

What is Harm Reduction?

Harm reduction for us is meeting a patient where they are at in their addiction (substance abuse, relapse, abstinence) to help reduce negative consequences associated with drug use.

What does the MAT Program offer?

- Medication-Assisted Treatment
- Individual Counseling
- Group Counseling
- Case Management for co-occurring disorders
- Pharmaceuticals and Nutraceuticals (such as lavender tinctures or passion flower tea for relaxation)
- Help accessing other programs and resources such as Behavioral Health, Vocational Rehab, Housing, 477/SSP Program, Education, SNAP program, Oregon Medicaid, transportation, employment, etc. to gain stability

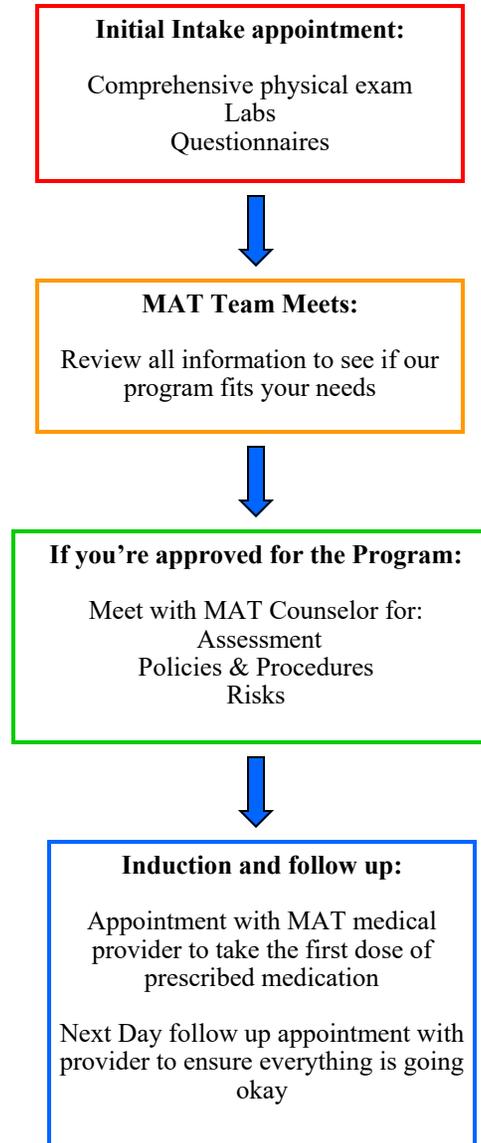
What if I'm not a patient at SCHC?

You will need to register at our clinic and make an appointment to establish care with us

How do I get started?

You can call the reception desk and tell them that you would like to be a part of the MAT Program and want to schedule your initial intake appointment.

What happens next?



How often do I see my MAT Medical Provider?

You will meet with your MAT medical provider once a month for the first 4 months.

If everything is going well, then you will meet with your provider every two months for 4 months.

If things are still progressing well, you will start meeting with your provider every three months.

How often do I see my MAT Counselor?

For Individual Counseling you will start out meeting with your MAT Counselor once a week. As your needs change, your Counselor may move your appointments out farther to once every two weeks or once a month.

There are several groups held throughout the week to give you options depending on your schedule. Your counselor will go over them with you to determine what works best for your treatment plan.

What if I relapse? Am I kicked out of the program?

We understand that change is a process. Relapsing while in the MAT program doesn't mean you will automatically be removed from the program. Each occurrence is looked at on a case by case basis and evaluated by the MAT Team to see if there is a need that our program can better meet.