



When food is much more than a commodity

The Confederated Tribes of Siletz Indians leverages government-issued commodities to build a resilient food system that nourishes tribal members. It's paying off.

By Jackleen de La Harpe for Underscore News; originally posted April 12, 2023

The Food Sovereignty Project tells stories about traditional Indigenous knowledge and practices that honor and strengthen the relationship to the plants and animals that sustain all of us. The seven-story project was co-managed by Nicole Charley and Jackleen de La Harpe for Underscore News with generous support from The Roundhouse Foundation. Read the entire series at <https://www.underscore.news/work/food-sovereignty-project>.

The hulking 20,000-square-foot building, sandwiched between a rough road and dark evergreen trees, is unremarkable save for a heap of cedar, pine and fir logs stacked in the muddy parking lot – half for all tribal members, half reserved for elders.

The functional exterior of the food warehouse for the Confederated Tribes



Photo by Alex Milan Tracy, Underscore News

Marci Rilatos oversees commodity food distribution for the Confederated Tribes of Siletz Indians, building partnerships to bring more traditional foods to tribal people.

of Siletz Indians belies what's inside: an orderly and warm storage facility housing frozen, refrigerated and shelf-stable food such as applesauce, boxed milk and cereals. Two forklifts are parked against one wall. The neat-as-a-pin commercial kitchen is as much a place to gather and visit as it is to learn to cook.

This is the domain of Marci Rilatos, U.S. Department of Agriculture (USDA) administrative services clerk for commodities distribution. A tribal member who grew up on the reservation, she knows her community and what they need: who doesn't have a car, who is having trouble at home, who is hungry.

She points out the commodity foods she offers to income-eligible tribal members, including blocks of Maine blueberries, frozen carrots, rolls of bison meat. She picks up a box of cornflakes and shakes it — the sound of possibility.

"Cornflakes are not just for breakfast," Rilatos said. "You can smash them up and whip them with egg and dip your pork or chicken in it, roll in corn flakes to fry or air fry or bake. Melted chocolate chips and cornflakes with peanuts. Yum."

This closet, she says, has extra food for kids who are struggling. Over there is the natural resources cooler with game meat that elders appreciate. Along another wall is the "share box," food that people bring back to the warehouse if they can't use it. Because it's toward the end of the month, there is little to no fresh produce.

Food for health, sustenance

Nearly all of the food in this warehouse are "commods," short for commodity food, provided through the USDA Food Distribution Program on Indian Reservations (FDPIR). Commodities are a necessary part of the food puzzle for

See Food on page 12

Gov. Kotek's first 100 days bring hope to community providers in Lincoln County

From the Phoenix Wellness Center

What started with four people in January 2020, the Phoenix Wellness Center in Newport, Ore., stands today at 15, with the wisdom of serving our community through a pandemic behind us and the hope to continue and expand our work in front of us.

In March of this year, we shared our hopes with Gov. Tina Kotek, who visited our center during her One Oregon Listening Tour. Likewise, she shared her hopes that Oregonians in every part of the state will someday have access to the care they need, when they need it.

This was not just a conversation about hope, however. It was a conversation about so much more – what outcomes do we want to see for our community, what are the barriers to achieving those outcomes and how can the state help? This was a first for us, but from what we know about Gov. Kotek's first 100 days in office, she is having conversations like this every day.

At Phoenix Wellness Center, we know better than most that progress does not happen in isolation. Our founders are members of the Confederated Tribes of Siletz Indians and everyone on our staff brings both lived experience and resilience to the work. We walk our talk through deep partnerships with local law enforcement, local behavioral health providers, Oregon Health Authority, the CARE Program and most importantly, the community we serve.

The Measure 110 dollars that we at Phoenix were awarded directly flow into our community, supporting our organization's ability to offer much-needed culturally specific, trauma-informed one-on-one counseling, parenting classes, youth-specific treatments, group therapy and more. Many of the individuals we serve are low- to no-income and/or experience housing insecurities, and have suffered significant trauma, including historical trauma that has impacted generations.

We did not grow from four to 15 by luck, eight of whom are Siletz Tribal members. We grew from four to 15 through policy, support of our families, hard work and dedication to our community.

That policy should work for all of Oregon the way it has worked for us. We hope Gov. Kotek can take lessons learned from our center, our sheriff, the Newport and Toledo Police Departments, C.H.A.N.C.E Recovery and other community partners committed to leverage Measure 110 dollars to deliver direct benefit to the people who need it most in every part of the state.

As Siletz Tribal members, we look forward to a bright future and continued successful collaboration with our Tribe.



Courtesy photo from Phoenix Wellness Center

First Lady Aimee Kotek Wilson and Gov. Tina Kotek are wrapped in a Siletz Pendleton blanket by Phoenix Wellness Center staff, including (l to r) Ashliegh Ramirez, Danielle Payne, Zeb Payne and Wylie Stokes.



## Chairman's Report

### Salem Casino

I received a call from Gov. Tina Kotek in mid-April letting me know that she was issuing a letter to all Oregon Tribes to notify them that she was not going to approve the Siletz application to take land into trust in Salem for the proposed casino.

The Bureau of Indian Affairs (BIA) has not yet made a decision on our application. The Tribe is close to getting a decision.

I let her know how disappointed I was in her judgement. The governor believes there is a "one casino policy," while we and the state legislature know there is no such policy. I reminded her that we negotiated a compact more than 20 years ago and the Tribe as well as the state need to live up to that negotiation.

Once we get a BIA decision, the Tribe will determine how best to move forward.

### Consent Decree

The negotiation on the consent decree has not yet moved forward. We had hoped to be on the Oregon Department Fish & Wildlife agenda in June. Siletz and Grand Ronde were to come up with a plan to move forward.

With regard to the federal legislation about the consent decree, it was to move forward very soon in Congress. Rep. Val Hoyle will introduce the legislation in the House of Representatives; not sure who will be co-sponsors yet. Sen. Jeff Merkley will re-introduce it in the Senate.

This action is still a high priority for the Tribe and we hope to have a hearing in the House soon.

### Chinook Nation

A motion was passed at our last regular council meeting to support the Chinook Indian Restoration.

### Chemawa Station

The Keizer City Council on April 17, 2023, approved an amendment to the Chemawa Station plan. It will allow us to alter somewhat the kinds of businesses that will go on the property.

The City of Keizer has been very supportive of our efforts and we are excited to see the development take place.

### Memorial Day

Please join us for our Memorial Day Ceremony in Siletz as we give our thanks and our appreciation to all veterans who have given their lives during peace and war times.



Delores Pigsley

## REGENERATING LANDSCAPES RESTORING RELATIONS

OPEN SESSION FOR SILETZ TRIBAL MEMBERS AND THEIR FAMILIES

MAY 19TH FROM 2 - 6 PM AT THE  
CLINIC'S FARM PROPERTY AT  
5213 LOGSDEN RD. LOGSDEN, OR.

### WE WILL BE COVERING

FARM TOUR AND RAINWATER CATCHMENT DEMO  
VEGETABLE PLANTING IN THE GARDEN  
RIPARIAN BRUSH MANAGEMENT  
BEAVER HABITAT RESTORATION

*This activity is running concurrently with the Center for  
Rural Livelihoods & Live Oak Consulting's event.*

NO  
REGISTRATION  
NEEDED

Siletz News is free to enrolled Siletz Tribal members. For all others, a \$12 annual subscription fee applies. Please make checks payable to CTSI and mail to Siletz News.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_

**Change of address:** Tribal members – contact the Enrollment Department at 541-444-8258; 800-922-1399, ext. 1258; or enrollment@ctsi.nsn.us. All others – call the newspaper office.

### Send information to:

Siletz News  
P.O. Box 549  
Siletz, OR 97380-0549  
541-444-8291 or  
800-922-1399, ext. 1291  
Fax: 541-444-2307  
Email: pias@ctsi.nsn.us

**Deadline for the June issue  
is May 10.**

**Submission of articles and  
photos is encouraged.**

**Please see the Passages  
Policy on page 20 when submit-  
ting items for Passages.**



**Member of the Native American  
Journalists Association**

For information about the Siletz Tribe, visit our website at [www.ctsi.nsn.us](http://www.ctsi.nsn.us).

### Elders Council Meeting

The Elders Council will host an in-person/Zoom hybrid meeting on Saturday, May 13, 2023, at 1 p.m. in the banquet room at Aces Sports Bar & Grill in Lincoln City, Ore.

If you have any questions, please contact the Elders Program at 541-444-8212.

## SIGN UP TODAY FOR SPRING ON-LINE LANGUAGE CLASSES

LEARN  
NUU-WEE-YA'  
(OUR LANGUAGE)

TUESDAYS, APRIL 4-JUNE 13

NEW TIME

6:00 PM-BEGINNING CONVERSATION 1  
6:45 PM- BEGINNING CONVERSATION 2

THURSDAYS, APRIL 6-JUNE 15

12:30-LANGUAGE AND LUNCH  
5:00 PM-ONGOING CONVERSATION

SATURDAYS 5/6, 5/27, 6/10

NOON-IMMERSION CONVERSATION HOUR

TO SIGN UP CONTACT NICK VILES AT NICKV@CTSI.NSN.US OR 541-484-4234 X1757



## Ortho screenings for braces

2023

June 15-16

8:30 a.m. - 4:30 p.m.

Siletz Community Health Clinic



Ortho screenings are  
by appointment only.  
Call 541-444-9681  
to schedule.

Open to CHS eligible  
Siletz Tribal members  
of any age  
(can't be in braces currently or  
have been in braces before)

## First Cut Wood for the Elders Day

The Tribal Natural Resources Committee and Natural Resources Department will sponsor the first Cut Wood for the Elders Day of the year on **Saturday, May 20**. The woodcut will be held on the **Tribe's Logsdon Road property to the right of the Tribal food distribution warehouse** in Siletz.

We need lots of volunteers to help cut, split and deliver firewood for Tribal elders. Bring your chainsaws, hydraulic wood splitters, splitting mauls, axes and lots of energy. Even if you don't have any of those, we can use the moral support!

Lunch, drinks and snacks will be provided. We will start at **8 a.m.** and go until around 2 p.m.

The goal of this event will be to deliver firewood to as many elders as possible. The Elders Program maintains a list of elders who burn wood for their winter heat.

People willing to haul firewood to elders outside of the Siletz area can contact A.J Warren in the Elders Program at 800-922-1399, ext. 1212, or 541-444-8212 to be paired up with an elder in need. We especially need folks who can haul wood to the Eugene, Salem and Portland areas.

Elders in need of firewood should also contact A.J. to get their name on the delivery list.

If you have parents or grandparents who burn wood in the winter to stay warm, you need to help out at this event.

## 2023

### Confederated Tribes of Siletz Indians Memorial Day Ceremony

May 29, 2023  
11 a.m.  
Government Hill  
Siletz, Oregon

Procession to Veterans Memorial – Honor Guard  
Dancing Again Singers

*The Lord's Prayer* – Siletz Royalty  
Welcome – Tribal Council Chairman Delores Pigsley  
Memorial Day Address – Guest Speaker  
Presentation of Flowers  
Gun Salute – Honor Guard  
*Taps*

Closing – Dancing Again Singers  
Lunch at the Tribal Community Center  
Provided by the Cultural Heritage Committee – Noon

## Apply now for Siletz Tribal Head Start

The Siletz Tribal Head Start program is accepting applications for the 2022-2023 school year. We have classrooms in Siletz, Lincoln City, Salem and Portland and offer services to promote children's school readiness skills and assist families with supporting their child's lifelong learning.

Classrooms are in session Monday-Thursday. We provide roundtrip transportation and developmentally appropriate activities to promote each child's success.

To qualify, children must be age 3 or 4 by the local school district's age cut-off date, and income limits may apply. Head Start applications can be found on the Tribal website or can be requested by calling 541-444-2450 or 800-922-1399 and asking for Head Start.

## CTSI VIRTUAL CULTURE NIGHTS



ALL TRIBAL MEMBERS AND FAMILIES WELCOME

### Upcoming Dates:

**May 3 at 6 pm: Spring Foods**

**June 7 at 6 pm: Nee-dash**

Sponsored by the Education and Culture Departments  
Contact Nick Viles at [nickv@ctsi.nsn.us](mailto:nickv@ctsi.nsn.us) or 541-484-4234 x1757 to sign up

### Tipi Drawing

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Roll#: \_\_\_\_\_

For Siletz Tribal members to use during the Nesika Illahee Pow-Wow on Aug 11-13, 2023. One entry per household. Must be a Siletz Tribal member to enter.

Deadline for entries is June 9, 2023. Names will be drawn soon after the deadline. Return the form to Siletz Pow-Wow, Attn: Tipi Drawing, P.O. Box 549, Siletz, OR 97380-0549. Applications are located on the Tribal website under the Pow-Wow tab – <https://www.ctsi.nsn.us/heritage/pow-wow/>.

**Note: You do not win the tipi. The drawing is only for a stay in the tipi over pow-wow weekend.**

### 2023-2024 Siletz Royalty Applications

Applications are being accepted for 2023-2024 Miss Siletz, Junior Miss Siletz and Little Miss Siletz.

Applications must be turned in by the end of the workday (4:30 p.m.) no later than June 1, 2023. Applications can be sent to Siletz Pow-Wow Committee, P.O. Box 549, Siletz, OR 97380-0549.

Applications can be downloaded from the Tribal website located under the pow wow tab – <https://www.ctsi.nsn.us/heritage/pow-wow/>.

If you have any questions, contact Buddy Lane at 800-922-1399, ext. 1230; 541-444-8230; or [buddyl@ctsi.nsn.us](mailto:buddyl@ctsi.nsn.us).



## Changes coming to Childcare Assistance Program

Beginning May 1, 2023, changes to the CTSI Childcare Assistance Program will be in effect. These changes include the return of co-payments for families with incomes above the federal poverty level and new payment rates for providers.

Co-payments are based upon household income and household size, and range from 1-4%. Payment rates for providers are based on the geographic area or ZIP code of the provider and their qualifications and training.

The CTSI Childcare Assistance Program helps Siletz Tribal families living in the Tribal 11-county service area pay for their childcare expenses while they participate in a work activity. Work activities include working, looking for work, students or participating in a job training program.

To be eligible, children must be 12 years of age or younger, and either an enrolled member of the Siletz Tribe or eligible to enroll in the Tribe, or be the descendant or dependent of an enrolled member of the Tribe.

For more information about the CTSI Childcare Assistance Program, please call DeAnn Brown, Head Start director, at 541-444-2450 or email at [deannb@ctsi.nsn.us](mailto:deannb@ctsi.nsn.us).

## Seeking associate judges for Siletz Tribal Court

The Siletz Tribal Court consists of a chief judge and such associate judges as the Tribal Council shall determine are necessary for the efficient operation of the Tribal Court. Associate judges shall include judges for the Siletz Community Law Court, Siletz District Court, Siletz Court of Appeals and Siletz Gaming Court.

The Siletz Tribal Council is considering the reappointment of the associate judges, but desires to seek additional individuals who are qualified and interested in an appointment for the courts listed above.

For detailed information on qualifications, responsibilities and duties of the Siletz Tribal Court judges, please refer to the Tribe's website – [www.ctsi.nsn.us](http://www.ctsi.nsn.us); under the Government Listings Tab, select Court & Justice, then select Tribal Ordinances, then select Tribal Court Rules of Procedures. Information for Judicial Officers, Qualifications, Terms and Scope of Duties is located beginning at § 3.010.

If interested in possible appointment as an associate judge, please submit your résumé to Siletz Tribal Council, P.O. Box 549, Siletz, Oregon 97380-0549. Résumés will be accepted through June 7, 2023.

**CTSI Jobs** – Tribal employment information is available at [ctsi.nsn.us](http://ctsi.nsn.us).

## Supporting detoxification for our children safely through a variety of options

By Nancy Ludwig, MS, RDN, LD, Head Start Consulting Nutritionist

*As follow up to last month addressing how environment toxins impact our health and create a tendency toward weight gain, we now focus on detoxification for our children with holistic approaches including nutrition and lifestyle. I offer this information for families in my role as consultant nutritionist to Siletz Tribal Head Start. Children are our future.*

Dr. Elisia Song, MD, holistic pediatrician, is a voice of hope for children even when she speaks about environmental toxicity. Much of the information below was shared by Dr. Song as part of a Toxicity and Detoxification Masterclass by Michael of Rebel Health Tribe.

Dr. Song speaks about making healthy choices to help children thrive. She shares concerns that children are uniquely vulnerable to toxins at increased exposure relative to adults. They are exposed during critical times of development, setting the stage for lifelong impacts.

Children's intestinal and blood-brain barriers are more permeable and their detoxification pathways are immature with decreased abilities. Dr. Song also recommended a resource by a Canadian pediatrician found in the resources below.

In today's world, children are sicker than ever before. Dr. Song reminds us not to fret about our past or carry guilt, but to move forward with informed choices to support our children. When we know better, we can do better without living in a bubble of fear.

First, a note regarding prenatal exposures. While exposure is a serious concern for an unborn child, detoxification should be avoided during pregnancy and lactation as this would be more dangerous to the developing child. Detoxification, however, reducing stress and optimizing the gut microbiome is recommended 3-6 months prior to pregnancy.

Before doing any kind of detoxification, it is essential to always keep elimination pathways open. The most

active pathways are pee, poop and sweat. If bowels are not moving, stop and focus there or this will not work at all.

1. To support urination (pee): Stay hydrated, drink fluids with mineral support for detoxification such as coconut water, bone broth or "clean" electrolyte drinks.
2. The goal for poop is stool that is soft and well-formed, every day to every other day. Water, fiber, magnesium and movement support bowel movements. Constipation is a serious concern and it is becoming more frequent in children.
3. Sweat is another pathway for elimination. Exercise is a good way to sweat, which has additional benefits as well.

Next, focus on optimizing gut health – highlights below:

1. Take in fiber, fermented foods, phytonutrients, fish oil and probiotic supplements (L. rhamnosus, L. casei, B. breve may be especially helpful for detox).
2. Let your child choose foods from the rainbow of color for fiber sources. Remember, tan/brown packs the biggest fiber punch, with seeds, nuts, legumes and whole grains.
3. Serve fermented foods such as yogurt, kefir, kombucha, kvass, sauerkraut, pickled vegetables, raw unfiltered apple cider vinegar, miso, natto, tempeh and kimchi.
4. Nutrients to support detoxification include:
  - a. Colorful phytonutrients – Choose fruits and vegetables from the rainbow.
  - b. Sulfur-rich foods – These are the stinky ones because sulfur is what smells stinky to most of us. Examples include kale, broccoli, cauliflower, cabbage, Brussels sprouts, bok choy, arugula, collard greens, watercress, Swiss chard, mushrooms, garlic, onions, asparagus, spinach and radish.

- c. Vitamin C-rich foods, such as papaya, citrus fruit, berries, bell peppers, broccoli, Brussels sprouts, spinach, watercress, asparagus, tomatoes, pineapple, cantaloupe, mangos and guava. Note that some of these foods are on both lists.
- d. Omega 3-rich foods, including fish such as mackerel, salmon, herring, sardines, anchovies, plus oysters and caviar. Plant sources include seaweed, chia seeds, hemp seeds, flax seeds, walnuts and soybeans.
- e. Supplements, as needed, like glutathione, methylation support and mitochondrial support.
- f. Epsom salt baths (magnesium sulfate) absorbed through the skin.

Helpful lifestyle strategies that are important to achieve detox success include sleep and mindfulness. Many of the brain's healing and detox functions occur during sleep. To succeed with detox, sleep is important and many kids are chronically sleep deprived. It may be important to reduce nighttime blue light exposure, such as electronic screens.

Supports for sleep may include phosphatidyl serine to reduce cortisol excess, melatonin to fall asleep, and inositol to stay asleep. Homeopathic remedies may also help, such as *coffea cruda* for "wired" mind and body or *Ignatia* for worries and grief.

Mindfulness is surprisingly helpful for detox success. It can improve heart rate variability (HRV), which is a physical measurement independent of dietary change. It has been seen that happiness, positive emotions and high HRV are associated with higher gut microbiome diversity in children.

Conversely, high stress and low HRV are associated with lower gut microbiome diversity in children. When you optimize HRV, you also optimize vagal tone and health.

It can be useful to practice mindfulness meditation anywhere and anytime

with your children. Below are three different approaches:

1. Stop. Look. Listen. These are common words to ask when crossing the street.
  - a. **Stop** – and pay attention to what is around you.
  - b. **Look** – with five senses. First close your eyes and listen, ask yourself: What do I hear? What do I smell? What do I taste? What do I feel on my skin? Then open your eyes and ask, What do I see? Often it is something new that was not noticed before.
  - c. **Listen** and ask – How I feel in this moment?
2. Practice the loving kindness meditation: Start with yourself, then think about others, even if you don't know them, with the following words:

May I feel safe • May I feel happy  
May I feel healthy • May I live with ease  
May you feel safe • May you feel happy  
May you feel healthy  
May you live with ease

3. Teach your child to belly breathe (also known as diaphragmatic breathing). This can bring calm and reduce anxiety. Face it, a calm body is better able to detox and be healthy

Siletz Tribal Head Start offers nutritional support at no cost to Head Start families. If you have nutrition concerns about your Head Start child or want to discuss family nutrition concerns, please contact your teacher or the director and ask for a phone call with the nutritionist.

### Resources

Dr. Elisa Song, MD: [www.healthykidshappykids.com](http://www.healthykidshappykids.com); Facebook: [www.facebook.com/DrElisaSongMD](https://www.facebook.com/DrElisaSongMD)

Website: Little Things Matter, Protecting Children from Toxic Chemicals <https://littletthingsmatter.ca>





Courtesy photo above by Jordan Taylor  
Photo below by Andy Taylor

Egg hunters are on the prowl for goodies and fun at the annual Tribal Easter Egg Hunt on April 8. This event is planned and carried out by the Cultural, Youth Services and Higher Education programs.



# YOUTH COUNCIL MEETING

OPEN TO  
SILETZ TRIBAL  
YOUTH,  
AGES 12 - 24

Transportation provided  
with prior registration

**May 7th, 2023**  
**at 11 AM**

**AT THE UNIVERSITY  
OF OREGON  
IN EUGENE**

CONTACT YOUR EDUCATION  
SPECIALIST TO SIGN UP

Katy Holland  
Portland Area  
KatyH@ctsi.nsn.us

Sonya Moody-Jurado  
Salem Area  
SonyaMJ@ctsi.nsn.us

Jeff Sweet  
Siletz Area  
JeffS@ctsi.nsn.us

Candace Hill  
Eugene Area  
CandaceH@ctsi.nsn.us

For more info, email  
ElizabethM@ctsi.nsn.us

## USDA distribution dates for May

	Siletz		Salem
Monday	May 1 9 a.m. – 3 p.m.	Monday	May 15 1:30 – 6:30 p.m.
Tuesday	May 2 9 a.m. – 3 p.m.	Tuesday	May 16 9 a.m. – 6:30 p.m.
Wednesday	May 3 9 a.m. – 3 p.m.	Wednesday	May 17 <span style="color: red;">By appt only</span>
Thursday	May 4 9 a.m. – 3 p.m.		
Friday	May 5 9 a.m. – 3 p.m.		

Sammy Hall, USDA Program Director  
541-444-8279; sammyh@ctsi.nsn.us  
Fax: 541-444-8306 or 503-391-4296

LIKE us on Facebook at Siletz Tribal FDPIR.

We would like to see more people sharing their recipes on our FB page.

Confederated Tribes of Siletz Indians

## ANNUAL NESIKA ILLAHEE POW-WOW

AUGUST 11TH - 13TH, 2023

Pauline Ricks Memorial Pow-Wow Grounds  
Government Hill, Siletz, OR

Alcohol &  
Drug Free  
Event

All are  
welcome to  
attend!

**CATEGORIES**

Golden Age/Adult | \$600, \$500, \$400, \$300, \$200

Teen | \$300, \$250, \$200, \$150, \$100

Youth | \$150, \$100, \$75, \$50, \$25

Teen & Youth Preliminaries Occur Friday Night

**SPECIALS**

Team Dance | Women's Basket Cap Special (Open) | Round Bustle (Open)

Jackson Fancy Dance Memorial

**ALL DANCERS & DRUMMERS WELCOME!**

Drummers- please bring your own chairs

Vendor registration is required.

Camping Fee \$25; \$5 pet fee/ per pet (camping area) Camp Grounds Open Thursday at 8 AM  
Drug & Alcohol-Free Event. For more info, call: 800-922-1399, Buddy Lane Ext. 1230  
[www.ctsi.nsn.us/heritage/pow-wow](http://www.ctsi.nsn.us/heritage/pow-wow)

THURSDAY

August 10th

Royalty Pageant  
6 PM

FRIDAY

August 11th

Memorial/Giveaways  
Noon - 5 PM

Presentation of Crowns  
6 PM

Grand Entry  
7 PM

SATURDAY

August 12th

Parade  
10 AM

Points Awarded for  
Participation

Grand Entry  
1 PM &  
7 PM

SUNDAY

August 13th

Grand Entry  
12 PM

Salmon Dinner to Follow

Sponsored by  
Chinook Winds Casino Resor  
& Pepsi Bottling Co.

**TRIBAL COURT OF THE  
CONFEDERATED TRIBES  
OF SILETZ INDIANS OF  
OREGON**

Court Address  
201 SE Swan Ave.  
P.O. Box 549  
Siletz, OR 97380

**NOTICE OF PENDING LITIGATION**

**APRIL 17, 2023**

**IN THE MATTER OF: Siletz Tribal Per Capita Distribution**

These matters came before the Court on review and the court being fully informed finds as follows:

FINDING OF FACT

- 1) The Court has jurisdiction to review this matter as the Respondents' are members of the Confederated Tribes of Siletz Indians (CTSI).
- 2) Petitioner filed a Notice to Offset/Attach Tribal Per Capita in the Siletz Tribal Court.

ORDER

The following Tribal members have a lien filed against their per capita and do not have a valid mailing address with the Enrollment Department and need to contact Tribal Court so that a notice can be sent:

Names		
First	Last	#
Manuel	Bayya	#1804
Trever	Cole	#2208
Rebecca	Espino	#2680
Christopher	Oleman	#2500

SO ORDERED this 17th day of April 2023.

Mark B. Williams, Chief Judge  
Siletz Tribal Court

SILETZ

APR 17 2023

TRIBAL COURT

May 2023 • Siletz News • 5





# Siletz Community

Find us on Facebook! Siletz Community Health Department

## EVENTS - May 2023

MMIP Awareness Event

05/05/23 @5:30pm

Every Thursday Virtual 5:30pm

Every Wednesday In-Person

Trauma Group

Ribbon Skirt Making TBD (limited spots)

Contact [rachellee@ctsi.nsn.us](mailto:rachellee@ctsi.nsn.us) for more information.

We are excited to announce the new LGBTQIA2S+ group forming in the Siletz community. After tallying the votes, we have confirmed "Nuu-da'-ya" (Our Family) for the name. We will begin to have meetings and facilitate events. We want to program around the community's interests as well as hosting upcoming Pride events in June and will look for volunteers and community members to participate. If you are interested in joining us, please reach out to [SiletzHarmReduction@ctsi.nsn.us](mailto:SiletzHarmReduction@ctsi.nsn.us). We would love to hear from you!



The *Portraits In RED* Painting Project. Nayana LaFond, the artist of this project, paints Missing and/or Murdered Indigenous People throughout Canada and the United States.

".....This project is a labor of love. It has found me and inspired a mission of raising awareness and honoring the memory of those lost. I hope it helps those still here heal, even if only a very small amount. Perhaps it will help someone still suffering gain the courage to get help. You are not alone, you are not without hope, we are your sisters and we are here beside you." —Nayana LaFond

On Feb. 2, the Confederated Tribes of Siletz Indians partnered with the Pacific Maritime Heritage Museum in Newport, Ore., to bring in ceremony for the *Portraits In RED* exhibit. The artist featured 4 Siletz Tribal members, 3 of whom have been reported to the authorities as Missing and Murdered Indigenous People and the 4<sup>th</sup> one is an activist for this epidemic. CTSI's CARE Program opened the exhibit with ceremony and Tribal Council member Selene Rilatos opened with prayer, with families of the missing and many relatives from the Siletz Tribe.

The CARE Program, Tribal Council members Selene Rilatos and Angela Ramirez, and Nayona LaFond sat on a panel discussion on MMIP with the community on March 23, 2023, at the Pacific Maritime Heritage Museum, where the paintings are on display. Community members had a lot of questions on human trafficking and how they can help Tribal communities and surrounding areas fight this epidemic.

SCHC Executive Director Miranda Williams and CARE hosted a lunch with our current MMIP families and Nayana to meet and talk about their stories together. It was an honor to host Nayana and get to know her and why she started this project. The lunch also gave space for families to get to know each other and know they are not alone and have support.

If you are interested in becoming a voice for our relatives, please contact the CARE Program. While meeting with families, we received a suggestion to start a group that solely focuses on MMIP issues and our Tribal relatives coming alongside one another during this time; also making posters, billboards, a phone tree or safe space to grieve.



## Missing & Murdered Indigenous Persons &



THE CARE PROGRAM & DIABETES DEPARTMENT INVITE YOU TO JOIN US ON

**MAY 5, 2023, AT THE SILETZ REC CENTER**

**FROM 5:30PM to 8:30PM**

**Traditional dinners from both Native and Mexican-American  
Indigenous cultures will be provided**

**Friendship dances**

**Activities for the family**

**Information on the history of the MMIP epidemic with our  
Native and Mexican Indigenous peoples**

**RAFFLE TICKET FOR EACH PERSON AT THE DOOR**

**EVENT IS FREE TO THE PUBLIC**

**Please contact Rachelle Endres at [rachellee@ctsi.nsn.us](mailto:rachellee@ctsi.nsn.us) or at**

**541-444-9638 for further information.**



**RIBBON SKIRT  
GATHERING  
LIMITED SPACE  
AVAILABLE**

**TBD IN MAY**

**SILETZ COMMUNITY  
HEALTH CLINIC  
SHELL ROOM  
4 - 7 PM**



**WE WILL SUPPLY MATERIALS OR  
YOU CAN BRING YOUR OWN**

**For more information call  
Serena Depoe at (541)444-8326**







## April is Sexual Assault awareness month.

### Asthma and Allergy Awareness Month

Asthma affects more than 25 million Americans and between February and early summer is when seasonal allergies can really give asthma-suffering people the most trouble. Asthma is a chronic disease that causes the airways to become inflamed, making it hard to breath. There is no cure for asthma, however, it can be managed by avoiding triggers such as pollen, smoke, dust and whatever you could be allergic to. It's best to carry your asthma medication when you're out and about just in case and be mindful of symptoms like coughing, wheezing or shortness of breath. With allergies being a big trigger for asthma, it's important to understand how allergies can affect us. Allergies occur when our body's immune system overreacts to a substance it sees as harmful. The immune system makes antibodies called immunoglobulin E (IgE), which respond to allergens. The resulting symptoms are an allergic reaction. People can be allergic to almost anything, including pollen, food, pets, mold and latex. Symptoms can include sneezing, hives or rash, swelling in the throat and mouth, and even anaphylaxis, which is a life-threatening reaction. The best way to prevent allergies is to avoid allergens and be sure to carry medications you may need with you. Talk to your primary care provider if you have asthma or allergy concerns.

Jamie Boe, Community Health Advocate

<https://www.aafa.org/>



### MAY IS NATIONAL WILDFIRE AWARENESS MONTH

**Prepare for Wildfires** Have several ways to receive alerts. [Download the FEMA app](#) and receive real-time alerts from the National Weather Service for up to five locations nationwide. [Sign up for community alerts](#) in your area and be aware of the Emergency Alert System (EAS) and Wireless Emergency Alert (WEA), which requires no sign-up.

Pay attention to [air quality alerts](#).

#### Make an Emergency Plan

- Make sure everyone in your household knows and understands what to do if you need to quickly evacuate.
- Don't forget a plan for the [office, kids' daycare and anywhere you frequent](#).

#### Review Important Documents

Make sure your [insurance policies and personal documents](#), like ID, are up to date. Make copies and keep them in a secure password-protected digital space.

#### Strengthen your Home

- Use fire-resistant materials to build, renovate or make repairs.
- Find an outdoor water source with a hose that can reach any area of your property.

Create a [fire-resistant zone](#) that is free of leaves, debris or flammable materials for at least 30 feet from your home. Designate a room that can be closed off from outside air. Close all doors and windows. Set up a portable air cleaner to keep indoor pollution levels low when smoky conditions exist.

#### Know your Evacuation Zone



### The Truth About Fentanyl


This handout contains information everyone should know about fentanyl.

#### The facts

- Fentanyl is a powerful opioid, 50–100 times more potent than heroin.
- Fentanyl gets added into many drugs, including "normal looking" pills.
- A pill containing fentanyl can look exactly like a pill without fentanyl.
- Two pills with different amounts of fentanyl can look exactly the same.
- Many people don't realize they are taking fentanyl.
- Fentanyl is causing a dramatic increase in overdoses.
- Anyone who uses drugs can overdose, even if it's their first time or if they have been using for a long time.


#### Naloxone

Naloxone (Narcan or Kloxxado) can reverse a fentanyl overdose. Fentanyl is a strong opioid, so you may need multiple (3, 4, or more) doses of naloxone. The biggest risk in giving someone too much naloxone is a more intense withdrawal.



#### Help people who are overdosing

If you have gloves and a mask, wear them for extra safety. You've got to breathe in a VERY LARGE amount of fentanyl over a REALLY LONG time to even begin to feel its effects - like dust-storm levels in a closed room for over 3 hours.



#### If you get fentanyl powder on you

Dry fentanyl powder is not absorbed by skin. Your skin will only absorb fentanyl powder if it's mixed with a liquid.

- While dry, brush off as much as you can.
- Don't touch your mouth or eyes where fentanyl can be easily absorbed.
- Flush with water (to dilute the fentanyl).
- Wash your clothes.

### 4 Truths about Vaping:

1. Vape is not water vapor, it's more like breathing in bug spray.
2. The nicotine in vapes causes addiction and will increase stress and anxiety, not reduce it.
3. The long term effects of vaping is still unknown, they used to think smoking was fine, until they discovered it was killing over 7 million people around the world every year.
4. People are twice as likely to start smoking cigarettes if they vape regularly even if they have never smoked

### CULTURE IS PREVENTION



1-800-QUIT-NOW

AI/AN Line Now Available

#### Free commercial tobacco cessation support!

- 1 on 1 Counseling
- Nicotine Replacement Therapy
- Creating a Personalized Quit Plan
- Quit Kits to help you get started
- 24/7 Support, 1-800-QUIT-NOW (1-800-784-8669)

For more information call: 541-444-9682



# Healthy Traditions

For more information regarding activities contact  
Healthy Traditions  
541.444.9627 or [kathyk@ctsi.nsn.us](mailto:kathyk@ctsi.nsn.us)

## Community Garden Opens May 5th

**Garden spots are available!**

Contact: Kathy 541.444.9627 email: [kathyk@ctsi.nsn.us](mailto:kathyk@ctsi.nsn.us)

## Container Gardening and Plant giveaway!

**May 19-20th 3-6pm**

Open to Siletz Tribal members and their families!

### Hazel Stick Season!

If you are interested in learning traditional Siletz basket weaving, it all starts with gathering your materials and processing them.

Hazel sticks are only available one time during the year. We have a co-managed area that we have been preparing for stick harvesting for several years.

Contact Kathy if you would like to be notified when we are going to the area.

**\*This activity is open to Tribal members and their families**



# Health Promotion Activities sponsored by: Diabetes Prevention Team

Hosted by the  
**Indigenous Gardens Network**

## Camas Restoration Camp

Dv-ne-Tillicum

**June 2nd - June 4th**

Vesper Meadow in Ashland, OR

Deadline to Register is: May 30th, 2023

Available to Siletz & Grand Ronde Tribal members and their families

*Practicing stewardship and positive  
relationships with the land.*

### Contact to Register

For Siletz: Jacob Reid  
JacobR@ctsi.nsn.us

For Grand Ronde: Cristina Lara  
Cristina.Lara@grandronde.org

Drug and alcohol free event.  
Please plan for limited cell service.  
Gas cards will be provided. Camping is available.

Limited Spots Available!

**Register ASAP**



For more information  
about registering, please  
contact:

JacobR@ctsi.nsn.us

For more information:  
Richard Bayya  
Richardb@ctsi.nsn.us

kayaks rafts paddleboards lifejackets transportation accessories & more

## REC CENTER RENTALS

Outdoor  
recreation  
equipment is  
available to check  
out for Siletz  
Tribal Members &  
CTSI Staff

**For FREE**

For More Information

Call  
541-444-9656

Email  
TillicumFitnessCenter@ctsi.nsn.us

To rent, visit:  
[confederated-tribes-of-siletz-indians.booqable.shop](https://confederated-tribes-of-siletz-indians.booqable.shop)

You are only charged if you fail to return equipment.





**Mary Lou Grove**  
**Born March 1, 1932**  
**Passed on March 1, 2023**

### Siletz Tribal Charitable Contribution Fund Recruitment for Advisory Board

Applications are being accepted for one Siletz Tribal member position and one Lincoln County non-Tribal member position interested in serving on the Advisory Board of the Siletz Tribal Charitable Contribution Fund (STCCF) for a three-year appointment from July 2023 through June 2026. **The deadline for receipt of applications is 4:30 p.m. on May 31, 2023.**

The STCCF Advisory Board has seven members, including one Siletz Tribal Council representative, three at-large Siletz Tribal members and three non-Tribal positions. Board members serve in a volunteer capacity but are reimbursed for travel mileage and per diem for attendance at advisory board meetings and charitable award distribution receptions.

The Advisory Board meets quarterly in January, April, July and October to review applications from charitable nonprofits, community service organizations and other local education and government programs.

Board members send award fund recommendations to Tribal Council for final review and approval. Board members also attend quarterly receptions held at Chinook Winds Casino Resort to assist with the distribution of award checks.

To learn more about the Tribal charitable fund, contact Rosie Williams at [stccf@live.com](mailto:stccf@live.com); 800-922-1399, ext. 1227; 541-444-8227; or visit [www.ctsi.nsn.us/Charitable-Contribution-Fund](http://www.ctsi.nsn.us/Charitable-Contribution-Fund).

#### Siletz Tribal Charitable Contribution Fund 2023 Application for Advisory Board

Name: \_\_\_\_\_ Tribal Member [ ] Non-Tribal [ ]

Address: \_\_\_\_\_

City/State/ZIP: \_\_\_\_\_

Telephone: (Day) \_\_\_\_\_ (Evening) \_\_\_\_\_

Email: \_\_\_\_\_

RETURN TO: Siletz Tribal Charitable Contribution Fund  
PO. Box 549, Siletz, OR 97380-0549  
Attention: Rosie Williams  
Fax: 541-444-2307 / Email: [stccf@live.com](mailto:stccf@live.com)

## Run to the 2023 Rogue Update

This year, R2R will take place  
**October 13th, 14th & 15th**

This change is to avoid cancelations  
due to wildfire season.

We look forward to seeing you for  
**Run to the Rogue in October!**

**IMPORTANT  
PRC  
UPDATE!**

**STARTING  
MAY 1ST, 2023**

**Save Our  
New Number**

**541-  
444-  
9677**

**SILETZ COMMUNITY HEALTH CLINIC**  
200 GWEE-SHUT RD SILETZ, OR

**THE PURCHASED/REFERRED CARE  
PHONE NUMBER IS CHANGING!**

**STARTING MAY 1ST, YOU CAN CALL PRC DIRECTLY AT**  
**541-444-9677**

All other PRC phone numbers will be deactivated within the coming months. Until then, an automated voice message will direct callers to contact PRC using our new number.

**This update allows you to contact PRC directly-  
no more transferred calls or phone trees!**

**DID YOU KNOW?**  
You can also contact PRC by email at  
**SILETZPRC@CTSI.NSN.US**

Legal Aid Services of Oregon and the Oregon Law Center, civil legal service providers for low-income Oregonians, operate a public benefits hotline where low-income Oregonians can talk to lawyers and paralegals to get advice on public benefits, including unemployment benefits:

**Oregon public benefits hotline: 800-520-5292  
or [Oregonlawhelp.org](http://Oregonlawhelp.org)**

### Temporary Tribal Student Assistance Program

The Siletz Tribal Housing Department's Temporary Tribal Student Assistance Program (TTSAP) will start accepting applications for the 2023-2024 academic year on May 1, 2023.

#### Program Information

- ✱ TTSAP assists Tribal students who will attend a college, university, vocational or trade school.
- ✱ TTSAP is a time-limited program. Funding is for one academic year.
- ✱ TTSAP assists students with rent or room and board in a dormitory.
- ✱ The student's share of the rent is 30% of their adjusted annual income. Important note: The student might be required to remit a portion of the rent. For example, if a student is working, the wages will affect the student's share of the rent.
- ✱ Assistance is not transferable.

**STHD will accept applications May 1-31, 2023. If applications are received after May 31, 2023, they will not be accepted by the Siletz Tribal Housing Department.**

To obtain an application, please stop by the STHD's office at 555 Tolowa Court, Siletz OR, 97380 or call 800-922-1399, ext.1315, or 541-444-8315.

Applications can also be downloaded from the Siletz Tribe's website at <http://www.ctsi.nsn.us/>.

Cecelia De Anda  
[ceceliad@ctsi.nsn.us](mailto:ceceliad@ctsi.nsn.us)  
Rental Assistance Program Coordinator/ Resident Services Advocate





Disaster can strike without warning. Complete your free Emergency Financial First Aid Kit (EFFAK) today to organize all your crucial documents for peace of mind tomorrow. Get started today at <https://community.fema.gov/EFFAK>. #BeInformed



**Siletz Tribe Revolving Credit Program Lowers Interest Rates**

The Siletz Tribe Revolving Credit Program provides consumer, home improvement and small business loans to qualified Tribal members. STRCP has competitive rates compared to most conventional lenders. With three loan tiers available, borrowing money is easier than you may think. For more information on our loan program contact:

Tracy Garrison – [Tgarrison@stbcorp.net](mailto:Tgarrison@stbcorp.net) or 541-351-9152

**Siletz Tribal Behavioral Health Programs**

**Prevention, Outpatient Treatment, and Women’s and Men’s Transitional Living Center**

**Siletz:** 800-600-5599 or 541-444-8286

**Eugene:** 541-484-4234

**Salem:** 503-390-9494

**Portland:** 503-238-1512

**Narcotics Anonymous Toll-Free Help Line – 877-233-4287**

**For information on Alcoholics Anonymous:** [aa-oregon.org](http://aa-oregon.org)

**“Hi, I can help with OHP.”**

**Do you need help with OHP?**

You don’t have to leave your home to apply!

Applications can now be done online or over the phone.

Shop for health plans at <https://or.checkbookhealth.org/> or call direct at 855-268-9767.

**541-444-9611**

## Graduates!



**Ginger Keller**  
**Valdez High School**

Ginger, granddaughter of Ron and Pam (Fisher) Keller, will graduate from Valdez High School (Valdez, Alaska). She will attend the University of Alaska Fairbanks in the fall to pursue a certificate in the health care field.



**Tama St. Onge**  
**Willamette University**

Tama will graduate from Willamette University (Salem, Ore.) as an exercise and health science major with a minor in Spanish. While not sure of her future plans, Tana is considering grad school for either public health or occupational therapy. For now, she wants to be a barista before possibly working as a personal trainer at PUSH Fitness in Salem.

While at Willamette, Tama was a resident advisor, one of two Bearcat Pantry coordinators and an executive member of the Native and Indigenous Student Union.

**CTSI Jobs – [ctsi.nsn.us](http://ctsi.nsn.us)**

Note: “Open Until Filled” vacancies may close at any time. The Tribe’s Indian Preference policy will apply. Tribal government will not discriminate in selection because of race, creed, age, sex, color, national origin, physical handicap, marital status, politics, membership or non-membership in an employee organization.

**For more information about the Siletz Tribe, visit [ctsi.nsn.us](http://ctsi.nsn.us).**

**Siletz Tribal Vocational Rehabilitation Program (STVRP)**

STVRP is here to help members of ANY federally recognized Tribe (living within the Siletz Tribe’s service area) with barriers to employment. We work with individuals who have disabilities.

**Examples of Services**

- Guidance and counseling
- Referral to employment services
- Résumé writing
- Interviewing techniques
- Job coaching

- Culturally relevant and individualized services
- Evaluations, assessments and training placement opportunities
- Adaptive equipment

• Spirituality

• Intellectual & mind

• Emotional

• Physical

For more information about STVRP, please inquire at 800-922-1399. We also maintain resource and employment boards, so please make an appointment if you’re interested. You can speak to VR staff in the following locations:

**Makayla Jackson**  
**Job Development Specialist**  
Eugene Area Office  
2468 W 11th Ave.  
Eugene, OR 97402  
541-484-4234, ext. 1752

**Tamra Russell**  
**Self-Sufficiency Counselor 1**  
Portland Area Office  
12790 SE Stark St., STE 102  
Portland, OR 97233  
503-238-1512, ext. 1411

**Toni Leija**  
**Job Development Specialist**  
Salem Area Office  
3160 Blossom Drive NE, STE 105  
Salem, OR 97305  
503-390-9494, ext. 1861

**Jamie Bokuro**  
**Job Development Specialist**  
Siletz Area Office  
201 SE Swan Ave.  
Siletz, OR 97380  
541-444-8266





**Shu' - 'aa-xu  
Round Dance  
March 25, 2023  
Siletz Valley School**

Photos by Andy Taylor

Family and friends dance together at the Shu' - 'aa-xu Round Dance on March 25. This round dance was organized by members of the community for cultural celebration.

Above (l to r): Katya Rilatos, Skeeter Lancaster, Crystal Hinds, Tasha Rilatos, Tiffany Stuart, Johannah Wolf, Allivea Hernandez, Naiya Mason and Tehya Seltenreich.

Right (l to r): Shawna Gray and Alicia Keene



## Food, continued from page 1

many tribal members both on and off the reservation, helping to take the pressure off low-income households. Those who apply and **qualify** – in 2021, a net annual income of no more than \$28,380 for a family of four – are eligible for a monthly box of food.

Shelley UpChurch, 72, an enrolled Siletz member and treasurer for the tribal Elders Council, has lived on the reservation since 1998, when she moved back to Oregon to care for her aging parents. She lives in a cozy two-bedroom apartment in housing the tribe provides for elders. From her kitchen window, she can see the sacred tribal Dance House adjacent to a grove of fir trees, trunks straight as flag poles. Over the bank, the Siletz River rushes west to the Pacific Ocean.

UpChurch initially used SNAP benefits to buy food, but the closest store in Siletz is small and expensive, she said, while larger, more affordable grocery stores in Toledo and Newport are too far away. FDPIR is simple: she shops by checklist and, a few weeks later, picks up her choices at the warehouse. She mentions that she has diabetes and while she appreciates “commodities,” she says she wishes they were more friendly for those, like her, who manage this disease.

### Commodities on reservations

Historically, the U.S. government restricted tribes’ ability to hunt and gather the traditional foods — game, fish, roots and berries — that had sustained Native people for millennia. Hunting and gathering were replaced by commodities, government-issued rations like lard and flour, surplus foods that, at times, arrived

on the reservation rancid or rotten. Many people starved.

“There is a history of rations, then the military diet in boarding schools, then families in need program, then FDPIR. They are technically separate programs with separate authorizations, but the models are the same. Renamed, same model,” wrote A-dae Romero-Briones in an email. Romero-Briones is Director of Programs for Native Agriculture and Food Systems at the First Nations Development Institute.

This is a familiar story for many tribes, a throughline from the past to reservations today. Nearly half of the 574 federally recognized Native American tribes in the U.S. participate in the commodity system.

In 1857, the U.S. government forcibly removed the 27 bands that comprise the Confederated Tribes of the Siletz Indians from their homelands — west of the Cascade Mountains, from the Rogue River to north of the Columbia River — and confined them to the Siletz reservation. They were required to relinquish the guns, arrows and arrowheads they used for hunting and couldn’t access off-reservation hunting grounds.

“It was illegal to leave the reservation. You could be shot,” said Sherry Addis, a tribal elder, adding that the Siletz tyee, or chief, “begged” the government for food. “I don’t know how you get out of bed when you lose 90 percent of your relatives,” she said, referring to a tribal mortality rate from starvation described in a book about the history of the Siletz peoples, *The People Are Dancing Again*.

Despite the risks, some continued to hunt and fish for their relatives and neighbors. Kevin Goodell, 59, a foreman for the

Siletz Natural Resources Department, said his dad and his dad’s closest friend would sometimes slip off the reservation to fish for lamprey and harvest deer. Later, they would drive around in an old pickup truck and distribute fish and meat.

“It was an ugly scene,” Goodell said. “Our people have survived with probably less money than any other culture. It’s shocking we are still here.”

Selene Rilatos, 61, who also grew up on the reservation and is a member of the Siletz Tribal Council, learned as a girl how to fish and hunt, skills she is grateful to know. She echoed Goodell’s memories of poverty and food insecurity on the reservation.

“As my father used to say, ‘Our people were never rich — our richness is in our culture and the love of the land,’” she said.

### Building sovereignty with land, partnerships

Today, the Siletz Tribe is strengthening food sovereignty on several fronts. Last year, the tribe purchased a 38-acre farm five miles east of Siletz and is beginning to grow food that tribal members can harvest at the farm, both wild and cultivated.

The Siletz forged an agreement with the Oregon Department of Fish and Wildlife so that the tribe gets more than 4,000 pounds of hatchery salmon each year, along with game meat that the state confiscates from poachers, hunters who shot the wrong animal or people hunting without a license. And Siletz is on a USDA registry that delivers additional food from farmers and producers, which is distributed from its warehouse.

The FDPIR program is also changing, slowly, due in large part to work by

Native people to change the USDA Farm Bill. For many years, Indigenous farmers and ranchers petitioned to have their products — fish, meat, produce — included in FDPIR. In the 2018 Farm Bill, which comes up for renewal every five years, Congress provided \$3.5 million to eight tribal nations for a demonstration project to buy food that better reflects traditional diets, including Native-harvested and grown foods. The Native Farm Bill coalition is advocating for additional changes to the 2023 Farm Bill.

Lummi Nation was awarded funding for the Self-Determination Demonstration Project. Tribal fishermen catch salmon and vacuum seal the fish into serving packages, which is then provided to tribal members.

“One year,” said Dewey Solomon Jr., a 50-year-old Lummi tribal member and FDPIR certification supervisor, “our tribal elders received frozen catfish from Mississippi in their food boxes. The elders laughed — especially because right out our front door are salmon, crab and shrimp. That’s how we make our living, so being able to sell our catch to USDA allows us to feed our tribe in the ways we know.”

Food sovereignty is key to the larger goal of self-determination, said Buck Jones, the salmon marketing specialist for the Columbia River Inter-Tribal Fish Commission. A tribe’s ability to provide its own food “defines who we are as a people,” he said.

“We can’t be sovereign if we’re not controlling our own foods,” Jones said. “Getting traditional food back into our people, that’s wealth right there. The things our ancestors taught us continue to guide us today.”



# Summer Research Training Institute

June 12-June 23, 2023 | Virtual

## 2023 CLASSES

Epidemiology Basics  
Program Evaluation  
Grant Writing  
R Software Skills  
ArcGIS Software Skills  
Data Visualization  
Intermediate Epidemiology  
Research Storytelling  
Grant Management & Budgeting  
Technical Writing  
Collaborative Writing Circles  
And Lunchtime Seminars!

Register Now

SCAN ME



<https://cvent.me/YwVN8d>

NW NARCH



NIGMS Under Award Number 1S06GM141002

## Lincoln County Jail seeks volunteers

The Lincoln County Jail in Newport, Ore., is seeking additional cultural practitioners to provide services to American Indians who are incarcerated. They are seeking both female and male practitioners to provide online, one-on-one and group guidance (once it is safe to hold in-person meetings).

If you have questions, please contact Lisa Norton at [lisan@ctsi.nsn.us](mailto:lisan@ctsi.nsn.us). If you want to volunteer, contact Dennis Buckmaster ([dbuckmaster@co.lincoln.or.us](mailto:dbuckmaster@co.lincoln.or.us)) to start the process. This process does include a background check, but all situations will be considered individually.

## Intro to Construction



Offering entry level skills training for individuals interested in construction careers.

Receive over 40 hours of training including:

- OSHA 10 Certification
- Basic First Aid / CPR Card
- Entry Level Equipment Operation:  
Skid Steer  
Manlift  
Telehandler

Trainees will also be invited to engage with potential employers.

**Tuition: \$3500—Waived for those who qualify.**  
To receive additional details, including registration information complete the online form located at:  
<https://forms.office.com/r/ThrkJkbKB>

### GENERAL INFORMATION:

Tuition support is provided through a Future Ready Oregon Grant via the Willamette Workforce Partnership. A complete Future Ready Oregon application package will be required of all trainees who receive tuition support.

All trainees must have a valid drivers license, and comp/steel toed footwear—all other PPE will be provided. Must be 18 years of age.  
Consistent participation during training is required. Any absence must be arranged in advance with the instructor. Unexcused absences will result in dismissal from training.



Willamette Workforce Partnership/Knife River Training Center is an equal opportunity program/employer. Language assistance is available to individuals with limited English proficiency free of cost. Auxiliary aids or services are available upon request to individuals with disabilities. Oregon Relay 1.800.735.2900

### \*SCHEDULE:

Mon.—Fri.; 8:00 a.m.—5:00 p.m.

Week of April 10  
Week of May 22  
Week of June 19  
Week of June 26

@Knife River Training Center  
35973 Kennel Rd. SE, Albany OR

\*Schedule may be subject to change due to registration or training conflicts.

Complete request for registration at:



New Beginnings for Tribal Students (NBTS) and the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians (CTCLUSI) present

## SAVE THE DATE

### OSU Indigenous Youth Summer Camp

August 20-25, 2023

Hands-on FUN outdoor field trips to learn about **ENVIRONMENTAL SCIENCE AND CAREERS.**

Designed for Indigenous youth entering 9<sup>th</sup> – 12<sup>th</sup> grades.

Open to self-identifying Indigenous youth in Oregon.

- Learn about going to college and how to get help with financial aid, scholarships, and explore majors!
- Field trip activities to include freshwater snorkeling, Hatfield Marine Science Center, ethnobotany, traditional canoeing and much more.
- Stay in the dorms at Oregon State University in Corvallis, Oregon.
- FREE and all meals and 24-hour supervision provided.

REGISTRATION WILL BE OPEN SOON.

MORE INFORMATION AT

<https://ely.oregonstate.edu/indigenous-youth-program/>

This camp is a partnership of CTCLUSI, OSU and SWOCC with support from a USDA New Beginnings for Tribal Students (NBTS). Co-sponsored by the OSU Department of Fisheries, Wildlife and Conservation Sciences, Oregon Sea Grant and the Calapooia Watershed Council.



FOR QUESTIONS CONTACT:

CTCLUSI  
Jemiah Wassman or  
Jesse Beers  
(541) 888-9577

Bessie Joyce  
NBTS Program Manager  
[bessiejoyce4@gmail.com](mailto:bessiejoyce4@gmail.com)  
(541) 743-6106



## Job Opening: Project Director

Elderberry Wisdom Farm is hiring a Project Director for the Native Agriculture Biodiversity Accelerator. This is a full-time exempt salaried role responsible for coordinating agricultural and horticultural career pathway planning and trainings for cohorts of Native Americans interested in becoming owners and operators of their own microenterprise business.

- Help plan internships
- Recruit cohorts of interns
- Provide business training
- Work with partners integrating Western science practices
- Help interns form microenterprises

To apply, contact Sara:

[info@elderberrywisdom.org](mailto:info@elderberrywisdom.org)

Elderberry Wisdom Farm

[www.elderberrywisdom.org](http://www.elderberrywisdom.org)





# STUDENT GRADUATION STOLE PROGRAM

REQUEST FORMS  
ARE DUE MAY 31ST

High School through  
Graduate School

CONTACT AN EDUCATION  
SPECIALIST FOR AN APP

Katy Holland Portland/Washington KatyH@ctsi.nsn.us	Sonya Moody-Jurado Salem Area SonyaMJ@ctsi.nsn.us
Jeff Sweet Siletz Area JeffS@ctsi.nsn.us	Candace Hill Eugene/Out-of-Area CandaceH@ctsi.nsn.us

Applicants must be an enrolled Siletz Tribal member at time of graduation

## CTSI STUDENT LAPTOP STIPEND PROGRAM

**2023 Application Period:  
June 1st - June 30th**

**Eligibility:**

- Enrolled Siletz Tribal Member and enrolled full/part time college student
- Submit completed application (with required documentation) by the deadline
- Can not have received a laptop stipend within the last 4 academic years

**Contact your Education Specialist for an application.**

Katy Holland <b>Portland Area</b> KatyH@ctsi.nsn.us 503-238-1512	Sonya Moody-Jurado <b>Salem Area</b> SonyaMJ@ctsi.nsn.us 503-390-9494	Candace Hill <b>Eugene/Out of Area</b> CandaceH@ctsi.nsn.us 541-484-4234	Jeff Sweet <b>Siletz Area</b> JeffS@ctsi.nsn.us 541-444-8207
---	--	---	---


Funding is limited: stipends will be awarded on a first come, first served basis.

### Website is one-stop shop for college grants

The Higher Education Coordinating Commission (HECC) encourages students and families preparing for college to go to [OregonStudent-Aid.gov](https://OregonStudent-Aid.gov) to check out the more than 500 grant and scholarship opportunities.

It's a one-stop shop for information, including the Free Application for Federal Student Aid (FAFSA), Oregon Promise and the Oregon Opportunity Grant.

**For information about the Siletz Tribal language program, visit [siletzlanguage.org](https://siletzlanguage.org).**



## Senate Bill 13: Tribal History/Shared History

The Confederated Tribes of Siletz Indians is releasing curriculum for Oregon K-12 public schools to provide "historically accurate, culturally embedded, place-based, contemporary, and developmentally appropriate" lessons about

***Siletz tribal people, history, culture, homelands, and government...***

### LESSON PLANS

Lesson plans cover a range of subjects and content areas including English language arts, social studies, math, and science. Lessons include information about tribal history, traditional homelands, culture, and art as well as modern tribal government, ecological stewardship, and cultural revitalization.

**Questions about the Lesson Plans?**

Drop by weekly virtual office hours with CTSI Culture Staff to discuss any questions about curriculum content

Wednesdays 3:00-4:00, January 4-June 14

Email [culture@ctsi.nsn.us](mailto:culture@ctsi.nsn.us) for login information

K-1st Grade	2nd Grade	4th Grade	5th Grade	6th Grade	8th Grade	9th Grade	10th Grade	11th Grade
-------------	-----------	-----------	-----------	-----------	-----------	-----------	------------	------------

Find lessons at [www.ctsi.nsn.us/sb-13-curriculum](https://www.ctsi.nsn.us/sb-13-curriculum)

## Siletz Tribal Members Online Academic Support

### Free Virtual Tutoring!

- \* **24/7 On-Demand Access to Online Professional Tutors**
- \* **GED Support**
- \* **All Subjects and Grade Levels- From Kindergarten through College/University**
- \* **Individualized Help in All Subjects**
- \* **SAT & ACT Prep; College Course Level Help and More**
- \* **All Tribal Students Eligible to Apply, Regardless of Residence.**

Contact your local Education Specialist to sign up:

Siletz & Out-of-Area Jeff- JeffS@ctsi.nsn.us	Salem Sonya- SonyaMJ@ctsi.nsn.us
Portland Katy- KatyH@ctsi.nsn.us	Eugene Candace- CandaceH@ctsi.nsn.us

**Please Note:**  
Students **MUST** complete a Tutoring Application to register. Tutoring hours are available on a first come first serve basis as resources are available.



## Scholarships

- Fastweb (scholarship search engine)
- Big Future (scholarship search engine)
- Pacific Northwest Scholarship Guide (scholarship search engine)
- OregonStudentAid.gov
- OTR Diversity in Business Scholarship  
Deadline: May 25, 2023
- Too Cool to Pay for School Scholarship  
Deadline: June 30, 2023
- OppU Achievers Scholarship  
Deadline: June 30, Sept. 30 & Dec. 31, 2023
- Touchmark Foundation Nursing Scholarship  
Deadline: June 30 & Dec. 30, 2023
- Be the Boss Scholarship  
Deadline: Sept. 15, 2023
- Dr. Pepper Tuition Giveaway  
Deadline: Oct. 13, 2023
- LasikPlus "My Vision" Essay Scholarship  
Deadline: Nov. 30, 2023
- LA Tutors Innovation in Education Scholarships  
Deadline: 20<sup>th</sup> of each month
- Scholarship Points \$2,500 Scholarship  
Deadline: Monthly
- Nitro College Scholarship  
Deadline: Monthly
- Smart Owl Scholarship  
Deadline: Monthly
- Be Bold \$25,000 Scholarship  
Deadline: Monthly
- CollegExpress Monthly Scholarship  
Deadline: Monthly
- Christian Connector \$2,500 Scholarship  
Deadline: Quarterly
- Scholarship for Social Impact  
Deadline: Rolling
- AIS Scholarship  
Deadline: Varies
- Open Education Database Graduate and Ph.D. Scholarships  
Deadline: Varies
- Tribal College/University Scholarships  
Deadline: Ongoing
- American Indian Service Scholarships  
Deadline: Ongoing
- American Indian Science and Engineering Society (AISES) Scholarships  
Deadline: Ongoing
- American Meteorological Society Minority Scholarships  
Deadline: Ongoing
- Army Emergency Relief Scholarships  
Deadline: Ongoing
- Catching the Dream Scholarships  
Deadline: Ongoing
- College Board Scholarship  
Deadline: Ongoing
- National Action Council for Minorities in Engineering  
Deadline: Varies

## Other Opportunities

- Oregon Promise Grant
- Portland Community College Career Pathways Program
- UO Home Flight Scholars Program
- Oregon Tribal Student Grant
- UC Native American Opportunity Plan
- NPAIHB Youth Delegate Program  
Deadline: May 30, 2023
- Thrive Youth Conference  
June 26-30, 2023 (Portland, Ore.)
- NPAIHB Youth Intern Host Sites  
Deadline: Rolling
- Fund for Indigenous Journalists: Reporting on MMIWG2T  
Deadline: Rolling
- Amber Grants  
Deadline: Rolling
- NAYA Ninth Grade Counts  
Deadline: Rolling
- Dept. of Energy Scholars Program  
Deadline: Ongoing
- National Park Service Tribal Stewards Inclusion Program  
Deadline: Ongoing
- Center for Native American Youth at the Aspen Institute – Generation Indigenous Network Youth Ambassador
- National Youth Leadership Forum STEM Program Nomination Form  
Deadline: Various

## Important information for college-bound Tribal seniors

### May

- This is the deadline for final decisions for universities.
- Send letter of intent to registrar.
- Line up a summer job.
- Attend your Senior Awards Night.
- Review any award letters and be sure you understand the terms and conditions that accompany each type of aid.
- If necessary, arrange for housing and a meal plan (at school).
- Send thank you notes to any person/committee from which you received a scholarship.

### June

- Tribal higher education and adult vocational training applications are due June 30!
- Attend graduation – congratulations!
- Make arrangements for your final grades to be sent to colleges and universities.
- Good luck!

## Internships

- Cronin and Company  
Deadline: Open
- Liberty Mutual Insurance TechStart Summer Internship  
Deadline: Open
- DropBox – Remote Customer Experience Program and Project Management Intern – Summer 2023  
Deadline: Open
- Roku  
Deadline: Multiple/Open
- Nike N7 Undergraduate Internship  
Deadline: Multiple
- Nike Internships  
Deadline: Multiple
- Tesla Internships (spring 2023)  
Deadline: Multiple
- The Home Depot Remote Human Resources Internships (summer 2023)  
Deadline: Multiple
- Starbucks Public Affairs and Communications Internship (summer 2023)  
Deadline: Open
- Paramount Pictures Internships (summer 2023)  
Deadline: Multiple
- Brighthouse Financial 2023 Remote Marketing Summer Intern  
Deadline: Multiple
- WSJ Magazine Internship/Summer 2023  
Deadline: Open
- DMS Internships  
Deadline: Ongoing
- Apple Business, Marketing and G&A Internships  
Deadline: Multiple
- Coca-Cola Company Marketing Summer Intern  
Deadline: Open
- Amazon Undergraduate Program Internships  
Deadline: Multiple
- Habitat Restoration Internship  
Deadline: Various
- Meta (Facebook) Data Center Engineering Internships  
Deadline: Various
- Public Lands Internship Program  
Deadline: Various
- NOAA Internships  
Deadline: Ongoing
- Code Switch Internship  
Deadline: Various
- HP 3D Printing Engineering Intern  
Deadline: Open until filled
- WOTE Agricultural Incubator Intern  
Deadline: Various
- Saturday Academy Internships  
Deadline: Multiple
- EPA Environ. Research/Bus. Support  
Deadline: Multiple
- National Science Foundation Research Experiences for Undergraduates  
Deadline: Multiple
- Indian Land Tenure Foundation  
Deadline: Multiple

## Fellowships

- MBA Special Advisor Fellowship  
Deadline: Ongoing
- Franklin Talent Exchange Program  
Deadline: Ongoing
- NYT Local Investigations Fellowship  
Deadline: Rolling
- Institute for Citizens and Scholars Fellowships  
Deadline: Various
- American Indian Graduate Center  
Deadline: Ongoing
- NOAA Fellowships  
Deadline: Ongoing
- Master of Forest Resources Fellowships  
Deadline: Open until filled
- NW NA Research Centers for Health Research Support Fellowship  
Deadline: Rolling
- Northwestern University's Center for Native American and Indigenous Research Undergraduate Fellowships  
Deadline: Rolling
- Fred Hutchinson Cancer Research Center Post-Doctoral Research Fellow  
Deadline: Multiple
- Claremont NA Fellowship  
Deadlines: Multiple

# JOM FAMILIES

Follow the CTSI Education department on the CTSI Youth Facebook page and in your local area newsletter for monthly youth program information.



@CTSIYouth

Email your local Education Specialist to be added to our email list:

<b>Portland Area Office</b>	<b>Siletz Area</b>	<b>Salem Area Office</b>	<b>Eugene Area Office</b>
Katy Holland	Jeff Sweet	Sonya Moody-Jurado	Candace Hill
503-238-1512	541-444-8207	503-390-9494	541-484-4234
KatyH@ctsi.nsn.us	JeffS@ctsi.nsn.us	SonyaMJ@ctsi.nsn.us	CandaceH@ctsi.nsn.us



Tribal Council Timesheets for March 2023

Frank Aspria – 3/1/23-3/31/23

TC	Ind	Gmg	STBC	ED	Tvl	
3.5	3.5	1.75			3/1-4	Housing Cmte, email
3.25	3.25	.5			3/6-7	Interviews, Natural Resources Cmte, email
.75	.75				3/8	Court ruling, attorney mtg
2.5	2.5	.75			3/9-10	Portland community mtg, toll mtg, email
8.5	8.5				3/11-12	Interior budget, DC update, email
5.25	5.25			1.25	3/13-15	Packets, email, econ dev
4.5	4.25				3/16	Regular TC, email,
3.75	3.75	3			3/17-22	Email, packets
1.25	1.5	2.5			3/23	Out-of-area comm mtg, packets
4.75	4.75	8		1.5	3/24-31	Special TC – gaming; toll mtg, email

Loraine Y. Butler – 3/1/23-3/31/23

TC	Ind	Gmg	STBC	ED	Tvl	
3.5	3.5				3/1-6	CEDARR, packets
3.5	3.5				3/8-9	Attorney, CPT, packets
2.75	2.75				3/10-13	NASRAC mtg, packets
2.25	2.25				3/14	Culture Cmte, packets
2.25	2.25				3/16	Regular TC
1.25	1.25	2			3/20-22	Chemawa Station, packets
		4.5			3/24	Special TC – gaming
		10			3/27-29	IGA

Alfred Lane III – 3/1/23-3/31/23

TC	Ind	Gmg	STBC	ED	Tvl	
3.25	3.25				3/2	Meet w/ Rep. Blumenauer’s office, meet w/ Gov. Kotek, meet w/ Chinook, Salem project
				2	3/3	Audit/Investment Comm
8	8			23	3/5-7	Capitol Hill mtgs
.5	.5				3/14	Packets
4	4			10.5	3/16-17	Regular TC, meet w asst sec

Alfred Lane IV – 3/1/23-3/31/23

TC	Ind	Gmg	STBC	ED	Tvl	
.25	.25				3/2	Packets
8	8				3/5-7	Meetings in DC
1.25	1.25				3/9	Portland community mtg
1.75	1.75				3/11-14	STAHS, packets
2.75	2.75				3/16	Regular TC
1.5	1.5				3/20-22	Packets

Bonnie Petersen – 3/1/23-3/31/23

TC	Ind	Gmg	STBC	ED	Tvl	
2.25	.2.25				1.5	3/1-2 CEDARR, OIN mtg, email
2.75	2.75	.5			3/3-8	Email, reading, interview prep, CPT prep, atty mtg
2.5	2.5				3/9	Interviews, USDA mtg, CPT, review minutes, email
3	3			2	3/10-11	NASRAC mtg, email, admin, reading, STAHS activities
.75	.75			1	3/13	Pow-Wow Cmte, econ dev, email
3.5	3.5				3/15	LCIS mtg, email, reading
2.75	2.75				3/16	Regular TC, email
1.5	1.5				3/17-18	Email, calls, research, admin
1.25	1.25				3/20	Chemawa LLC, email, research
3.25	3.25	1.5			3/21-22	SOU mtg, meet w/ Dee, email, research, packets, meeting prep, reading
1.25	1.25	4.5			3/23-30	Special TC – gaming, email

Delores Pigsley – 3/1/23-3/31/23

TC	Ind	Gmg	STBC	ED	Tvl	
1	1				3/1	Mail, agenda items
2.5	2.5			1	2.5	3/2 Meet w/ Chinook & governor’s office, mail
2.5	2.5	1			2.5	3/3-4 Investment/Audit Cmte, evals, mail, meeting prep
8	8				20	3/5-7 Meetings w/ Interior and congressional, mail
6.25	6.25					3/8-12 Mail, agenda items
3.5	3.5					3/13-14 Meet w/ Keizer Heritage, mail, prep for council
2.5	2.5	1.25			1.25	3/15 LCIS, gaming commission, mail
4.75	4.75				10	3/16-17 Regular TC, meet w/ secretary of interior, mail
2	2					3/18-19 Mail, agenda items
2.5	2.5	1.5			2.5	3/20-22 Chemawa Station, mail, agenda items, prep for council
1	1				4	3/23 Meet w/ SOU
1	1	4.75			2.5	3/24 Special TC – gaming
1.75	1.75					3/25-26 Mail, agenda items
1.25	1.25				7	3/27 Meet w/ governor’s office
1.25	1.25	12.5			8	3/28-31 IGA, mail, agenda items

Angela Ramirez – 3/1/23-3/31/23

TC	Ind	Gmg	STBC	ED	Tvl	
4.5	4.75					3/1-8 Email, packets
6	6					3/1-5 STAHS
.5	.5					3/6 Education Cmte
2.75	2.75					3/8 Legal, STAHS
8.5	8.5					3/9-23 Email, packets
4.5	4.75					3/9-10 STAHS, legal
7.5	7.5					3/11-13 STAHS
2.5	2.5					3/16 Regular TC
1.5	1.5	1.5				3/19-20 Gaming mtg, design, STAHS
.5	.5					3/21 SVS board
1	1					3/23 DV/CARE panel
		5				3/24 Special TC – gaming
3.25	3.5					3/24-31 Email, packets
.75	.5					3/31 STAHS

Selene Rilatos – 3/1/23-3/31/23

TC	Ind	Gmg	STBC	ED	Tvl	
3.5	3.5					3/1-5 QBM, email, packets, calls
3.25	3.25					3/6 Health Cmte, calls, email
1.25	1.25					3/7 COVID mtg, NPAIHB mtg
1	1					3/8 Email, calls, packets
.75	.75					3/9 USDA reg dir visit
3.5	3.5					3/10-12 Email, packets, calls
2.75	2.75			.5		3/13 Tribal caucus, SCP, email, packets
2.5	2.5					3/14 NPAIHB COVID, email
1.5	1.5					3/15 COVID ECHO, email
3	3					3/16 Regular TC, packets
4.5	4.5					3/18-20 Email, packets, calls
4.5	4.5					3/21-23 NPAIHB COVID, email, packets, calls
1	1	4.5				3/24 Special TC – gaming, email, packets
1.75	1.75					3/26-27 Email, packets, phone calls
.75	.75					3/28 COVID mtg, email
1.5	1.5					3/29-31 Email, packets, calls



# Chinook Winds

## CASINO RESORT

**MAY 26 & 27 • 8:00PM • \$15**



HEADLINER  
**KIVI ROGERS**



FEATURING  
**DANIEL EACHUS**



HOST  
**TRAVIS NELSON**

Tickets available at the Chinook Winds Casino Resort Box Office.  
Buy by phone at 1-888-MAIN-ACT or online at chinookwinds.com.  
21 and over event, doors open at 7pm with a no-host bar.

Sunday, May 14 is Mother's Day but Mom's day doesn't have to end there...

### BONUS MOTHER'S DAY



**SLOT TOURNAMENT**

**MAY 15, 2023 9:30AM - 12:00PM**

**REGISTRATION STARTS 8:30AM**

Top finishing Mom wins 500 Sand Dollars  
All session winners take a bonus 25 Sand Dollars

THERE ARE ALL KINDS OF WINNINGS OUT THERE. IF YOU CALL THE WOODS HOME, AND SLEEP THROUGH THE WINTER, A **BEEHIVE** MIGHT BE JUST THE THING.



IF YOU PLAY AT THE BEACH WITH US, A SHARE OF A HONEYPOT OF OVER **\$30,000** IN **SWEET CASH & PRIZES** MIGHT JUST "COMPLETE YOU."

**WEEKLY "HONEY DIPPER" DRAWINGS**

**SUNDAYS IN MAY**

**4PM • 5PM • 6PM**

HELP US HELP YOU. GATHER FREE DRAWING ENTRIES WEEKLY WITH YOUR WINNERS CIRCLE CARD BEGINNING MAY 1, 2023.



MEMBER:  
1 free entry



MVP:  
2 free entries



PREMIER:  
3 free entries



ELITE:  
4 free entries

**GET EVEN MORE ENTRIES WITH YOUR TRACKED PLAY!**



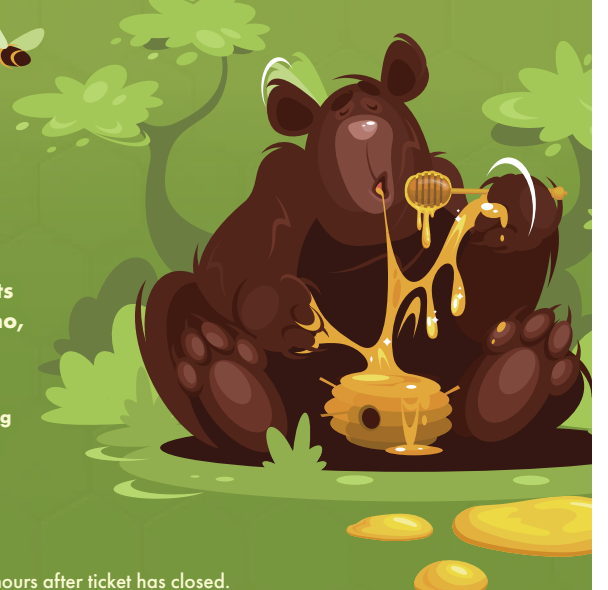
**SPORTS**  
WAGERING



Earn an entry with every 100 points earned on Slots, Table Games, Keno, Bingo and Sports Wagering.

Activate your entries starting one hour before each drawing up until each drawing time by inserting your Winners Circle card in any slot machine or swiping into any promotional kiosk, and activating the "Show Me The Honey" entries on the Promotions tab.

Sports Wagering entries will be applied 24 hours after ticket has closed.



**GRIT'S Glamour**

PAM TILLIS • LORRIE MORGAN



**MAY 12 & 13**

**TICKETS**

**\$25 - \$40**

Complete rules for all promotions at Winners Circle. Management reserves the right to alter or withdraw any of these promotions at any time.



**chinookwinds.com • 1-888-CHINOOK • Lincoln City**





# The Elder Experience – An Interview with Tribal Elder Ed Ben

By Teresa Simmons, courtesy of STAHS

It would be impossible to adequately convey the full story of Edmond Ben’s life in the space available. To say he’s an institution would be an understatement. What I can do is give you a brief outline and a small glimpse of Ed Ben’s journey over his 95 years. I listened intently as I visited with him to gather the material for this article filled with dates and accomplishments. A twinkle in his eye, however, and a bit of a grin were dead giveaways for the occasional humorous memories he shared. It was hard to stay on track from time to time. So here goes:

A long life of sharing, participation, encouragement and observation and the oldest member of the Siletz Tribe, Ed has worn many hats: WWII Navy veteran, member of the Air Force Reserve, logger, Oregon State corrections officer, fine craftsman, orator, husband, brother, friend and a very proud father.

The eldest child of Archie Ben and Victoria Butler Ben, Edmond Ben was born in his grandmother Ella Ben’s house on Christmas Day 1927. He was one of seven children: Vicki, Maxine, Virginia (stillborn), Richard (who was killed in a car accident at age 21), Shirley and Ray.

Ed joined the Navy in 1945 at age 17 and was stationed in the Philippines just as WWII was coming to an end. Upon his discharge in 1946, he came back to Siletz and went to work in the logging industry, which was the main source of income in the area at the time.

There were numerous gypo logging outfits in the county and Ed worked for several. Between 1946 and 1950, he was employed by Johnny Essex, Mulkey and Downey, Balderee, the Ring Brothers and Whitey Willis among others. He drove bulldozer for Wilbur Martin and finally between 1950 and 1952 he worked for C.D. Johnson.

During that time he met his forever love, his wife Dolores. Ed told me they met through one of Dolores’ friends, possibly while he was cruising the main drag in Toledo following a teen dance at the Eagles Lodge. They married in 1948 and lived with his parents for a time before moving to the housing project in Siletz.

With the natural progression of newly wedded bliss, their son Gerald (Butch) was born in 1949 in Toledo followed by son Rod in 1952, the same year that Ed and Dolores moved to Salem. Their youngest son, Ed Jr., joined the family in 1957.

Ed took some business classes after the move and applied for two jobs that were presented to him. Although it was not his first choice of the two, he was hired at the Oregon State Prison as a corrections officer, where he worked until his retirement nearly 30 years later in 1982.

Ed had some harrowing experiences while he was there, two prison riots and fires among them. He was well-liked by the inmates and working together, he and the prisoners who were trapped with him in the riot and fire of 1968 were able to escape the inferno.

Ed’s son, Ed Jr., wrote: “He and several convicts were trapped in a burning building on an upper floor. They were



Courtesy photo from Ed Ben Jr.

Above: Ed and Dolores are shown in this five generations photo with their sons and some of their nine grandchildren, 17 great-grandchildren and three great-great-grandchildren.

Courtesy photo from Teresa Simmons

Right: Ed Ben in full regalia

able to break a window that reportedly had shatterproof glass and then cut out metal bars with a saw made to cut wood, not metal. They escaped by going through a small hole in the bars. Convicts below helped by catching the men as they fell to the lower roof. They then helped dad get out of the prison instead of attacking him or taking him hostage, as they had done with other guards. Speaks volumes about the kind of person my father is. In 2019 a book was written called *Crime and Corrections* that had the inmates’ testimonies in it.”

Ed has been active in the events of the Siletz Tribe his entire life. His first memory of dancing with his family was at the home of Johnny Williams when he was perhaps 7 years old. His father, Archie Ben, formed an American Indian dance group that performed all over the state, sometimes representing the Eagles Lodge of which Archie was a member. The lodge provided a truck or a trailer that could be used as a float.

The Ben family and other members of the Tribe often participated in the Loyalty Days Parade in Newport and many others, including the Albany Veteran’s Day parade in which one year they were awarded the Grand Marshal’s Award for their float, This Land is Our Land.

Ed served on the Tribal Council prior to Tribal Restoration. Always willing to speak for the people, Ed was one of a group that traveled to Washington, D.C., in 1976 at the invitation of the U.S. government to the Siletz Tribe. Other Tribes from the Northwest participated, including Warm Springs.

They were housed at Georgetown University and bused to the reflecting pool every day where they danced. His mom and dad, sister Shirley, brother Ray, Delores Pigsley, Pauline Ricks, Katherine Harrison and members of the Bell and Easter families were all there.

Years later, Ed and Alfred “Junior” Lane and four other WWII survivors were invited to return to Washington, D.C., to be part of the dedication of the WWII Memo-

rial. They were accompanied by Siletz Veterans Representative Tony Molina.

Over the last several years, Ed could be found many, many times dressed in full regalia, carrying the Eagle Staff and leading the Tribal Honor Guard at the opening of events, both Tribal and non-Tribal. His devoted wife Dolores, who passed away last year, accompanied him and was always nearby cheering him on. All three sons followed in the tradition to promote their Tribal heritage. Sadly, son Rod passed away in 2003.

Together, Ed and Dolores hand-crafted literally hundreds of beautiful dentalium necklaces that have been presented to performers at Chinook Winds Casino and dignitaries at various functions and awards. Fine full dress regalia is among his many other creations.

Ed has always been a strong voice for the Siletz Tribe, recounting the history in great detail. His amazing memory and



ability to put voice to the struggles of the Siletz people have served as catalysts in not only enlightening the greater community, but also in reminding the younger generations of the history and the sacrifices of the previous generations. We can and have learned a great deal from him over the years, not just from his words, but also from his deeds.

I asked Ed what he would want to share with the younger generation and he replied, “If you have the opportunity to go on to school, do it and do it to the best of your ability.”

Thanks, Ed, for all that you do.

## Siletz Tribal Student Incentives Program

If you have completed any of these milestones, please send a copy of your certificate or diploma to your area education specialist. The Siletz Tribal Student Incentive Program rewards student achievements as follows:

Head Start/Preschool	\$10
Kindergarten	\$10
Elementary School	\$20
Middle School	\$50

High School or GED	\$100
Adult Vocational Training	
One-year program	\$100
Two-year program	\$200
Higher Education	
Bachelor’s Degree	Pendleton blanket plus \$75
Master’s Degree	\$300
Doctorate Degree	Pendleton blanket plus \$300

### Tribal Education Specialists

Portland Area Office: Katy Holland, 503-238-1512, 12790 SE Stark St., Suite 102, Portland, OR 97233  
Salem Area Office: Sonya Moody-Jurado, 503-390-9494, 3160 Blossom Drive NE, Suite 105, Salem, OR 97305  
Eugene Area Office: Candace Hill, 541-484-4234, 2468 W 11<sup>th</sup> Ave., Eugene, OR 97402  
Siletz Area Office: Jeff Sweet, 541-444-8207, P.O. Box 549, Siletz, OR 97380-0549





To my men mentors:

I, Socetna A. Butler, would like to thank you – Sally and Charlie Butler, Dan Smith and John Monroe – for taking the time and showing me how to cut, split and stick firewood to complete 20 hours of community service. I would also like to thank Ralph and Calvin Easter for letting me serve and help my disabled elders. It was an honor to work with each and every one of you, and Mike Kennedy. Thank you for helping with my community service. Socetna

To the editor:

Some FAQs concerning an urgent issue follow:  
**What’s the beef that Siletz Tribal Council (TC) is having with the Chinook Indian Nation (CIN)?** Before 2018, warm and friendly relations existed between Siletz and Chinook. Then, Siletz TC attempted to horn in on CIN’s Indian Claims Commissions settlement award both in federal court (where Siletz lost) and at the BIA hearings level (where Siletz lost again). Controversial statements concerning CIN have more recently been included in letters sent by Siletz officials to regional organizations. And in April 2023, Siletz TC refused to offer full support to Chinook’s restoration efforts and instead made CIN’s dismemberment a precondition for Siletz support.

**Why has the present Siletz TC not yet given full support to CIN?** Someone on/near Siletz TC appears to have been successfully offering this advice: We’d better extract some sort of concession from CIN in exchange for our support – something along the lines of the Consent Decree giving up Siletz hunting/fishing rights in exchange for State of Oregon’s support for Siletz Reservation legislation. Siletz TC’s demand is that CIN abandon two-fifths of its constituent Tribes whose ancestral lands lay along the south bank of the Columbia River (Clatsop and Kathlamet Tribes) in exchange for Siletz support.

**Won’t Siletz lose out by fully supporting CIN?** No. While hope for control over CIN wealth prompted a past Siletz TC to pursue expensive legal claims against CIN, these claims failed (see above). Siletz TC chose not to appeal either legal defeat. Siletz chances of winning future claims for CIN wealth/territory would remain non-existent because Grand Ronde and other Tribes that haven’t fought CIN claims – which they consider legitimate – would likely contest any future Siletz claims to Clatsop and Kathlamet territory/wealth – which other Tribes (along with historians and anthropologists) view as illegitimate. No loss will come from Siletz dropping dubious claims. Rather, Siletz will save money by foregoing costs of further expensive legal services.

**What will result if Siletz TC continues its present approach?** Coercing or harming another Tribe in a time of need can be expected to “come round” to Siletz after Siletz helps it “go round” to Chinook. (Ancestral Dee-ni’ proverb: “Ch’ee-nvk nay-ghe, k’wee-nvk nay-ghe.”) If Siletz TC continues to follow the worst examples of when U.S. and state governments have harmed Indigenous peoples rather than the best example of Grand Ronde, Cowlitz, Shoalwater Bay and other Tribes who have fully supported restoration of CIN federal recognition, Siletz TC will further damage a valuable and long-standing friendship between Siletz and CIN, oppose the values of truth and justice, and receive a drastically lower level of respect from its neighbors. Drew Viles

<sup>1</sup>Bommelyn, Loren Me’-lash-ne. Taa-laa-wa Dee-ni’ Wee-ya’. 2nd edition. 2006, p. 93

Dear friends and relatives:

Hope all are aware of the Tribal Court case that two Tribal Council members were forced to bring against five of our sitting Tribal Council members in October 2022. The case directly involves five of our Tribal Council illegally intervening in an HR (human resources) matter that was not under the authority of the Tribal Council. All HR matters for Tribal employees who are not under the direct supervision of the Tribal Council were delegated to CTSI admin decades ago because HR matters need to be handled per policy, not become political decisions. These five council members ignored their responsibility to uphold those laws and directly violated them. The Tribal Court completely agreed with our complaint. The court ruled that the two resolutions were illegal and overturned them. Ethics concerns were mentioned in the court case, but they were the not the direct subject matter of the case. Now multiple ethics complaints have been filed with the Siletz Tribal Council about not only the violation of Tribal laws by these five, but also the unethical ways they achieved the five votes they needed to pass those two illegal resolutions. One voted in a matter that was a direct conflict and the other four didn’t support the raising of the vote as a conflict and used that illegal vote to get their illegal resolutions passed. We are at a crisis point. Now those five have missed their deadline to file an appeal on the judge’s order – but have asked the court to allow them to bring their appeal anyway – proving once again that they believe the rules that apply to everyone else do not apply to them. The court documents from the case are posted on the members’ portion of the Tribal website. Please read them all and inform yourself as to the ways that the majority of our Tribal Council are acting outside of the law and continuing to break the law. Once you have informed yourself, please express your views to the Tribal Council on five of our elected members acting in violation of the laws that are there to protect us. Too much time, energy, productivity and huge amounts of Tribal resources have been spent on them defending these ridiculous and illegal actions. They have violated the Siletz Tribal Constitution, Personnel Manual, TC Ethics Ordinance, TC Rules and Procedures, and their Oath of Office. Update: April 12, 2023 – Tribal Appellate Court has issued an order denying the attempt of appeal of the chief judge’s decision by these five sitting Tribal Council members. Now that the illegality issue is settled, will they resign and repay attorney, TC timesheet and other costs? Robert Kentta

### General Council Meeting

Saturday, May 6, 2023 • 1 p.m. • Siletz, Oregon

Call to Order	Program Reports
Invocation	Indian Child Welfare Program
Flag Salute	Elders Program
Roll Call	Tribal Member Concerns
Approval of Agenda	Chairman’s Report
Approval of Minutes	Announcements
Special Presentation	Adjourn

Please note the General Council Meeting will be livestreamed through the Tribal website.

### Siletz News Letters Policy

Siletz News, a publication of the Confederated Tribes of Siletz Indians, is published once a month. Our editorial policy encourages input from readers about stories printed in Siletz News and other Tribal issues. All letters must include the author’s signature, address, and phone number in order to be considered for publication. Siletz News reserves the right to edit any letter for clarity and length, and to refuse publication of any letter or any part of a letter that may contain profane language, libelous statements, personal attacks or unsubstantiated statements. Not all letters are guaranteed publication upon submission. Published letters do not necessarily reflect the opinions of Siletz News, Tribal employees, or Tribal Council. Please type or write legibly. Letters longer than 450 words may be edited for length as approved by Tribal Council Resolution #96-142.

---

Please note: The chief executive officer of the Siletz Tribe is the editor-in-chief of Siletz News.	Editor-in-Chief: Kurtis Barker Editor: Diane Rodriguez Assistant: Andy Taylor
---	---



## Hotel rates for Siletz Tribal members

Siletz Tribe hotel rates all year round! No longer do you have to guess at what your rate is and worry about higher rates in the summer. One rate for each hotel type is now \$79 plus tax for standard deluxe oceanfront rooms and \$125 plus tax for oceanfront junior suites.

## Need Rental Housing?

The Siletz Tribal Housing Department encourages you to apply for the Low-Income Rental Program waiting list in Siletz (1-4 bedrooms) and Lincoln City (2-3 bedrooms – Neachesna Village).

Applications can be obtained at any Tribal area office (Eugene, Salem, Portland, Siletz) or online from the Tribal website – [ctsi.nsn.us](http://ctsi.nsn.us); follow links – Tribal Services-Housing-Low Rent Apartments & Home Ownership.

Questions? Call 800-922-1399, ext. 1322, or 541-444-8322; fax: 541-444- 8313



Happy Birthday, Lakota! Hope you have a great day, son!  
Love and prayers always, Mamma Bear and family



Happy 19<sup>th</sup> Birthday to Hayden! Hope you enjoy your mini-vacation to Las Vegas. We love you very much.  
Mom and family



Happy 11<sup>th</sup> Birthday on May 17, Deenie! We all love you lots and hope you have an amazing day.  
Love, Mom, Sis, Sissy, Bubba and Bubs

**For more information about the Siletz Tribe, please visit [ctsi.nsn.us](http://ctsi.nsn.us).**

Happy Birthday to Kent Rilatos and Gloria Ingle on May 17! That was a great day for birthdays.  
Love, Selina and family

**Free child ID kits from the Oregon State Police  
503-934-0188 or 800-282-7155; [child.idkits@state.or.us](mailto:child.idkits@state.or.us)**



*July 11<sup>th</sup>, 12<sup>th</sup> and 13<sup>th</sup>*

*Registration forms are available on the CTSI website at [www.ctsi.nsn.us/culture-language](http://www.ctsi.nsn.us/culture-language) or at your area office.*

**If you have any questions, contact Buddy Lane at:  
1-800-922-1399 or 541-444-8230 [BuddyL@ctsi.nsn.us](mailto:BuddyL@ctsi.nsn.us)**

Applications can be submitted via online or mailed to:  
PO Box 549, Siletz, OR 97380 or faxed to 541-444-8392



Courtesy photo

Chemawa Indian School students at the February 2023 Birthday Pow-Wow. Chemawa Indian School would like to thank the Siletz Tribe for its donation to the pow-wow club cooking heaters. Also, thank you to Chinook Winds for the raffle donation.

Courtesy photo by Teresa Simmons

Tribal elders attend the monthly Elders Council meeting on April 8 at Aces Sports Bar & Grill in Lincoln City, Ore.



## Passages Policy

Submissions to Passages are limited to two 25-word items per person, plus one photo if desired.

All birthday, anniversary and holiday wishes will appear in the Passages section.

Siletz News reserves the right to edit any submission for clarity and length.

Not all submissions are guaranteed publication upon submission.

Please type or write legibly and submit via e-mail when possible.