

Confederated Tribes of Siletz Indians

PORTLAND POTLATCH

June 2022



Inside This Issue:

PAO News	1-3
477/SSP	4-5
A & D	6-7
Natural Resources	8-9
Education	10-15
Culture/ Language Nights	16
TPEP	17
Home Visiting	18
Behavioral Health	19
Voc. Rehab	20
Resources	21-22
Staff Directory	23

Portland Potlatch is published by the Confederated Tribes of Siletz Indians Portland Area Office

COVID TEST KITS AVAILABLE AT PAO!

The Portland area office has a limited supply of COVID testing kits available for all Siletz tribal members. These test kits are available on a first come first served basis, until we run out. If you would like to arrange a pick up or mail out of a test kit please call us at the Portland Area office at: (503) 238-1512.



Siletz Health Clinic Presents:

What is PRC and how do we use it?

June 21st from 6-6:30 PM on Zoom

Join the Siletz PRC staff for a presentation about Purchased/Referred Care, the authorization process and how to prevent the denial of services. There will be time at the end of the evening for Q&A.
Email: SiletzPRC@ctsi.nsn.us to sign up or call 541-444-9648.

PAO Announcements

3 PART COMMUNITY CRAFT SERIES PART II

Our second kit in the series will be wrapped medicine wheel kits!

The deadline to sign up is:

Wednesday, June 15th by 4:30 PM

To sign up, or for more information please e-mail

Andrew Johanson at:

AndrewJ@ctsi.nsn.us

or call (503) 238-1512 X 1419



For more ways to celebrate Juneteenth here in Portland please visit <https://www.juneteenthor.com/>. There will be a parade Saturday, June 18th at 11AM; starts at the Safeway on MLK & Ainsworth goes south down MLK to Russell.

Do You Need

A TRIBAL ID CARD. SUBMIT AN
ADDRESS CHANGE. UPDATE YOUR
DEATH BENEFIT?

Did you know that all of the Enrollment forms and form instructions are posted on the CTSI website?

Once you log into the members section hover on the Tribal Government tab and you will find the Enrollment section, from there you can access the forms required for requesting a Tribal ID Card or updating any of your information with our Tribe.

Happenings in PDX



WHEN: JUNE 18TH AND 19TH

WHERE: THE OREGON CONVENTION CENTER



Founded in 2016 by the husband and wife team of comic book writer Daniel Wayne, The Incredible Hulk, et al) and former Ubisoft community manager Kimberly Matsuzaki, GeekCraft Expo is a collection of curated, geek-themed handmade markets held throughout the year in multiple cities located across the United States...even Hawaii! Created by nerds for nerds, GeekCraft Expo is a showcase for...well, nerds who make things!

The Portland Rose Festival Returns!



The festival kicks off with a fireworks show May 27. Key events include the **Starlight Parade on June 4, Junior Parade on June 8, and Grand Floral Parade on June 11.**

The Portland Rose Festival has inspired the public to gather and celebrate against a backdrop of historic external forces for 115 years. The Rose Festival is back in a big way in 2022 for the Rose City Reunion,

demonstrating how our community can carry on traditions, honor diversity and celebrate unity. This means a return of Rose Festival's big outdoor events like the Grand Floral Parade, Starlight Parade, Junior Parade, CityFair and Fleet Week, and a continuation of the Rose Festival Court and Queen's Coronation. We welcome Portlanders and visitors alike to celebrate our floral heritage and community spirit.

477—Self-Sufficiency Program



477-SSP June Meeting Information:

Zoom information will be emailed directly to current 477 clients.

The 477-SSP program will be hosting monthly trainings. We will send out post cards with more information on how to gain access through zoom.

This will be mandatory for all enrolled SSP clients, unless you have been excused by your case worker.

If you have any questions please make sure to contact your Tribal Service Specialist (TSS).

Anna Renville annar@ctsi.nsn.us
(503) 238-1512 x 1412

Tamra Russell tamrar@ctsi.nsn.us
(503) 238-1512 x 1411

477-SSP *Paid Work* EXPERIENCE

Paid Work Experience will be available to eligible, work ready participants who lack work history, transferrable skills, those that have little to no employment skills and those needing new employment skills.

Participants will be paid for 480 hours.

Support Services may be utilized for work required tools, uniforms



(clothing, boots, shoes) and transportation assistance.

Who is eligible:

Enrolled members of Federally recognized tribes or descendants.

Confederated Tribes of Siletz

Indians: www.ctsi.nsn.us

Portland Area Office: Tamra Russell
(503)238-1512 ext. 1411

Your Success is Important to Us!

If you have questions, or to apply, please call the Portland Area Office (503) 238-1512 and speak with one of our Tribal Service Specialists; Anna Renville ext. 1412 or Tamra Russell ext. 1411.

477—Self-Sufficiency Program

ON THE JOB TRAINING



On the Job Training (OJT) is an incentive based program for employers to directly hire clients that need additional training/skills to meet the needs of the position

Employers:

- Hire the client as a regular employee
- OJT reimburses a percentage of the clients initial wages
- Provide training that meets your needs

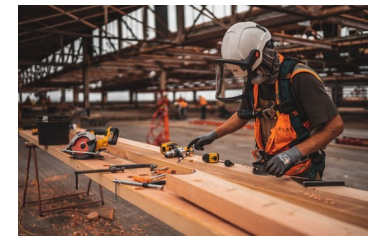


If you are an employer interested in hosting an OJT placement please contact your local office



Clients:

- OJT provides employers an incentive to hire you
- Gain hands-on experience
- Enhance your skills and employability
- Clients must apply within 7 days of hire



Who can apply:

Enrolled members of Federally recognized tribes or descendants

Confederated Tribes of Siletz Indians:

Siletz Area Office: Jamie (541) 444-8266
Portland Area Office: Tamra (503) 238-1512
Salem Area Office: Angelica (503) 390-9494
Eugene Area Office: Cathy (541) 484-4234

Clients must meet eligibility criteria and services are available on budgetary basis






Alcohol and Drug Program

A & D PHILOSOPHY

The primary philosophy of the Siletz Tribal Alcohol and Drug Program is that alcoholism, chemical dependency and other addictions are progressive illnesses. When left untreated, they can cause emotional, mental, physical and spiritual problems for the person, family and community. Addictions are treatable and staff are personally dedicated to providing culturally relevant treatment services.

VALUES

The Siletz Tribal Alcohol and Drug Program adheres to the following:

-  The continuous improvement of service delivery.
-  People deserve to be treated with dignity and respect.
-  The value of diversity and cultural sensitivity.

ADMISSION CRITERIA

Priority for admission to any component of the program is as follows:

First Priority: Siletz Tribal members.

Second Priority: Family members currently living with Siletz Tribal members, Native Americans who are enrolled in other tribes and Siletz Tribal employees.

Third Priority: Non-Native community members who have ties to the Siletz Tribal community.

SERVICES

Behavioral Health Case Management

Community development
Community education
Leadership skill building
Alternative activities
Individual and community asset building
Mentorship opportunities
Support groups
Cultural activities

Outpatient Treatment Services

Evaluation/assessment
Referral to appropriate resources
Alcohol/other drug education
Individual counseling
Group counseling
Family treatment
Cultural/traditional counseling
Adolescent treatment
Women's specific treatment
Intervention
Recreational therapy
DUI Services






Alcohol and Drug Program

Transitional Services

(in Siletz Service Area)

A transitional, residential program is available for men and women who have completed residential alcohol/drug treatment.

Services include:

-  Life skill building
-  Domestic violence education
-  Parenting skill building
-  Referral to appropriate resources
-  Support for family reunification

FEES

Recovery Mentor Outreach

There are no fees associated with Recovery Outreach Mentor services.

Outpatient Treatment




Siletz Tribal members and other Native Americans who are enrolled in a federally recognized tribe are eligible for services at no cost to them. Third party payments are accepted. Non-tribal clients will be assigned a fee based on a sliding fee schedule.

Transitional Living Center

Residents are required to pay 30% of their income for rent and utilities.

SERVICE AREA

The Confederated Tribes of Siletz Indians service area is made up of eleven Western Oregon counties. Four Tribal offices serve these eleven counties:

-  **SILETZ** – Lincoln and Tillamook Counties
-  **SALEM/KEIZER** – Marion, Yamhill and Polk Counties
-  **EUGENE** – Lane, Linn and Benton Counties
-  **PORTLAND** – Multnomah, Clackamas and Washington Counties

Andulia WhiteElk,
Addictions Counselor
503-559-1352
anduliaw@ctsi.nsn.us

Andrew Eddings,
Behavioral Health Case Mgr.
541-270-9717
andrewe@ctsi.nsn.us



Natural Resources Program

2022-2023 Hunting and Fishing Tags Distribution Schedule



Tribal offices are closed to the public due to COVID-19 restrictions. Tribal Members wanting a tag should call to have tags mailed to them beginning the first date of tag issuance (541) 444-8227 or (541) 444-8232

Type of Tag		Number Available	Season Dates	Date to Start Tag Issuance	Method of Issuance
Deer	Early Archery***	50	8/27-9/25	8/1 at 8 AM at Natural Resources Office	First come first served*
	General Rifle	375	10/1—11/4**	8/15	First come first served*
	Antlerless—Adult	12	10/1-11/4	Lottery applications available 8/1; due 8/26 ; drawing 9/6; tags issued 9/7	Lottery—Open to Elders only
	Antlerless—Youth	8	10/1—11/6	Lottery applications available 8/1; due 8/26 ; drawing 9/6; tags issued 9/7	Lottery—Open to Youth ages 12-17 only
	Late Archery	50 (minus # of early season tags filled)	11/19—12/11	<i>First Distribution:</i> 10/17 at 8 AM at NR Office <i>Second Distribution:</i> 10/31 at 8 AM at NR Office	First come first served*

NOTE 1: A Tribal Member may obtain only ONE elk tag in their name during the 2022-2023 hunting season (bow, bull and cow tags all count toward the one tag), except as noted below.

NOTE 2: *First Distribution:* For hunters who have not been issued an early season deer archery tag (for deer tags) or any elk tag (for elk tags).
Second Distribution: For any eligible hunter, regardless of what other tags they have received.

Natural Resources Program

Type of Tag		Number Available	Season Dates	Date to Start Tag Issuance	Method of Issuance
Elk	Antlerless—Youth	3	8/15—12/31	Lottery applications available 6/1; due 7/1 ; drawing 7/5; tags issued 7/6	Lottery—Open to Youth ages 12-17 only
	Early Archery	25	8/27—9/25	8/1 at 8 AM at Natural Resources Office	First come first served*
	1st Season Rifle	25	11/12—11/15	Lottery applications available 8/29; due 9/23 ; drawing 10/3; tags issued 10/4	Lottery
	2nd Season Rifle	25	11/19—11/25	Lottery applications available 8/29; due 9/23 ; drawing 10/3; tags issued 10/4	Lottery
	Antlerless	15	1/1/23—3/31/23	Lottery applications available 8/29; due 9/23 ; drawing 10/3; tags issued 12/1	Lottery
	Late Archery Antlerless	56	11/26—12/11	<i>First Distribution:</i> 10/17 at 8 AM at NR Office <i>Second Distribution:</i> 10/31 at 8 AM at NR Office (see Note 2 below)	First come first served*
Salmon	Salmon	200	11/1—12/30 (estimate)	8/15	First come first served

*No early calls to “save” a tag for someone. Must call to have a tag mailed no earlier than the first day of distribution.

**Season for Youth ages 12-17 is 10/1—11/6 (2 additional days at end of general season)

***Unfilled Deer Early Bow tags must be returned to Natural Resources by 10/7.

Education Program



Tribal Funding is once a year.

The deadline to have your Higher Education Application in is June 30, 2022.

Remember to complete your FASFA: www.studentaid.gov/

Siletz Tribal Higher Education/Adult Vocational Training: Applications—Deadline Approaching June 30, 2022

The Higher Education applications for the 2022-2023 academic school year are due in the Tribal offices by: **June 30, 2022.**

Continuing students need to apply as well—please see portion of application for continuing students.

To be eligible to receive an award, appli-

cant must have submitted a complete higher education grant application with all supporting documents by June 30 and filed a 2022 FAFSA by June 30, 2022.

The Tribe's Higher Education Application (fillable) and the Adult Vocational Application can be accessed at the Tribal website:

www.ctsi.nsn.us

If you would like more information please contact Katy Holland at (503) 238-1512 ext. 1418 or e-mail: katyh@ctsi.nsn.us



Siletz Education Programs Serving Our Tribal Members

♦ **Higher Education:** Assists Tribal Members to attend college towards their Bachelors Degree (up to 5 years of educational support funding). Each year the deadline to apply is **June 30th**. Applications to apply for Federal student Aid (FAFSA—required) opens **October 1st**.

♦ **Adult Vocational Training Program:** Supports Tribal Members for up to two years of specific vocational training. Download

applications at www.ctsi.nsn.us

♦ **Adult Education Program:** For Siletz Tribal Members 16 years or older who are not already enrolled in a formal education program. This program can assist with GED, certificate and licensing programs, classes and more. The programs primary purpose is to improve and maintain employment status of all of our Tribal Members. No deadline applies to this.

For more information please contact Katy at the Portland area office (503) 238-1512 ext. 1418 or by email; katyh@ctsi.nsn.us

Education Program

FREE

101 MARKETING

SILETZ TRIBAL SMALL BUSINESS WORKSHOP

JUNE 9TH **6-9 PM** **ZOOM**

JOIN US

Portland Area
503-238-1512
KatyH@ctsi.nsn.us

Siletz Area
541-444-8207
JeffS@ctsi.nsn.us

Salem Area
503-390-9494
SonyaMJ@ctsi.nsn.us

Eugene Area
541-484-4234
CandaceH@ctsi.nsn.us

ONABEN

ONLINE TUTORING Available

Online tutoring continues to be offered on demand as well as scheduled academic

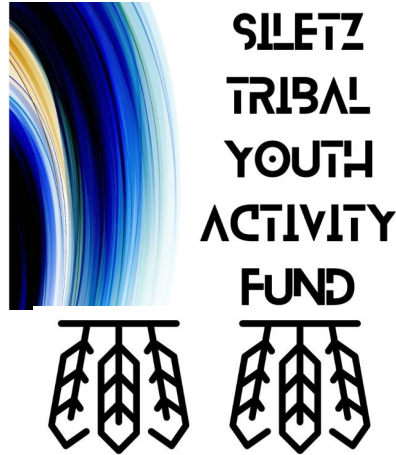
support 24/7 to our Siletz Tribal youth and college students. The program is open to all student K-12, Higher Education, and AVT. Students can also access support for SAT/ACT tests. Space is limited, as hours are available. To register, please contact Katy at PAO or by email: katyh@ctsi.nsn.us

Education Program

SILETZ TRIBAL JOM SUPPLEMENTAL EDUCATION PROGRAM

The JOM program provides funding to help pay for educational support, extra curricular activities, sports, fees, lessons and cultural projects for students from any federally recognized tribe (or 1/4 blood quantum, and attending public school.

Applications can be found on the CTSI web page at www.ctsi.nsn.us. Contact Katy by email at katyh@ctsi.nsn.us or by calling the Portland Area Office (503) 238-1512 ext. 1418.



Provides up to \$150 per year to cover costs for extra curricular activities as well as cultural projects and/or educational and other needed supplies for Siletz tribal youth. For more information and the application please visit our tribe's web-site: www.ctsi.nsn.us



NEW THIS YEAR!

OREGON TRIBAL STUDENT GRANT

Apply Soon!

This new grant for the next upcoming school year 2022-2023 is meant to cover the average cost of attendance

after all federal and state grants and scholarships have been applied to all eligible Oregon colleges to offset the cost of attendance. This grant is specific to Oregon colleges and students who are enrolled in the nine federal recognized tribes in Oregon.

For more information and a application please visit: <https://oregonstudentaid.gov/oregon-tribal-student.aspx>

Education Program

INCENTIVES

For Siletz Tribal Member Graduates – All Ages

The Siletz Tribal Council desires to reward students for their educational achievement, and encourage them to continue on into higher education by rewarding each milestone. This is a monetary incentive and is awarded by level of education. *Applicant must be enrolled Siletz Tribal members at time of completion/graduation.

Pre K–12	Incentive	Higher Ed/ AVT Achievement	Incentive
Head Start/ Preschool	\$10	One Year AVT	\$100
Kindergarten	\$10	Two Year AVT	\$200
Elementary School	\$20	AA, AS, AAO	\$200
Middle School	\$50	BA/BS	\$75 plus a Pendleton blanket
High school/GED	\$100	MA	\$300
		PhD	\$300 plus a Pendleton blanket

Siletz Tribal Scholarship Opportunities

The following Tribal Scholarships: are due June 30, 2022

- PEPSI—Craig Whitehead Scholarship (\$1,000)
- Arthur S. Bensell Memorial Scholarship (Educator scholarship, \$1,000)
- Siletz Scholarship (Any field of student; \$1,000)
- Sharon Butler Memorial Scholarship due May 9th, 2021

- Cathryn Tufts Memorial Scholarship (Natural Resource and or Pre Law./Law School)
- Morris K. Udall Foundation Scholarship (<http://udall.gov/Our-Programs>—<http://udall>)

For more information visit the tribe's website at www.ctsi.nsn.us. Click on education/college/grad/scholarships

Education Program



CTSI JOM Passport to Summer Fun!

Hurry and get your June activity passport from your local Education Specialist!

Complete as many fun activities as you can by the end of June to be entered into our raffle!

Join us on June 25th @ 6pm via Zoom to share all of your passport fun with other Tribal youth!

Email your area Education Specialist to receive your June passport and instructions.

<u>Katy Holland</u> Portland Area (503) 238-1512 katyh@ctsi.nsn.us	<u>Sonya Moody-Jurado</u> Salem Area (503) 390-9494 sonyamj@ctsi.nsn.us
<u>Jeff Sweet</u> Siletz Area/Out of Area (541) 444-8207 jeffs@ctsi.nsn.us	<u>Candace Hill</u> Eugene Area (541) 484-4234 candaceh@ctsi.nsn.us

Education Program



CTSI ANNUAL STUDENT GATHERING

Join the CTSI Education Department as we celebrate and honor our 2022 Higher Education, AUT, and Masters graduates!

All students and their families are welcome!

June 23rd at 6pm via Zoom

Registration closes June 10th at 4:30pm

CONTACT YOUR AREA EDUCATION SPECIALIST

TO SIGN UP AND GET THE ZOOM LINK

Katy Holland Portland Area (503) 238-1512 katyh@ctsi.nsn.us	Sonya Moody-Jurado Salem Area (503) 390-9494 sonyamj@ctsi.nsn.us
Jeff Sweet Siletz Area/Out of Area (541) 444-8373 jeffs@ctsi.nsn.us	Candace Hill Eugene Area (541) 484-4234 candaceh@ctsi.nsn.us

Virtual Culture/Language Nights



CTSI VIRTUAL
CULTURE NIGHTS

ALL TRIBAL MEMBERS AND FAMILIES WELCOME

Upcoming Dates:

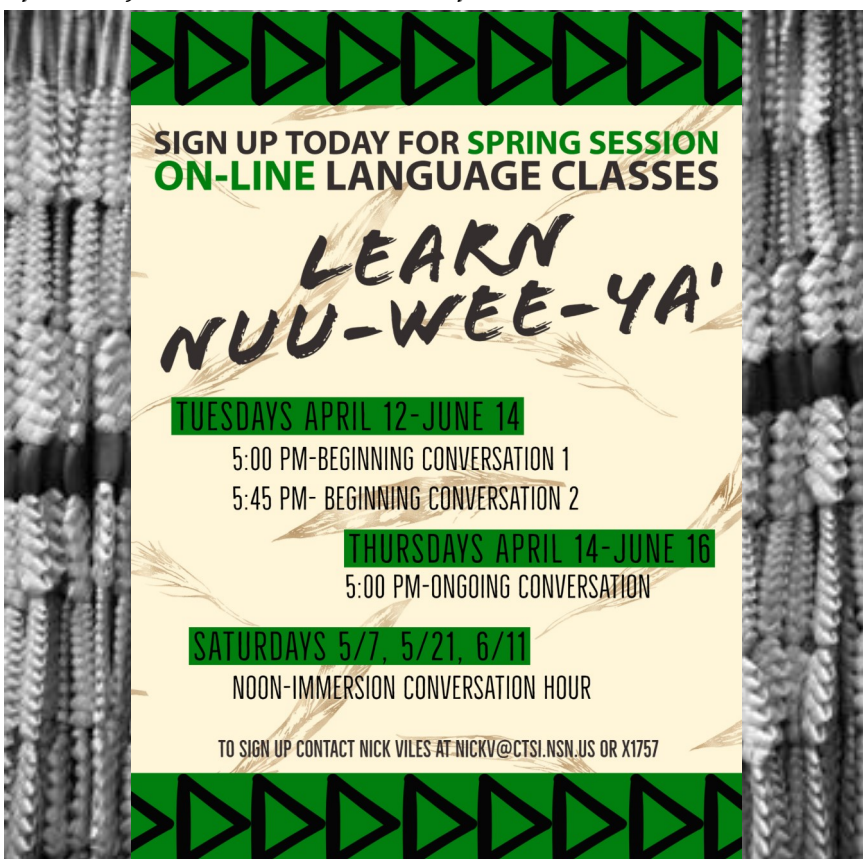
June 8 at 6 pm: Tule and Cattail

For access to study materials please log in on the Tribe's website:

www.ctsi.nsn.us

For more information or to sign up please contact Nick Viles at nickv@ctsi.nsn.us or call (541) 484-4234 ext. 1757.

Sponsored by the Education and Culture Departments



**SIGN UP TODAY FOR SPRING SESSION
ON-LINE LANGUAGE CLASSES**

**LEARN
NUU-WEE-YA'**

TUESDAYS APRIL 12-JUNE 14
5:00 PM-BEGINNING CONVERSATION 1
5:45 PM- BEGINNING CONVERSATION 2

THURSDAYS APRIL 14-JUNE 16
5:00 PM-ONGOING CONVERSATION

SATURDAYS 5/7, 5/21, 6/11
NOON-IMMERSION CONVERSATION HOUR

TO SIGN UP CONTACT NICK VILES AT: nickv@ctsi.nsn.us OR X1757

Tobacco Prevention Program

Health Benefits of Quitting Smoking

- 20 Minutes after quitting—Your heart rate drops. (CDC)
- 12 hours after quitting—Carbon monoxide levels in your blood drops to normal. (CDC)
- A few months after quitting—Your sense of smell and taste may improve. (National Cancer Institute)
- 2 weeks to 3 months after quitting—Your heart attack risk begins to drop. Your lung function begins to improve. (CDC)
- 1 to 9 months after quitting—Your coughing and shortness of breath decreases. (CDC)
- 1 year after quitting—Your added risk of coronary heart disease is half that of a smoker. (CDC)
- 5 years after quitting—Your stroke risk is reduced to that of a nonsmoker, 5-15 years after quitting. (CDC)
- 10 years after quitting—Your lung cancer death rate is about half that of a smoker. Your risk of cancers of the mouth, throat, esophagus, bladder, kidney, and pancreas decreases. (CDC)
- 15 years after quitting—Your risk of coronary heart disease is back to that of a nonsmoker. (CDC)

June is National Cancer Survivor Month

National Cancer Survivors Day was established to recognize those who have successfully fought or are in the process of fighting the disease. It would not be surprising to find out that each one of us knows a person who has either succumbed to cancer or is currently battling the disease. That is simply how prevalent the disease has become, alarmingly affecting the lives of millions of Americans. This month of June, we take time to celebrate National Cancer Survivor Month as these brave survivors have managed to prevent the disease from taking their lives and deserve all the praise and support they need

to get on with their lives after cancer.

Who Exactly are These Survivors:

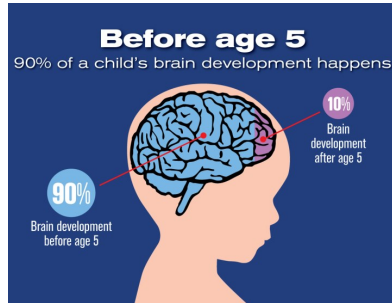
Experts from the American Cancer Society and the National Cancer Institute defines a cancer survivor as any individual who has been diagnosed with cancer and remains alive and well. This includes patients who are currently undergoing treatment, as well as those who have finished treatment and are considered cancer-free.

The Good News: Thanks to a number of treatment options in both conventional and holistic cancer treatment, people are living longer lives after a cancer diagnosis.

Commercial Tobacco Quitline 1-800-QUIT-NOW
AI/AN Line now available (option 7) 1-800-784-8669

Home Visiting Program

Children are learning and growing every day as they play, explore and engage with the world and people around them. Here are a few fun facts about development.



Language:

Children develop language in four stages. First babies babble, then toddlers use one word then a few words and finally young children string together words and sentences.

At 12 months most children understand about 10 words. By age two most children can speak about 50 words. At age three children usually can say 300 or more words and by age four they are speaking over a 1000 words. By the age of six the average child has a vocabulary of about 13,000 words. The average adult has a vocabulary of about 60,000 words.

Brain Development:

So much is happening in the early years. Ninety percent of brain development happens before the age of five. Between the ages of one and two a toddler gains two million brain connections every second. At

age two a child has more than one trillion new brain connections or synapses.

Laughter:

Children laugh up to 300 times a day. Adults generally laugh about 20 times a day. Laughter has both short and long term positive effects. Short term effects help reduce your stress response, you intake more oxygen rich air which stimulates your heart, lungs and muscles and causes your brain to release more endorphins. Your heart rate and blood pressure decrease so you have more of a good, relaxed feeling. Tension is soothed because your circulation is stimulated which aids muscle relaxation both of which can help to reduce some of the physical symptoms of stress. Let's all be like children today and have a good laugh!



Siletz Home Visiting is for families beginning prenatally continuing until their child turns three (need to begin before child turns one). For more information or to find out about how to apply contact Lori Christy, Home Visitor loric@ctsi.nsn.us or 503-390-9494.

Behavioral Health Program

Summer fun, summer challenges:



Summer is a time when the sun is out, and feelings can

be at their highest, happiest point. For people in education, summer can also be a time of turmoil, brought on by the lack of a daily schedule school provided. It may be a time that parents ease their kids off medications that were necessary during the school year, which can bring about a surge in energy.

Here are some things to keep in mind to help summer be enjoyable for all, and a time of mental health:

- 1) Exercise— Go out and do a fun physical activity; 30 minutes every day can do so much for our souls.
- 2) Try and create a routine, and stick to it more days than not.
- 3) Sit your children down (or yourself) and discuss goals and expectations for the summer months.
- 4) Take some time each day to give yourself and your family a feelings check-in; this way you can catch

depression and anxiety before they get out of hand.

- 5) Meditation, relaxation—take time each day to sit and reflect, and unwind from the day's stresses. Don't forget, if you aren't caring for yourself, it will be harder to care for others.

A June haiku by the MHS:

May left us no snow,

The plants, they really did grow,

Is it time to mow?

Traditional Healing

Traditionally, summer is the time of salmon fishing, clam gathering, and berry picking. There are many plants important to the tribe that get gathered during the summer. If you're unfamiliar with such activities, reach out to an elder, for they truly have a wealth of knowledge. As always, smudging, sweats, and talking circles are ways to connect spiritually in many Native homes.

**Virtual Appointments Only
(Portland/Salem Area Offices)
(503) 200-4340**

Vocational Rehabilitation Program

June Awareness: Post-Traumatic Stress Disorder



PTSD (Post-Traumatic Stress Disorder) affects people in different ways. Some people may develop PTSD after experiencing or witnessing a life-threatening event, like war zone combat, a natural disaster, sexual assault, or a car accident. PTSD can affect anyone at any age.

Symptoms (varies from individual to individual):

- Upsetting memories, nightmares of reliving the incident
- Intrusive thoughts or feelings, i.e., guilt
- Feeling on edge or numbness
- Trouble sleeping after a traumatic event
- Avoiding people, places, or memories of the trauma
- Increased alertness, anger, irritability, rage, or hatred

PTSD affects people in different ways. At first, it may be difficult to do daily activities you are used to doing, like go to

work, go to school, or spend time with people you care about. Most people start to feel better after a few weeks or months. For some people, PTSD symptoms may start later, or they may come and go over time.

If it's been longer than a few months and thoughts and feelings from the trauma are upsetting you or causing problems in your life, you may have PTSD. Your primary medical provider may refer you to a mental health clinician who can work with you to overcome the effects of trauma [Post-Traumatic Stress Disorder \(nih.gov\)](https://www.nih.gov/health-topics/post-traumatic-stress-disorder-ptsd).

The Siletz Job Developer/Vocational Rehabilitation Counselors are available to assist you with your vocational needs.

Vocational Rehabilitation Counselors:

Jamie Bokuro (Siletz)

541-444-8266 ext. 1266

Toni Leija (Salem)

503-390-9494 ext. 1861

Tamra Russell (Portland)

503-238-1512 ext. 1411

Makayla Jackson (Eugene)

541-484-4234 ext. 1752

Resources



DO YOU LIKE WHAT YOU ARE READING SO FAR?

Like our Facebook page to get updates on important information and activities.

[Confederated Tribes of Siletz Indians - Portland Area Office - Home](#) [Facebook](#)



Resources

Youth Antlerless Elk Hunt Applications Due July 1, 2022 3 Tags

Hunt runs from August 15 to December 31

Applications available at kiosk at the back door of the Tribal Admin office in Siletz

and on the Tribal website under Natural Resources beginning June 1

Open to Tribal youth age 12-17 who have a valid Hunter Safety Card

Call Natural Resources Manager Mike Kennedy at 541-444-8232 if you have questions

FIND FREE FOOD IN YOUR COMMUNITY



“Our network of food pantries and meal sites is here for everyone—inclusive of all races, gender expressions, religions and immigration statuses”. Visit the Oregon Food Bank’s web-site to find free food near you: <https://www.oregonfoodbank.org/>

We provide free accessible food and clothing assistance to struggling local families and individuals.

We offer food assistance six days a week at our N Thompson location, five days a week at our SE Stark location, as well as 24/7 through our partnership with the Portland Police Bureau who store food boxes at each police precinct that can be dispatched to people in need at any time. In addition to food relief we also offer new and gently used clothing. For more information please visit: <https://sunshinedivision.org/>



Portland Area Office Staff

Name/Title Contact Information

Andrew Johanson (503) 238-1512 x 1419
Area Office Supervisor andrewj@ctsi.nsn.us

Katy Holland (503) 238-1512 x 1418
Education Specialist katyh@ctsi.nsn.us

Vacant (503) 238-1512 x 1413
Comm. Health Advocate

Dianna Edenfield (503) 238-1512 x 1400
Area Office Clerk diannae@ctsi.nsn.us

Anna Renville (503) 238-1512 x 1412
Tribal Service Specialist annar@ctsi.nsn.us

Tamra Russell (503) 238-1512 x 1411
Tribal Service Specialist tamrar@ctsi.nsn.us

Andrew Eddings Work Cell: (541) 270-9717
BH Case Manager andrew@ctsi.nsn.us

Rachel Zinn (503) 238-1512 x 1417
Mental Health Specialist rachelz@ctsi.nsn.us

Andulia WhiteElk (503) 238-1512 x 1414
A & D Counselor anduliaw@ctsi.nsn.us



Portland Potlatch is published by the Confederated Tribes of Siletz Indians Portland Area Office

12790 SE Stark St.
Suite 102
Portland, OR 97233

Phone: (503) 238-1512
Fax: (503) 238-2436
www.ctsi.nsn.us

Other Contact Numbers

Name/Program	Number	Name/Program	Number
Confederated Tribes of Siletz Indians	800-922-1399	Purchased Referred Care (PRC)	800-628-5720
Portland Area Office	(503) 238-1512	Angelina Artiago Portland Elders Rep.	(503) 760-3899
Salem Area Office	1-(503) 390-9494	Kay Steele Portland Elders Rep.	(503) 760-4746
Eugene Area Office	1-(541) 484-4234	NARA	(503) 224-1044
Siletz Community Health Clinic	(800) 648-0449	NAYA	(503) 288-8177