DRUMBEAT NEWSLETTER - NOVEMBER 2020

Due to the COVID-19 Epidemic many services are contingent upon the office being open and the ability to provide services in a way that maintains the safety of the community and staff.



3160 Blossom Drive NE, Suite 105 Salem, Oregon, 97305 Phone: 503-390-9494

Fax: 503-390-8099

Announcements News and Highlights

COVID Relief Programs

Many of these programs are based on income, but most are based on need due to impacts of COVID, and are not restricted to the Siletz service area. We encourage everyone to apply, so get your application. Each one requires an application form, and show need related to the COVID-19 pandemic. To request an application, please contact the following staff:

MORTGAGE RELIEF -

Jeanette Aradoz – (541) 444-8316 Cecelia DeAnda – (541) 444-8315

RENT RELIEF -

Brett Lane – (541) 444-8317 Isaac DeAnda – (541) 444-8314 K.C. Short – (541) 444-8310

ENERGY ASSISTANCE -

Casey Godwin – (541) 444-8311 K.C. Short – (541) 444-8310 Val Hibdon – (541) 444-8322

WATER/SEWER -

Jenifer Jackson - (541) 484-4234 Cathy Ray - (541) 484-4234

FOOD ASSISTANCE -

Danelle Smith – (541) 444-9603 Kurtis Barker – (541) 444-8247

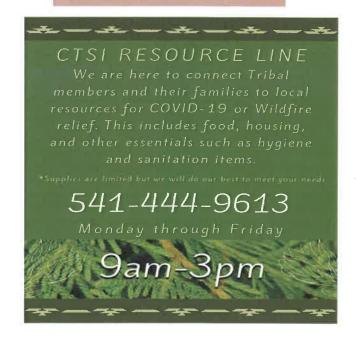
CHILD CARE ASSISTANCE -

DeAnn Brown - (541) 444-2532

The Siletz Salem Area Office will be closed the following days:

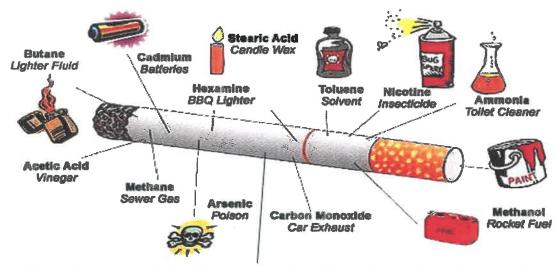
November 12th - Veterans' Day November 18th - Restoration Day November 25th - Thanksgiving

November 26th - Day After Thanksgiving



Application forms can also be found on the Tribe's website at: <u>www.ctsi.nsn.us</u>, and are available adjacent to the back door of the Tribal Administration Building in Siletz.

Tobacco: More than just Nicotine



Tar: includes the majority of mutagenic and carcinogenic agents in tobacco smoke



Health Benefits of Quitting Smoking

- **20 Minutes after quitting**—Your heart rate drops. (CDC)
- 12 hours after quitting—Carbon monoxide levels in your blood drops to normal. (CDC)
- A few months after quitting—Your sense of smell and taste may improve. (National Cancer Institute)
- 2 weeks to 3 months after quitting—Your heart attack risk begins to drop. Your lung function begins to improve. (CDC)
- 1 to 9 months after quitting—Your coughing and shortness of breath decreases, (CDC)
- 1 year after quitting—Your added risk of coronary heart disease is half that of a smoker. (CDC)
- 5 years after quitting—Your stroke risk is reduced to that of a nonsmoker, 5-15 years after quitting.
 (CDC)
- 10 years after quitting—Your lung cancer death rate is about half that of a smokers. Your risk of cancers of the mouth, throat, esophagus, bladder, kidney, and pancreas decreases. (CDC)
- 15 years after quitting—Your risk of coronary heart disease is back to that of a nonsmoker. (CDC)

Corey Strong, NCTTP, CRM TPEP Coordinator Siletz Community Health Clinic

Commercial Tobacco Quitline 1-800-QUIT-NOW Al/AN Line now available (option 7) 1-800-7848-663



Assistance Program - CARES Funding

The Childcare Assistance Program received CARES funding to help with COVID-19 and with this funding we amended our CCDF plan to expand eligibility for tribal families to provide more assistance during this time while we are all dealing with the fallout from COVID-19.

While we are in a declared emergency, and for 3 months after the declared emergency, co-payments will be waived, and the Income Limit to qualify for assistance is increased from 85% to 100% of the State's Grant Median Income. The maximum income limits are now:

Household Size	Maximum Monthly Income Limit	
1	\$3,410	
2	\$4,459	
3	\$5,508	
4	\$6,557	
5	\$7,606	
6	\$8,655	
7	\$8,852	
8	\$9,049	

To qualify, families must be living within the eleven county service area and parents must be working, looking for work, attending college, or participating in a job training program. Children must be under the age of 13 years, an enrolled member or eligible to enroll in the Confederated Tribes of Siletz Indians (CTSI), or the descendent or dependent of an enrolled CTSI tribal member.

To request an application or to find out more about our program, please call DeAnn Brown, at 1-800-922-1399 or 541-444-2450 and ask for the Childcare Assistance Program.

COVID-19 Childcare Assistance

The Confederated Tribes of Siletz Indians (CTSI) has CARES funding to assist tribal member households with expenses directly related to COVID-19. CTSI wants to support tribal member households who are affected by COVID-19 with their childcare expenses. These funds must be spent by December 31, 2020. Siletz Tribal member households can qualify for a one-time payment of up to \$500 per child per month (as long as funds are available). Funds will be paid directly to Childcare Providers.

TO QUALIFY:

Children must be an enrolled Siletz tribal member.

OR the descendants/dependents of a Siletz tribal member AND an enrolled Siletz tribal member resides in the household.

Tribal member households located outside of the 11-county service area regardless of income.

Tribal member households located in the II-county service area (Lincoln, Marion, Benton, Linn, Lane, Polk, Tillamook, Yamhill, Clackamas, Washington, Multnomah) and are over income for the CTSI Childcare Assistance Program. Please note: If you complete this application and you reside in the II-county service area and meet the income qualifications for the CTSI Childcare Assistance Program, a representative from the program will contact you.

TO APPLY:

Complete an application and attach a completed W-9 tax form from the Childcare Provider and mail it to DeAnn Brown, PO Box 549, Siletz, OR, 97380; drop it off in the drop off box at the Tribal Administration Building; email it to deannb@ctsi.nsn.us; or fax it to 541-444-2307. You must include an **invoice** from your Childcare Center or Childcare Provider and your provider must complete a **W-9 tax form**. An application will only be considered complete when there is an invoice AND a W-9 tax form completed by the childcare provider.

If you have questions please contact DeAnn Brown at (541) 444-2532. Completed applications (with all documentation) must be received at the Tribal Administration Office by December 1st, 2020 at 4:30 PM PST.

CTSI-Community Message

The safety of our Community, Students, and Staff are a top priority for us. Therefore, we are moving forward with providing services in a manner that will keep you and staff safe. **Beginning March 17th**, until further notice, services will be provided via telephone, email and mail: Offices will be closed to walk-in clients. Payments can be made by telephone with a credit/debit card; by mail via a check or money order. There is a drop box at the rear of the Tribal Administration building to drop off payments, applications, etc. The Clinic will be closing to non-essential appointments, and will work to fulfill your needs – such as Pharmacy – in different ways. Clinic staff will reach out to you to reschedule non-critical appointments.

Our staff are working very hard to continue providing critical services to our community members. As this situation develops, we will continue to update this message.

To access these services, please call:

Siletz Community Health Clinic: (541) 444-1030

Siletz Tribal Housing: (541) 444-8322. Payments can be mailed or put in the Drop Box

477-SSP: (541)-444-8247

USDA Food Program: (541)-444-8393 **Human Resources:** (541)-444-8274

Indian Child Welfare (ICW): (541)-444-8272

Natural Resources: (541) 444-8227, or (541) 444-8232

Enrollment: (541)-444-8258

Elders: (541)-444-8220

Eugene Area Office - Phone- (541)-484-4234 Portland Area Office - Phone- (503)-238-1512 Salem Area Office - Phone- (503)-390-9494

To access all other services, please visit: www.ctsi.nsn.us

Prep time: 15 Minutes
Portions: 4 Patties

Ingredients:

- 1 cup cooked salmon
- 2 medium finely minced onions
- 1 teaspoon salt (less if your fish is salted)
- 1-2 teaspoons black pepper
- 2 cups finely crushed saltine cracker crumbs
- 2 eggs

1/4 cup finely minced celery (optional)

Salmon Patties

Recipe Correction: We had previously given out this recipe with a missing ingredient. We have included the missing ingredient here. Enjoy!



Directions:

In a large bowl mix together all the ingredients and let sit for about 10 minutes. Drop by spoon into a heated fry pan and shape into round patties: Your pan should hold 2 to 3 "patties" at a time. Let the patties brown and begin to firm then turn them over. Let the other side cook to a golden brown.

Home Visiting - Lori Christy, Home Visitor

Home Visiting is now accepting new families into the Home Visiting Program. Our program is for Siletz tribal families that are expecting a baby, or have a baby under one year old, and continues until the child turns three years old. Home Visiting provides parenting and life skills for successful and positive parenting. The model and curriculum we use is Family Spirit developed by the John Hopkins Center for American Indian Health. Family Spirit is the only evidence-based home visiting program designed specifically for Native American families.

For more information contact Lori Christy, Home Visitor, at 503-390-9494 (office) or 541-272-2241 (cell).

FALL-FUNTODO WITH YOUR TODDLER



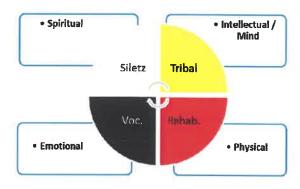
Make a <u>fall wreath</u> using a paper plate and leaves. Cut the center out of a paper plate and using a glue stick glue leaves around the paper plate ring. You can use real leaves or silk leaves

<u>Indoor Leaf Raking</u> – If you have some silk leaves and a toy rake you can toss the leaves across the carpet or an area rug and let your child rake them all up. If you don't have a rake toss the leaves on the floor and let your child sweep them up with a broom or just pick them up and place them in a basket.

Nature Painting — Use pinecones to paint with. Drop a few drops of washable tempera paint onto a piece of paper and then let your child roll the pine cone across the paper spreading the paint around. This works well with the paper in a small box with low sides to help contain the paint. This can be messy so cover the surface under the paper and either protect your child's clothing or have them wear something that doesn't matter if it gets messy. One idea for a messy project is to do it in an empty bathtub. Have the child sit in the tub (no water) and let them enjoy the project and then wipe down the tub. Just be aware if the paint is washable or not — best to use washable paint. You can also let your child paint a pumpkin.



The Siletz Tribal Vocational Rehabilitation Program (STVRP) is designed to provide vocational rehabilitation services, including culturally appropriate services, to Native Americans with disabilities who reside within the 11-county service area. The primary goal of the program is to assist and prepare participants to obtain and maintain successful employment, including self-employment and business ownership.



For more information, contact:
Toni Leija, Job Developer/Counselor
503-390-9494 X 1861
ToniL@ctsi.nsn.us

Behavioral Health - Rachel Adams, Mental Health

The rain is here:

While the leaves around us have turned to pretty colors, the rains have also increased. While rain is essential to keeping Oregon green, gray days with little to no sun can feel quite gloomy.

Ways to cope with rainy day blues:

- Watch a movie—get on Netflix, rent a movie at your local library, or use a Redbox. Fill those rainy hours with some light entertainment.
- Be good to yourself—Do some sort of pampering; bubble-bath, meditate, light a scented candle. The Dollar Tree has low-priced pampering products.
- 3) Don't wait for spring cleaning; a rainy day is a great time to re-organize a cluttered closet, sort and fold your laundry, or do that other cleaning project you've been putting off. And, mental health bonus: The more clean and organized your house, the better you feel in your head!

Mental Health Specialist services include:

Couples counseling, adventure-based therapy, youth, adult and family counseling with emphasis in experiential healing and person-centered therapy. The Mental Health Specialist holds an Oregon Professional Counseling License (LPC). She recently received Phase 1 and 2 of Brainspotting Training, a procedure based off of Eye

Movement Desensitization and Reprocessing (EMDR). It is great for helping people process trauma without even having to talk about it.

Check in with your local Education Specialist to find out about our Virtual Youth Conference coming soon!

Traditional Coping

Winter preparations should now be well underway, and the Elders in our thoughts. Try and find ways to reach out to the members of the community with the most need and lend a helping hand keeping social distancing in mind. Traditional ways that have helped the Siletz people find peace and harmony include: attending sweats, drum circles, talking circles, and smudging. Many of these activities have virtual components! Live life in a healthy, good way.



Salem Area Office Virtual Appts, M-F 8:00 am - 4:30 pm (503) 390-9494 x1864 Portland Area Office Virtual Appts, M-F 8:00 am - 4:30 pm 1 - (503) 238-1512 X1417

A & D - Andulia White Elk, Addictions Counselor

Loneliness and Recovery

Andulia White Elk 503-390-9494 X 1855 AnduliaW@ctsi.nsn.us

Addiction is often the result of feeling lonely or depressed. Turning to drugs or alcohol is a tactic for many individuals to escape that isolating emotional pain. But when the self-medication turns into a substance abuse problem, the addict suddenly finds him or herself lonelier than ever. This is why finding a supportive community is such a vital part of the addiction recovery process.

Social support plays a powerful role in empowering you to face obstacles and overcome challenges. With the support of family, friends, therapists, counselors and other individuals in recovery, you are able to tap into strength beyond your own. You are able to rely on a community of support.

The importance of social support includes:

A sense of belonging. Spending time with others wards of loneliness by reinforcing that you are never alone. As part of a group, you have a network of support whenever you need it.

Increased sense of self-worth. Having people who call you a friend reinforces that you are a valuable and irreplaceable individual. This creates a feeling of security, minimizing unnecessary stress or self-doubt.

Resources for advice and information. It's important to have a mentor you respect and can go to at any time for advice. Counsel from someone who's "been there" puts your situation into perspective and allows you to approach it from a different angle.

If you feel lonely in a drug or alcohol addiction rehab treatment program, it's important to know how to stop these feeling. Below are a few tips to stop feelings of loneliness or depression during addiction recovery:

Make the most of group therapy. Whether it's 12-step based meetings or experiential therapy, it's important to give your all to group sessions. These are prime opportunities to become part of the community and connect with others facing the same challenges as you. When you make the most of group therapy, you understand that you are never alone.

Restore damaged relationships. Chances are that you pushed away family, friends and loved ones during addiction. During recovery, you have the opportunity to mend any frayed relationships and start a new chapter with those you love. Give your personal relationships new life and find the support and community you deserve.

Accept your emotions. Even if you have a healthy support system in place, it's normal to feel lonely from time to time. Unpleasant emotions are a part of life for everyone. If you are seeking treatment for a <u>dual diagnosis</u>, rest assured that your treatment is addressing any unnatural or excessive emotions.

Give back. Being a good friend is a two-way street. It requires that you give and take. Yes, you should reach out to others when you feel lonely. It's equally important, however, to listen actively and be present when someone else needs you for his or her own support.

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477 - Self Sufficiency Program

Essential Services During COVID

The 477-Self Sufficiency Program (SSP) is open and providing essential services to eligible families and individuals residing in the CTSI 11-County Service Area. Due to Covid-19, all tribal offices are closed to the public. We are still accepting applications and conducting appointments over the phone and through email. The SSP has prioritized the following services:

- Pre-Temporary Assistance for Needy Families (Pre-TANF) / Non-Recurrent Short Term Benefits: Siletz families below 185% of the Federal Poverty Level (FPL) may be eligible for short-term financial assistance that doesn't exceed 4 months. The financial assistance is meant to provide basic needs and address shortterm emergent needs;
- Regular Temporary Assistance for Needy Families: Siletz families below the countable income limits and FPL may be eligible for monthly grant assistance to meet basic needs;
- General Assistance for Single Adults: Siletz single adults below the countable income limits and FPL may be eligible for monthly grant assistance to meet basic needs;
- Emergency Assistance: Siletz families or single adults may be eligible for support services to prevent eviction or utility shut off. Income guidelines apply;
- Classroom Training: the Program is still providing financial assistance (tuition, stipends and support services) to eligible Native Americans attending GED, Higher Education or Vocational/Occupational Training.
- Childcare Assistance: The Program offers childcare assistance to eligible TANF families while they engage in work or self-sufficiency activities;
- Foster Care Support Services: Childcare assistance to employed foster parents. The Program covers "working hours only" and limited respite.
- Home Visiting: The Program is accepting new families into the Early Childhood Home Visiting Program and working with current families to provide lessons in-person. Staff and families will be required to adhere to social distancing and wearing masks.
- Direct Placement: Support services (work clothing, transportation, tools, etc.) for Native Americans that recently gained employment. Must apply within 7-days of hire.

Other services such as Work Experience and On-the-Job Training may be available on a limited basis.

If you recently lost your employment due to Covid-19 and need assistance to meet your basic needs, please contact your local CTSI Tribal Office for an application. Additional eligibility criteria apply. SSP staff will reach out to you by phone or email. You can also email 477SSP@ctsi.nsn.us for more information. Please include your name, phone number and the city/county you reside in.

Important 477-SSP Dates to Remember:

November 1st - November 5th Monthly contact appointments by phone

November 5th

Monthly Report Forms, Self Sufficiency Activities, Timesheets, and Job Search Forms are due

For More Information Contact:

Tribal Service Specialist: Angelica Espino Phone: 503-390-9494 ext. 1853

Email: Angelicae@ctsi.nsn.us

USDA Distribution Dates for November

Siletz

Monday	Nov 2	9:00 am - 3:00 pm
Tuesday	Nov 3	9:00 am - 3:00 pm
Wednesday	Nov 4	9:00 am - 3:00 pm
Thursday	Nov 5	9:00 am - 3:00 pm
Friday	Nov 6	9:00 am - 3:00 pm

<u>Salem</u>

Monday	Nov 16	1:30 pm - 6:30 pm
Tuesday	Nov 17	9:00 am - 6:30 pm
Wednesday	Nov 18	9:00 am - 6:30 pm
Thursday	Nov 19	By appointment only

Salem Warehouse: 503-391-5760 Call the Salem Warehouse only on Salem distribution days/times specified.

FOOD DISTRIBUTION PROGRAM ON INDIAN RESERVATIONS (FDPIR)

FY 2021 NET MONTHLY INCOME STANDARDS (Effective October 1, 2020 to September 30, 2021)

HOUSEHOLD SIZE

NET INCOME LIMIT

EACH ADDITIONAL MEMBER ADD	\$374
9	\$ 4,294
8	\$ 3,920
7	\$ 3,547
6	\$ 3,173
5	\$2,769
4	\$ 2,365
3	\$ 1,977
2	\$ 1,604
1	\$ 1,231

Joyce Retherford, FDP Director joycer@ctsi.nsn.us 541-444-8393

Sammy Hall, Warehouseman/Clerk sammyh@ctsi.nsn.us 541-444-8279



ax

Siletz: 541-444-8306

-OR-

Salem: 503-391-4296



"like" us on cebook at "Siletz Tribal FDPIR" and share your recipes on our page.



Sonya Moody-Jurado, Education Specialist

November 2020

EDUCATION PROGRAM COMPONENTS

-Higher Education -Adult Vocational Training (AVT) -Adult Education -Supplemental Education (JOM) -Tribal Youth Employment & Education (TYEE)

Tutoring Program

There are two several options for tutoring for JOM/Siletz Tribal Students. Please see attached flyers.

Higher Education/Adult Vocational Training Program

The deadline for Fall Term 2020 was June 30, 2020, this deadline was for the entire academic school year 2020-2021. The deadline for the next funding year will be June 30, 2021.

COLLEGE NIGHT

December 3, 2020-Please see flyer on the following page.

FAFSA

The applications for FAFSA (Free Application for Federal Student Aid) opened on October 1, 2020. The Tribal deadline to complete your FAFSA will remain January 31st, but please turn in your application early. Federal money is on a first come first serve basis and given out until gone. Without completing your FAFSA by the January 31 deadline, you will be ineligible to apply for Tribal Higher Education funding for fall.

HIGH SCHOOL SENIORS

Students that are planning on going to college the Fall of 2020 should be actively preparing for college.

Fall-

- -Start a list of potential college choices-Look at visitation days
- -Complete your FAFSA as soon as possible after October 1, 2020.
- -Keep a calendar of important dates
- -Ask for letters of recommendations-you will need these when applying for-scholarships;
- -Take the SAT/ACT test
- -Keep on track with grades and extracurricular activities

(continued from previous page)

- -Meet with school guidance counselor
- -Complete college applications
- -Continue scholarship search
- -Work on scholarship essays

Winter-

- -Follow Up on college applications
- -Send mid-term grades if requested
- -Take AP Exams
- -Submit Scholarships
- -File FAFSA by JANUARY 31, 2021 deadline

Spring-

- -Compare financial aid packages from colleges
- -Make final college choice decision
- -Compete Higher Education or AVT application for Tribe for Tribal funding by JUNE 30 Deadline.
- -Apply for the Tribal Student Housing Program (TTSAP)

Students that plan for college throughout their senior year are better prepared for when they graduate and transition on to college.

Adult Education

The Adult Education program is for Siletz Tribal members, 16 years or older, who are not already enrolled in a formal education program. The Adult Education program can assist with the following: Obtaining GED, certificates, or otherwise raise levels of educational achievement through adult classes, improve employment status through education, training, and pursuit of special interest classes. There is no deadline to apply for classes. For an application, please call me at:

503-390-9494 X1856 Sonyamj@ctsi.nsn.us

Tribal COVID-19 Relief Programs Deadlines

COVID-19 relief programs funded by the CARES Act have a **DEADLINE OF DEC. 1 TO APPLY**. Funds from the U.S. Treasury CARES Act are set to expire Dec. 31, 2020, and we will need time to process these applications and final payments.

Programs funded from sources other than the CARES Act will still be available to Tribal members. Please contact the department they run through to determine availability and eligibility.



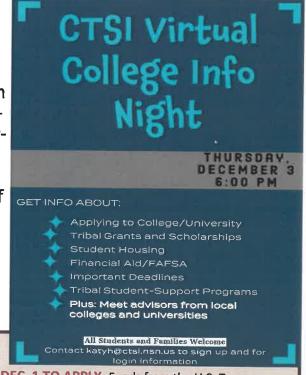
CTSI COMMUNITY DRUM CLASS

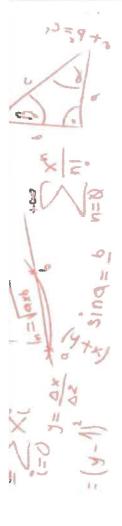
Now Starting 4:00pm on Tuesdays

& Every Second Saturday of the Month at 11 am

ZOOM ID: 815-0349-3819

Email jacobr@ctsi.nsn.us for Password





ZOOM HOMEWORK HELP

Monday - Thursday 5pm-6pm

Starting Monday, October 12

Loom D: 892 7349 0087 Password: 624787 Wou math education students will be staffing a daily homework help session via Zoom Feel free to drop in at any time. Everybody is welcome regardless of school or district. All math questions are invited from grades 4-12. Each session will have at least two tutors available. Tuesdays will offer a tutor who is bilityual (Sparish). All sessions are recorded to protect both WOU and K-12. students. Tutors will expect that all students are supervised by an adult during the tutoring session.

Euestions? Contact Dr. Rachel Marningson, Viestern Dregon University havzingsonrawou edu 503-838-8631 1. cts. 20 ([x+a] S=h., A-c.

Online Academic Support

Weekly Student Meet Ups

*Homework Help with CTS! "Connect with other tribal students *Every Monday 4-5 pm via Zoom

On-Demand Tutoring

*Live Access to Professional Tutors 24/7 *All Subjects and Grade Levels "Individualized Help

On-line tutoring access is funded with US CARES Act Funds: Pamilies MUST register by December 1, 2020

To get started with either program contact your local education specialist: Siletz and Out of Area-Alissa alissafæctsi.nsn.us; PDX- Katy Katyhæctsi.nsn.us; Salem and Out of Area-Sonya sonyamjæctsi.nsn.us; Eugene-Nick nickvæctsi.nsn.us

2020-2021 Hunting and Fishing Tags Distribution Schedule

Due to the uncertainties of dealing with COVID-19, Tribal members are encouraged to call to have tags mailed to them after the first date of tag issuance (541-444-8227 or 541-444-8232)

		Number Available	Season		Method of Issuance
	Type of Tag		Dates	Date to Start Tag Issuance	
Deer	Early Archery	50	8/29-9/27	8/3 at 8:00 AM at Natural Resources Office	First Come First Served*
	General Rifle	375	10/3-11/6**	8/17	First Come First Served
	Antlerless – Adult	8	10/3-11/6	Lottery applications available 8/3; due 8/28; drawing 9/8; tags issued 9/9	Lottery – Open to El- ders Only
	Antlerless –Youth	8	10/3-11/8	Lottery applications available 8/3; due 8/28; drawing 9/8; tags issued 9/9	Lottery – Open to Youth Ages 12-17 Only
	Late Archery	50***	11/21-12/13	First Distribution: 10/19 at 8:00 AM at NR Office Second Distribution: 11/2 at 8:00 AM at NR Office (see Note 2 below)	First Come First Served*
Elk	Antlerless - Youth	2	8/1-12/31	Lottery applications available 6/1; due 7/2; drawing 7/6; tags issued 7/7	Lottery – Open to Youth Ages 12-17 Only
	Early Archery	25	8/29-9/27	8/3 at 8:00 AM at Natural Resources Office	First Come First Served*
	1 st Season Rifle	25	11/14-11/17	Lottery applications available 8/31;	1
	2 nd Season Rifle	25	11/21-11/27	due 9/25 ; drawing 10/5; tags issued 10/6	Lottery
	Antlerless	11	Various sea- sons begin- ning 1/1/21	Lottery applications available 8/31; due 9/25 ; drawing 10/5; tags issued 11/30	Lottery
	Late Archery Antler- less	56	11/28-12/13	First Distribution: 10/19 at 8:00 AM at NR Office Second Distribution: 11/2 at 8:00 AM at NR Office (see Note 2 below)	First Come First Served*
Salmon	Salmon	200	11/1-12/30 (estimate)	8/17	First Come First Served

^{*} No early calls to "save" an early archery tag for someone. Must physically show up to obtain tag on first day of distribution. May call to have a tag mailed beginning on the second day of distribution.

NOTE 1: A Tribal member may obtain only ONE elk tag in their name during the 2020-2021 hunting season (bow, bull and cow tags all count towards the one tag), except as noted below.

NOTE 2: First Distribution: For hunters who have not been issued an early season deer archery tag (for deer tags) or any elk tag (for elk tags).

Second Distribution: For any eligible hunter, regardless of what other tags they have received.

^{**} Season for Youth ages 12-17 is 10/3 - 11/8 (2 additional days at end of general season)

^{***} Minus number of tags filled in Deer Early Bow Season. Unfilled Deer Early Bow tags must be returned to Natural Resources by 10/9.

Confederated Tribes of Siletz Indians Salem Area Office 3160 Blossom Drive NE, Suite 105 Salem, OR 97305



Your Salem Area Office Staff:

Andulia White Elk	Addictions Counselor	
Andrew Eddings	Peer Recovery Mentor	
Angelica Espino	Tribal Services Specialist	
Antonia Leija	Voc Rehab Job Developer	
Beverly Owen	Salem Area Office Supervisor	
Cecilia Tolentino	Community Health Advocate	
Dana Rodriguez	Salem Area Office Clerk	
Lori Christy	Home Visitor	
Łydia Kentta	Transporter	
Rachel Adams	Mental Health Counselor	
Sonya Moody-Jurado	Education Specialist	