeting
Thursday	March 22 <sup>nd</sup>	Diabetes Support Group 6-8pm
Friday	March 24 <sup>th</sup>	WEX Payday
Tuesday	March 28 <sup>th</sup>	JOM SPLASH – Spring Break
Tuesday	March 28 <sup>th</sup>	WEX Time Sheets Due
Thursday	March 30 <sup>th</sup>	EAO Open house Potato Bar/Tribal ID



\*All CRT and childcare timesheets are due a day early the week before a holiday\*

## Services available to all enrolled federally recognized tribal members and descendants:

#### **Classroom Training (CRT**

CRT services are available for Vocational Training, GED completion, a term of Higher Ed. If you are interested in utilizing CRT services, please contact Sheila Solis to schedule an intake appointment.

#### **Direct Placement**

**DP** is available to any tribal member who has obtained full time employment and applies within seven days of the hire date. Service provides clothing and tools necessary for work.

#### On-the-Job Training (OJT)

**OJT** is available to any tribal member seeking employment. It is a reimbursement to an employer for half of a hired employee's wages, up to \$4,500.00 or 6 months, whichever comes first.

#### Work Experience (WEX)

**WEX** can be used to obtain current training and skills to be a valued employee. 480 hours paid at minimum wage. Contact Sheila Solis for more details.



















# FREE APPLICATION WORKSHOP

MONDAY, MARCH 6

10:00-11:30 AM

SILETZ TRIBAL OFFICES 2468 W 11TH AVENUE EUGENE

# FIND OUT HOW TO APPLY FOR JOBS WITH LANE COUNTY

Lane County is an equal opportunity employer.

**OUESTIONS? CALL 541-682-3637** 

#### Siletz Tribal Vocational Rehabilitation Program

The Siletz Tribal Vocational Rehabilitation program (STVRP) is here to assist members of any federally recognized Tribe (living within the Siletz Tribes service area) with overcoming impediments to employment. We work with a diverse population of individuals who have disabilities ranging from cognitive impairments to physical limitations.

If you have a documented disability that creates limitations or prevents you from doing the work you desire or are qualified for we would like to assist you. We can assist with obtaining and maintaining employment and developing skills. We focus on motivation, identifying your abilities, skills that lead to successful employment and the development of self advocacy.

You should have a strong desire to work and be willing to work collaboratively with STVRP staff to provide you with the services needed to overcome your disability. Your personal goal should be self sufficiency and to live a healthy sustainable lifestyle.

The STVRP also assists transitioning students with disabilities. The ideal age for a student to start working with VR is two to three years before graduation, until the age 22, or graduated from high school. Our program can provide vocational guidance and counseling; assist with identification of employment goals; employment retention; and advocacy within the academic environment. Students with a documented disability or who are on an "Individualized Education Plan- IEP" or on a "504 Plan" are encouraged to participate in the STVRP.

#### Examples of SERVICES PROVIDED by STVRP:

- Guidance and Counseling
- Referral to Services
- Employment Services
- Portfolio Building, Resume Writing, Interviewing Techniques, Job Coaching
- Culturally Relevant Individualized Services
- Evaluations and Assessments
- Training Placement Opportunities
- Adaptive Equipment

For more information about the STVRP, please inquire at 1-800-922-1399. We also maintain resource and employment boards so please stop by if you're interested. You can speak to any of the VR staff: In Salem Office - Dana Rodriguez (Program Aide); Angie Butler (Program Director).





Want help getting a job? Do you have a diagnosed disability (IEP or 504)?

You could be eligible for STVRP services.

# Steps in working with Siletz Tribal Vocational Rehabilitation Program: (STVRP)

- **Step 1:** Establish contact with the STVRP Counselor assigned to your school and schedule a meeting. Your first meeting with a STVRP Counselor will be to gather information about you, your needs, and to discuss whether the STVRP fits for you. If the program is for you......
- **Step 2:** Sign an application and a STVRP Counselor will determine whether or not you're eligible for services by talking with you about your needs, your disability, and what barriers you have as a result. They may also need to do some additional testing and will read through your school records.
- Step 3: Once you're eligible, you'll meet with your STVRP Counselor to discuss your goals and plans for employment. STVRP Counselors can provide guidance and counseling to students who need help determining their goals or plan for what they want after high school.
- Step 4: You'll also work with your STVRP Counselor to discuss the impact of your barriers as you work to reach your employment goals and determine what services are necessary to help you reach your goals.

You can get the help you need, schedule your appointment today!

#### How to contact STVRP:

1-800-922-1399 (Siletz Office)

503-390-9494 (Salem Office)

## Siletz Community Health



#### Siletz 1-800 Numbers

Siletz Central Office 1-800-922-1399
Siletz Community Health Clinic 1-800-648-0449
Siletz Contract Health 1-800-628-5720
Siletz Behavioral Health 1-800-600-5599

Siletz Contract Health
registration forms and
Chemawa Indian Health
Center applications are
available at the Eugene Area
Office. If you have questions
regarding eligibility for
services, you may contact:

Adrienne Crookes Community Health Advocate 541-484-4234



#### **Oregon Health Plan (OHP) Applications**

Available at the Eugene Area Office

You may qualify for the Oregon Health Plan! OHP provides health care coverage to eligible, low income Oregonians. If you would like to apply, you may stop by and pick up an application, or apply online at <a href="OregonHealthCare.gov">OregonHealthCare.gov</a>
Telephone 1-800-699-9075

We are here to assist you with any questions that you may have about OHP.

Contact Adrienne Crookes,
Community Health Advocate, at 541-484-4234

#### **Siletz Mail Order Pharmacy**

If you need a prescription refill, please call the Siletz Community Health Clinic Pharmacy 7-10 days before you run out of your prescription. This allows the pharmacy time to contact your health care provider, if necessary, and to mail it to you.

Call **1-800-648-0449** and enter **ext 1624**. Follow the voicemail instructions. If you need assistance, you may call Adrienne Crookes, Community Health Advocate at 541-484-4234

## Siletz Community Health

#### **Blood Pressure Screenings**



At the Siletz Eugene Area Office

Have you had your blood pressure checked lately? High blood pressure puts you at risk for heart attack, stroke, and other health problems.



Feel free to come in and get it checked.

To make an appointment with Adrienne Crookes, CHA, call 541-484-4234.



#### **Bicycle Helmets**

#### Are available at the Eugene Area Office

Parents, protect your little ones! Siletz household member children who are between the ages of 3-17 are eligible to receive a free helmet. Children who are not the legal dependents are not eligible for this service. Youth are encouraged to take care of their helmet and to return for a new one every other year or earlier if they:

1.) Need a larger size 2.) Sustain a fall that causes the helmet to hit the ground.

To be fitted for a helmet you may contact Adrienne Crookes, CHA, at 541-484-4234

#### **Attention Tribal Parents and Child Care Givers!**



Did you know 3 out of 4 child safety seats are used incorrectly?

If you are unsure if your child's car seat is installed correctly, you may stop by the Siletz office and have it checked by a CTSI Child Passenger Safety Seat Technician.

Free car seats are available to the legal dependents of Siletz tribal members.

To make an appointment with Adrienne Crookes, call 541-484-4234. She will be available to provide information and assist in properly installing your car seat.

#### **Diabetes Prevention Class**



Wednesday, March 22

From 6:00-8:00 p.m.

At the Siletz Tribal Office 2468 West 11<sup>th</sup> Avenue Eugene, OR



Did you know that Native Americans are more than twice as likely to become diabetic than the rest of the U.S. population? Native Americans are more likely to develop complications from diabetes once they have the disease.

Dani Bliss, Diabetes Health Educator with the Coos, Lower Umpqua and Siuslaw Tribes, will be teaching this class.

Come learn about modest lifestyle changes you can make to get healthy. Learn about nutrition, exercise, and how to lose weight and keep it off.

Everyone is welcome! You don't have to be pre-diabetic, or have diabetes, to attend. A light, nutritious meal will be provided.

For more information you may contact

Adrienne Crookes, Community Health Advocate, at 541-484-4234

## March is National Save Your Vision Month

Adrienne Crookes, Community Health Advocate

National Save Your Vision Month, by the American Optometric Association, raises awareness among the general public and targets at-risk groups to remind them of the need for regular, comprehensive eye examinations to detect eye health problems, general health issues, and vision difficulties.

Eye health is intrinsically linked to overall health. Your eyes are often the best windows to your health. By looking into your eyes, your optometrist can tell a lot about your general health. For example, did you know that some systemic and chronic diseases, especially diabetes, can often be detected by an optometrist during a comprehensive eye exam?

Since over 33 percent of people with diabetes don't know that they have it, an eye examination can be the only clue to detecting this potentially life—threatening disease. By dilating the pupil, your optometrist can see inside your eye using an ophthalmoscope, which light and magnifies the blood vessels in your eyes. Changes to these

blood vessels can signify various stages of diabetic retinopathy. Left untreated, it can cause blindness. For those suffering from diabetes without knowing it, the detection and treatment of this disease can mean relief on many levels.

Other eye diseases, like glaucoma, may cause vision damage and eventually blindness without the patient ever experiencing any symptoms. During a comprehensive eye exam, your optometrist measures the pressure within your eye and examines the optic nerve in the eye, thereby determining the existence of glaucoma.

# This is a good time to go have your eyes checked!

More information is available at the American Optometric Association website at www.aoa.org





#### March 19-25, 2017

#### **Tips for Poison Safety**

Safe Kids USA reminds parents to learn the toll-free Poison Control Center number: 1-800-222-1222. Keep it near every phone in your home and program it into your cell phone. This number connects you to your local poison control center from anywhere in the United States. If a child is choking, having trouble breathing or having a seizure, call 911 instead and follow the 911 operator's instructions.

#### Safe Kids USA offers these additional tips:

- Lock up potential poisons out of sight and reach of kids. This includes makeup, medicine, plants, cleaning products, pesticides, art supplies, and beer, wine and liquor.
- Never leave kids alone with an open container of something you wouldn't want them to ingest. A child can be poisoned in a matter of seconds.
- Don't refer to medicine or vitamins as candy and don't involve children as helpers with your medication.
- Choose medicines and products that have child-resistant caps. When you are giving medicine to your children, follow dosage directions carefully.
- Keep products in their original containers. Read labels to learn if a product is poisonous, and for first aid information.
- If your home was built before 1978, test for lead-based paint and get your child tested for lead exposure. Children inhale the dust of lead-based paint and can build up enough lead in their blood to affect intelligence, growth and development.
- Install a carbon monoxide alarm outside every sleeping area and on every level of your home. Carbon monoxide is an invisible, odorless gas that builds up around fuel-burning appliances and cars in garages. It can make a child seriously ill in concentrations that would barely affect an adult.
- Know which plants in and around your home can be poisonous.
- Discuss these precautions with grandparents and caregivers. They may have medications that can be very dangerous to children and their homes might not be as well childproofed as yours.

For more information about poison prevention, call 1-202-662-0600 or visit <u>www.usa.safekids.org</u>

# USDA distribution dates for MARCH 2017

#### Siletz

Wednesday	March 1	9 am - 3 pm
Thursday	March 2	9 am - 3 pm
Friday	March 3	9  am - 3  pm
Monday	March 6	9  am - 3  pm
Tuesday	March 7	9 am - 3 pm

#### Salem

Monday	March 20	1:30 pm – 6:30 pm
Tuesday	March 21	9 am – 6:30 pm
Wednesday	March 22	9 am – 6:30 pm
Thursday	March 23	9  am - 11:00  am

It is that time of year again where it will be very difficult to reschedule any missed appointments. Usda staff will be attending our Western Region conference the week of April 24<sup>th</sup> through the 27<sup>th</sup>. We will do Siletz distribution the first week of the month, receive food shipments the second week, then Salem distribution the third week and then conference time the last week. During that time, we will not be able to do our regular deliveries, so please try to find someone to either bring you in or at least pick up for you. These dates are for April 2017, so you will have time to make other arrangements.

Also, LIKE us on Facebook at Siletz Tribal FDPIR.

#### **Elk Tag Opportunity**

The Tribal Natural Resources Department will once again be offering a limited number of Landowner Preference (LOP) elk tags to Tribal members for this fall's hunting season. As a landowner, the Tribe is eligible to participate in the State's LOP program. Based on the number of acres that the Tribe owns, we can get 6 additional antlerless elk tags from the State. These LOP tags are not related to the Tribe's Consent Decree tags that we receive each year. They are based solely on the Tribe being a landowner.

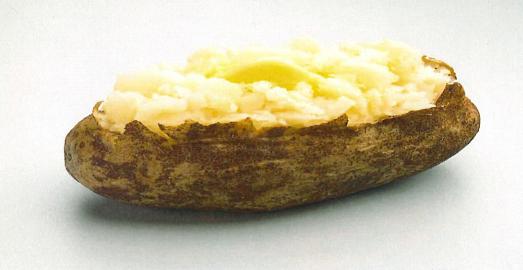
There are a number of important differences between the LOP tags and the Tribe's regular tags. These are summarized in the table below.

	Tribal Tags	LOP Tags		
State Hunting License Required?	No	Yes — Tribal member must purchase both a 2017 and a 2018 State hunting license		
Area to be Hunted	Anywhere within the specific tag's hunt boundaries	Only on Tribal land within the unit selected during that unit's antlerless elk season. Units available include Upper Siletz, NW Alsea, SW Alsea, SW Alsea Private Lands and West Siuslaw		
Eligible for other State elk tags?	Yes	No*		
Give tag to another licensed Tribal member to hunt for you?	Yes	No		
Application and Selection Process	Apply to Tribe for Tribal drawing	Apply to Tribe for LOP Drawing; if selected apply to State for controlled hunt tag (list LOP unit in LOP section on State controlled hunt application)		
Obtain Tag From	Tribe	State — Tribal member must purchase tag		
* Note: If you are drawn for an LOP Tag you are still eligible to apply for and be drawn for a Tribal tag.				

Please note that a major difference between the LOP tags and the Tribe's regular tags is that **ONLY** the person drawn for the tag can hunt that tag. **The tag cannot be given to someone else to hunt for you.** Therefore, only those folks serious about hunting this hunt themselves are eligible to apply.

The drawing for the 6 LOP elk tags will be held at the Natural Resources Committee Meeting to be held on April 3<sup>rd</sup> at 4:45 PM in the Natural Resources Department Map Room. Applications are available on the Tribal website and at the Tribal Natural Resources Office in Siletz. Completed applications are due in the Natural Resources office by 4:30 PM March 31, 2017. For more information regarding these tags and the differences between the Tribe's regular tags and the LOP tags, contact Natural Resources Manager Mike Kennedy at 541-444-8232.





Come join us for a Baked potato with all the toppings.

If you have any question please call 541-484-4234





AND OTHER TOXIC EXPOSURES OF ALL ERAS CONCERNING THE HEALTH OF THE VETERAN ANI THEIR OFFSPRING

### AGENT ORANGE/TOXIC EXPOSURE TOWN HALLS

March 9, 2017 - 6PM - 8PM Samaritan Center for Health Education 740 SW 9th Street Newport, Oregon 97365

March 10, 2017 -6PM -8PM Oregon State University EMU Auditorium Oregon State University Campus

**Guest Speakers** 

Mokie Porter, Vietnam Veterans of American Communications Director
Nancy Switzer, Founder & Past President of Associates of Vietnam Veterans of America
Marc McCabe, Bureau Chief/Chief Service Officer, Vietnam Veterans of America
Tony Lysne, daughter of Vietnam Veteran affected by her father's service related toxic exposure

For more information contact: Tony Molina @ 541-270-0569 or Tom Owen @ 541-619-8187

Sponsored by: Samaritan Health Services/ VVA Chapters 411 & 585

# March 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		Time Sheets Due by noon	1 USDA-Siletz 9-3pm	2 USDA-Siletz 9-3pm Community Meeting 5-7pm	3 USDA-Siletz 9-3pm	4 Elders Mtg. CW Casino
5	6 USDA-Siletz 9-3pm Siletz Language Class 6-8pm	7 USDA-Siletz 9-3pm EAO Language Class 6-8pm	8	9	10 Payday	11
Daylight Savings Starts	PAO Language Class 6-8pm	14 Time Sheets Due by noon  SAO Language Class 6-8-pm	15	16	17	18
19	20 USDA-Salem 1:30-6:30pm	21 USDA-Salem 9-6:30pm	22 USDA-Salem 9-6:30pm  Diabetes Prevention Support Group 6-8pm	23 USDA-Salem 9-11:00am	24 Payday	25
26	SPRING BREAK STARTS	28 Time Sheets Due by noon  JOM SPLASH 12-2pm	29	30 Siletz Tribal ID Potato Bar 4-7pm	31	

#### Addressee

\*See Flyers for information on activities

*March 30 <sup>th</sup>	Open House Potato Bar/Tribal ID
March 30 <sup>th</sup>	Ciletz Tribal ID
March 28th	10M - SPLASH
*March 22 <sup>nd</sup>	Diabetes Support Group 6-8pm
March 12th	DAYLIGHT SAVINGS START
March II <sup>th</sup>	AAT gniteeM lionno AtnoY
March 7 <sup>th</sup>	mq8-d east O Language Class 6-8pm
March 2 <sup>nd</sup>	Siletz Community Meeting
Магсh 7 <sup>th</sup> Магсh 12 <sup>th</sup> Магсh 12 <sup>th</sup> *Магсh 22 <sup>nd</sup>	EAO Language Class 6-89m Youth Council Meeting TBA DAYLIGHT SAVINGS START Diabetes Support Group 6-8pm

O/A anagua

The Confederated Tribes of Siletz Indians
The Eugene Area Office
2468 West 11th Avenue
Eugene Oregon 97402

The Confederated Tribes of Siletz Indians

# The Eugene Area Office Staff 541-484-4234 1-800-922-1399

Lou Carey, A/O Supervisor x1751
Nick Viles, Education Specialist/JOM x1757
Jenifer Jackson, Tribal Service Specialist/477SSP x1755
Norma Trefren, Intake Specialist/Job Coach/477SSP x1756
Adrienne Crookes, Community Health Advocate x1753
Jessica Phillips, Program Coordinator/THV x1752
Nora N Williams-Wood, Clerk x1750
Gloria Stott, Elders On-Call Transport

