

# Area Office Newsletter and Events

Eugene • Portland • Salem • Siletz

Public Information  
Department

P.O. Box 549  
Siletz, OR 97380-0549

Phone: 541-444-8291

E-mail: [pias@ctsi.nsn.us](mailto:pias@ctsi.nsn.us)

June 2023

## All news & events

Siletz, Portland, Salem and Eugene Areas



## INTERESTED IN VOLUNTEERING?

### Feel Free to Reach Out!

#### How to Apply

You must contact the department you wish to volunteer for and let them know your interest and contact information. Department contact information can be found on our website at [ctsi.nsn.us](http://ctsi.nsn.us).

The department will then forward your request to the relevant staff to begin your application process.

Volunteers will need to fill out a *Volunteer Application and Agreement Form*, a *background check* and a *drug test*.

#### Interested in Knowing What You Can Volunteer for?

You can call the department you're interested in to see what volunteer opportunities there are!

### You can volunteer for:

- The Siletz Community Health Clinic
- The Garden Program
- Natural Resources
- Behavioral Health
- Education
- Elders
- Special Events
- and More!

BACKGROUND  
CHECKS AND  
DRUG TESTS  
ARE REQUIRED!

2023  
**ELDER'S WOODCUTS**

**Saturdays 8:00 a.m. – 2:00 p.m.**  
Near USDA on Logsden Road in Siletz

Join us to split, load & deliver firewood to Tribal Elders

Rain or Shine

~~MAY 20~~

JULY 15

SEPT 9

**Snacks, water, and PIZZA lunch provided**

Bring your own gloves.  
Bring axes and chainsaws if you have them.  
Wood splitters and tools are provided on site.

**Tribal Elders who need firewood delivered must call  
A.J. in the Elders Program to be added to the list.  
(541) 444-8212**

## USDA distribution dates for July

### Siletz

July 7	9 a.m. – 3 p.m.
July 10	9 a.m. – 3 p.m.
July 11	9 a.m. – 3 p.m.
July 12	9 a.m. – 3 p.m.
July 13	9 a.m. – 3 p.m.

### Salem

July 18	1:30 – 6:30 p.m.
July 19	9 a.m – 6:30 p.m.
July 20	Appt only

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page.

Sammy Hall, USDA Director,  
541-444-8279;  
[sammyh@ctsi.nsn.us](mailto:sammyh@ctsi.nsn.us)

Fax: 541-444-8306 or  
503-391-4296

## CTSI Childcare Assistance Program

Beginning May 1, 2023 changes to the CTSI Childcare Assistance Program will be in effect. These changes include the return of Co-payments for families with incomes above the Federal Poverty Level and new Payment Rates for Providers.

Co-payments are based upon household income and household size, and range from 1% up to 4%. Payment Rates for Providers are based on the geographic area or zip code of the Provider and their qualifications and training.

The CTSI Childcare Assistance Program helps CTSI tribal families living in the CTSI 11 county service area

to pay for their childcare expenses while they participate in a work activity.

Work activities include working, looking for work, students, or participating in a job training program. To be eligible, children must be 12 years of age or younger, and either an enrolled member of the CTSI, or eligible to enroll in the CTSI, or be the descendant or dependent of an enrolled member of the CTSI.

For more information about the CTSI Childcare Assistance Program, please call DeAnn Brown, Head Start Director, at 541-444-2450 or email at [deannb@ctsi.nsn.us](mailto:deannb@ctsi.nsn.us).

## Good news and batter up!

As part of our advertising package with the Salem Volcanoes baseball team, we have 2 (two) tickets available to every home game for the 2023 season. We have a limited number of tickets to distribute to Tribal members and staff. You can sign up on the Tribe's website here: <https://www.ctsi.nsn.us/volcanoes-ticket-drawing>.

You can also sign up by sending an email to Nolan Lane at [nolanl@ctsi.nsn.us](mailto:nolanl@ctsi.nsn.us) or by calling him directly at 541-444-8200. Please let Nolan know that you would like to enter your name in the drawing for Volcanoes tickets, and be prepared to provide him with your Roll Number (if you are a Tribal Member), email, and phone number (so we have a way to contact you).

Winners of the drawing will get their choice of dates based on the order they are drawn. Drawings will be every Friday until tickets are gone or the season is over. You can submit your entry between June 15, 2023 at 8:00 AM and July 15, 2023 at 4:30 PM PST.

# Annual Student Gathering

*An evening to honor our college graduates...*

**Tuesday, June 27th, 2023 at 6 PM via Zoom**

Join the Education Committee and CTSI Education staff for an evening of honoring our 2022-2023 Academic year graduates.

Graduates will be showcased in a slide show, honored with an honor song and awarded a gift on behalf of the committee and Tribe.

If you are a 2023 Tribal member graduate with your associates; bachelors; trade school; or masters level degrees and wish to be celebrated in this way, please RSVP to your Education Specialist by June 9, 2023 at 4:30 p.m. to be included in our slide show.

Jeff Sweet  
Siletz Area

[JeffS@ctsi.nsn.us](mailto:JeffS@ctsi.nsn.us)

Candace Hill  
Eugene Area

[CandaceH@ctsi.nsn.us](mailto:CandaceH@ctsi.nsn.us)

Sonya Moody-Jurado  
Salem Area

[SonyaMJ@ctsi.nsn.us](mailto:SonyaMJ@ctsi.nsn.us)

Katy Holland  
Portland Area

[KatyH@ctsi.nsn.us](mailto:KatyH@ctsi.nsn.us)



Confederated Tribes of Siletz Indians

# ANNUAL NESIKA ILLAHEE POW-WOW

AUGUST 11TH - 13TH, 2023

Pauline Ricks Memorial Pow-Wow Grounds  
Government Hill, Siletz, OR

Alcohol &  
Drug Free  
Event



All are  
welcome to  
attend!

## CATEGORIES

Golden Age/Adult | \$600, \$500, \$400, \$300, \$200

Teen | \$300, \$250, \$200, \$150, \$100

Youth | \$150, \$100, \$75, \$50, \$25

Teen & Youth Preliminaries Occur Friday Night

## SPECIALS

Team Dance | Women's Basket Cap Special (Open) | Round Bustle (Open)

Jackson Fancy Dance Memorial

## ALL DANCERS & DRUMMERS WELCOME!

Drummers- please bring your own chairs

Vendor registration is required.

Camping Fee \$25; \$5 pet fee/ per pet (camping area) Camp Grounds Open Thursday at 8 AM  
Drug & Alcohol-Free Event. For more info, call: 800-922-1399, Buddy Lane Ext. 1230

[www.ctsi.nsn.us/heritage/pow-wow](http://www.ctsi.nsn.us/heritage/pow-wow)

## THURSDAY

August 10th

Royalty Pageant  
6 PM

## FRIDAY

August 11th

Memorial/Giveaways  
Noon - 5 PM

Presentation of Crowns  
6 PM

Grand Entry  
7 PM

## SATURDAY

August 12th

Parade  
10 AM  
Points Awarded for  
Participation

Grand Entry  
1 PM &  
7 PM

## SUNDAY

August 13th

Grand Entry  
12 PM  
Salmon Dinner to Follow

Sponsored by  
Chinook Winds Casino Resort  
& Pepsi Bottling Co.

# LETTING GO CEREMONY

DRUMMING  
PRAYERS  
CEREMONY

JUNE 29TH  
6-7:30 PM

CARE IS HOSTING A LETTING GO CEREMONY AT  
THE SILETZ DANCE HOUSE.

A LIGHT SNACK WILL BE PROVIDED.

CONTACT INFORMATION FOR THIS EVENT: [RACHELLE@CTSI.NSN.US](mailto:RACHELLE@CTSI.NSN.US)



## Apply now for Siletz Tribal Head Start

The Siletz Tribal Head Start program is accepting applications now for the 2023 -2024 school year.

We have classrooms in Siletz, Lincoln City, Salem and Portland and offer services to promote children's school readiness skills and to assist families with supporting their child's lifelong learning.

Classrooms are in session Monday - Thursday, we provide roundtrip transportation, and developmentally appropriate activities to promote each child's success.

To qualify, children must be age 3 or 4 years of age by the local school districts age cut-off date, and income limits may apply.

Head Start applications can be found on the CTSI website, or can be requested by calling 541-444-2450 and asking for Head Start.



# Youth Antlerless Elk Hunt

## Applications Due

### July 7, 2023

### 3 Tags

Hunt runs from Aug. 15 - Dec. 31, 2023

Applications available at the kiosk at the back door of the Tribal Admin office in Siletz, on the Tribal website under Natural Resources and in the Natural Resources office beginning June 1, 2023

Open to Tribal youth age 12-17 who have a valid Hunter Safety Card

Call Natural Resources Manager  
Mike Kennedy at 541-444-8232 if you  
have questions



**Culture Camp** July 11<sup>th</sup>, 12<sup>th</sup> and 13<sup>th</sup>

*Registration forms are available on the CTSI website at [www.ctsi.nsn.us/culture-language](http://www.ctsi.nsn.us/culture-language) or at your area office.*

**If you have any questions, contact Buddy Lane at:  
1-800-922-1399 or 541-444-8230 [BuddyL@ctsi.nsn.us](mailto:BuddyL@ctsi.nsn.us)**

Applications can be submitted via online or mailed to:  
PO Box 549, Siletz, OR 97380 or faxed to 541-444-8392

## Siletz Education Programs Serving Our Tribal Members

Higher Education assists Tribal Members to attend college towards their Bachelors Degree (up to 5 years of educational support funding). To be eligible for the next academic year, the deadline is June 30, 2023.

Applications to apply for Federal student Aid (FAFSA is required for all students) opens October 1, 2023

Adult Vocational Training Program: Supports Tribal Members for up to two years of specific vocational training.

Adult Education Program:

For Siletz Tribal Members 16 years or older who are not already enrolled in a formal education program.

This program can assist with GED, certificate and licensing programs, classes and more. The programs primary purpose is to improve

and maintain employment status of all of our Tribal Members. No deadline applies to this.

For more information please contact your area office education specialist, or visit our website, [www.ctsi.nsn.us](http://www.ctsi.nsn.us).

## Most requested numbers

Administration -  
541-444-2532

Purchase/Referred Care -  
541-444-1236

Community Health Clinic -  
541-444-1030

Siletz Behavioral Health -  
541-444-8286



# JOM FAMILIES

Follow the CTSI Education department on the CTSI Youth Facebook page and in your local area newsletter for monthly youth program information.



@CTSIYouth

Email your local Education Specialist to be added to our email list:

**Portland Area Office**

Katy Holland

503-238-1512

KatyH@ctsi.nsn.us

**Siletz Area**

Jeff Sweet

541-444-8207

JeffS@ctsi.nsn.us

**Salem Area Office**

Sonya Moody-Jurado

503-390-9494

SonyaMJ@ctsi.nsn.us

**Eugene Area Office**

Candace Hill

541-484-4234

CandaceH@ctsi.nsn.us

## Supplemental Youth Program

*Formerly the Summer Youth Program*

The 477 Self Sufficiency Program has made a change to the Summer Youth Program. It is now the Supplemental Youth Program that will be available all year, not just in the summer.

We will continue to have WEX and CRT.



For more information, please contact your area office.

Portland: 503-238-1512

Salem: 503-390-9494

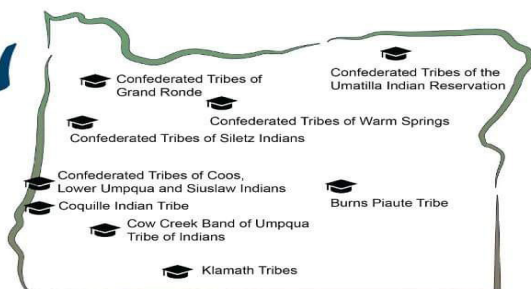
Eugene: 541-484-4234

Siletz: 541-444-2532

## Oregon Tribal Student Grant

Are you an enrolled **TRIBAL MEMBER** GOING TO COLLEGE?

From one of these tribes



Pursuing an Associate, Bachelor's or Graduate degree in Oregon

You may be eligible for the **Oregon Tribal Student Grant.**



[OregonStudentAid.gov/oregon-tribal-student.aspx](http://OregonStudentAid.gov/oregon-tribal-student.aspx)

## ARE YOU PRE-DIABETIC AND TRYING TO START NEW HEALTH GOALS?

### JOIN A PRE-DIABETES GROUP LED BY LIFE COACHES!

If you are interested and live in the Salem, Portland, Eugene or Siletz service areas:

Email [KimberlyL@ctsi.nsn.us](mailto:KimberlyL@ctsi.nsn.us) or call 541-444-9679



Free When You Sign Up!

## Siletz Home Visiting

Help your child form healthy habits from an early age. Habits formed early in life are more likely to continue into adulthood. Here are a few ideas:

- Oral health care – From birth until they get their first tooth, wipe your baby's gums with a wet washcloth. Once they have their first tooth, brush with a soft toothbrush with a small amount of fluoridated toothpaste (no bigger than a grain of rice).
- Healthy drink choices – Babies only need breast milk or formula for the first six months of life. After six months you can give some water to your baby if needed. Avoid sweet sugary drinks. If babies are given sugary drinks when they are young they may prefer them over water as they grow. It is best to avoid fruit juice until your child is one. Even then it is recommended to give only small amounts. Juice lacks the fiber that is found in whole fruit so is sweeter and less nutritious. Fruit is a better option than fruit juice.
- Be a role model. What your children see you doing they are likely to do as well. Here are some examples of things you can do:
  - Take care of yourself, your health, your mental health
  - Make healthy food choices
  - Move and exercise regularly
  - Be safe – wear a seat belt, a helmet when riding a bike, etc.
  - Avoid alcohol and drugs
  - Set goals and stay on target for reaching them
  - Have a routine for you and your family to provide predictability and stability

**If you are expecting a baby or have a baby under 1 year...**

**If you have questions about how to care for your little one...**

**If you interested in gaining skills for successful and positive parenting...**

**Home Visiting may be just right for you!**

We serve Federally Recognized and Alaskan Native families who live in our 11 county service area and meet eligibility criteria. Our program provides parenting and life skills for successful and positive parenting. We use a culturally sensitive curriculum developed by the John Hopkins Center for Indigenous Health.

**For more information contact:**

**Siletz & Coast Range** - Kelley Ellis, 541-444-8222 or 1-800-922-1399, [Kelleye@ctsi.nsn.us](mailto:Kelleye@ctsi.nsn.us)

**Salem, Portland & Surrounding Areas** - Lori Christy, 503-390-9494, [loric@ctsi.nsn.us](mailto:loric@ctsi.nsn.us)

**Eugene & Surrounding Areas** - Cathy Ray, 541-484-4234, [catheriner@ctsi.nsn.us](mailto:catheriner@ctsi.nsn.us)



**We're Back!**  
Calling All Gamers K-12

**CTSI**  
**Minecraft Gathering**  
**JUNE 17, 2023 @**  
**10:30 AM**

**Contact**  
elizabethm@ctsi.nsn.us for  
registration or questions



# SAVE THE DATE

## THRIVE CONFERENCE 2023



JUNE 26-30  
PORTLAND, OR

**Who** - American Indian and Alaska Native youth 13-19 years old

**What** - Four to five interactive workshop tracks

**Where** - PSU Native American Student and Community Center  
- Portland, OR

**Why** - Participants will:

- Build protective factors through creative self-expression using traditional learning strategies
- Connect with other Native youth and mentors
- Learn about healthy behaviors and develop healthy coping mechanisms
- Embrace their cultural pride and enhance resiliency

**REGISTRATION IS FREE AND WILL OPEN THE FIRST WEEK OF APRIL**

Northwest Portland Area Indian Health Board  
THRIVE Project  
Ph: (971) 282-4010  
Email: [mnoorenpaihb.org](mailto:mnoorenpaihb.org)  
Website: [www.npaihb.org/THRIVE](http://www.npaihb.org/THRIVE)



New Beginnings for Tribal Students (NBTS) and the Confederated Tribes of Coos, Lower Umpqua and Siuslaw Indians (CTCLUSI) present

# SAVE THE DATE

## OSU Indigenous Youth Summer Camp

### August 20-25, 2023

Hands-on FUN outdoor field trips to learn about  
**ENVIRONMENTAL SCIENCE AND CAREERS.**

Designed for Indigenous youth entering 9<sup>th</sup> – 12<sup>th</sup> grades.

Open to self-identifying Indigenous youth in Oregon.

- Learn about going to college and how to get help with financial aid, scholarships, and explore majors!
- Field trip activities to include freshwater snorkeling, Hatfield Marine Science Center, ethnobotany, traditional canoeing and much more.
- Stay in the dorms at Oregon State University in Corvallis, Oregon.
- FREE and all meals and 24-hour supervision provided.

REGISTRATION WILL BE OPEN SOON.

MORE INFORMATION AT

<https://ely.oregonstate.edu/indigenous-youth-program/>

*This camp is a partnership of CTCLUSI, OSU and SWOCC with support from a USDA New Beginnings for Tribal Students (NBTS). Co-sponsored by the OSU Department of Fisheries, Wildlife and Conservation Sciences, Oregon Sea Grant and the Calapooia Watershed Council.*



FOR QUESTIONS CONTACT:

CTCLUSI  
Jemiah Wassman or  
Jesse Beers  
(541) 888-9577

Bessie Joyce  
NBTS Program Manager  
[bessiejoyce4@gmail.com](mailto:bessiejoyce4@gmail.com)  
(541) 743-6106





# CTSI STUDENT LAPTOP STIPEND PROGRAM

**2023 Application Period:**  
**June 1st - June 30th**

## **Eligibility:**

- Enrolled Siletz Tribal Member and enrolled full/part time college student
- Submit completed application (with required documentation) by the deadline
- Can not have received a laptop stipend within the last 4 academic years

**Contact your Education Specialist for an application.**

Katy Holland	Sonya Moody-Jurado	Candace Hill	Jeff Sweet
<b>Portland Area</b>	<b>Salem Area</b>	<b>Eugene/Out of Area</b>	<b>Siletz Area</b>
KatyH@ctsi.nsn.us	SonyaMJ@ctsi.nsn.us	CandaceH@ctsi.nsn.us	JeffS@ctsi.nsn.us
503-238-1512	503-390-9494	541-484-4234	541-444-8207

Funding is limited: stipends will be awarded on a first come, first served basis.



The poster features a background of a large, bright fire. At the top left, there are three logos: TEIP (Traditional Ecological Inquiry Program), Luckiamute Watershed Council, and Polk Soil & Water Conservation District. The main title 'INTERTRIBAL NIGHT BURN' is in large, bold, blue letters, with 'CULTURAL FIRE' in orange below it. Underneath the title is the subtitle 'COMMUNITY GATHERING AND CULTURAL FIRE INQUIRY'. In the center, a blue starburst contains the event details: 'THURSDAY JUNE 29TH 5:00 - 10:PM SMITHFIELD OAKS NEAR SALEM'. Surrounding this central text are six bullet points, each with a star icon: 'LEARN ABOUT OUR HEALTHY RELATIONSHIP WITH GOOD FIRE', 'EXPLORE FIRE ECOLOGY', 'CELEBRATE INDIGENOUS FIRE SCIENCE', 'DESIGN FIRE PROJECTS', 'SHARE FIRE STORIES', and 'PUT FIRE ON THE GROUND AND PLAN FOR THE FUTURE'. At the bottom, there are three blue buttons labeled 'TRIBAL YOUTH', 'ELDERS', and 'FAMILIES'. Below these buttons is the text 'BRING: CHAIRS, SNACKS, WARM CLOTHES, STURDY SHOES'. At the very bottom, it says 'FOR MORE INFORMATION' followed by two email addresses: 'joe@teiprogram.org' and 'sage@teiprogram.org'.

**TEIP**  
Traditional Ecological Inquiry Program

**Luckiamute**  
WATERSHED COUNCIL

**Polk Soil & Water**  
Conservation District

**INTERTRIBAL**  
**NIGHT BURN**  
**CULTURAL FIRE**

**COMMUNITY GATHERING AND CULTURAL FIRE INQUIRY**

**THURSDAY**  
**JUNE 29TH**  
**5:00 - 10:PM**  
**SMITHFIELD OAKS**  
**NEAR SALEM**

- ★ LEARN ABOUT OUR HEALTHY RELATIONSHIP WITH GOOD FIRE
- ★ EXPLORE FIRE ECOLOGY
- ★ CELEBRATE INDIGENOUS FIRE SCIENCE
- ★ DESIGN FIRE PROJECTS
- ★ SHARE FIRE STORIES
- ★ PUT FIRE ON THE GROUND AND PLAN FOR THE FUTURE

**TRIBAL YOUTH** **ELDERS** **FAMILIES**

**BRING: CHAIRS, SNACKS, WARM CLOTHES, STURDY SHOES**

**FOR MORE INFORMATION** [joe@teiprogram.org](mailto:joe@teiprogram.org) [sage@teiprogram.org](mailto:sage@teiprogram.org)



CELEBRATING

PRIDE MONTH

Happy Pride Month!

We'll be hosting several activities throughout the month. Stay tuned for more information and other fun things in store!

**ALL OF JUNE**

Show Us Your Rainbow- share how you express yourself for Pride Month each week on Facebook!

Enrolled JOM Students

Pre-school - 12th Grade in the 11-County Service Area

School Supply Stipend Program

Applications open July 3rd

Enrolled JOM Students are eligible to apply for the School Supply Stipend Program for the 2023-2024 school year.

These funds are to ensure students can purchase traditional school supplies.

Deadline to submit your application is

August 1st at 4:30 PM

The Microsoft Form must be completed by August 1st at 4:30 PM

Contact the Education Specialist in your service area to request an application.

Candace Hill

Eugene Area

CandaceH@ctsi.nsn.us

541-484-4234

Katy Holland

Portland Area

KatyH@ctsi.nsn.us

503-238-1512

Sonya Moody-Jurado

Salem Area

SonyaMJ@ctsi.nsn.us

503-390-9494

Jeff Sweet

Siletz Area

JeffS@ctsi.nsn.us

541-444-8207

All students must have a JOM application on file for the 2023-2024 academic year to be eligible for a school supply stipend. Contact your Education Specialist at any time to renew your JOM application for the upcoming school year or visit our webpage to access our JOM Application.

For an application, go to

www.ctsi.nsn.us/heritage/pow-wow/

2023

NESIKA ILLAHEE

POW-WOW

HIRE DATE

Hourly Rate

\$17.00

Positions

Maintenance/Security & Kitchen (Multiple Shifts)

Bring

Valid Photo ID and SS Card

Per the I-9 form, there are other forms of identification that can suffice

WEDNESDAY, AUGUST 9TH

10:00 AM - 4:30 PM

SILETZ COMMUNITY CENTER

402 GOVERNMENT HILL DR.

SILETZ, OR 97380

Pow-Wow Dates - Aug 11th 12th & 13th

Work Shifts Start - Thursday August 10th

For questions or more information, contact Buddy Lane at

BuddyL@ctsi.nsn.us. or 541-444-8230; 800-922-1399, ext. 1230

**CTSI**

# **TYEE SUMMER YOUTH EMPLOYMENT PROGRAM**

**SUMMER 2023**

For enrolled Siletz Tribal member youth 14 - 18 years old,  
residing in the eleven county service area.

Must be 14 years old by 7/01/2023 to participate and  
returning to a school or GED program in the fall.

*\*Students who have successfully graduated High School or complete a GED program  
are not eligible for TYEE summer youth employment\**

**APPLICATIONS ACCEPTED  
JUNE 1<sup>ST</sup> – JUNE 23<sup>RD</sup>, 2023**

Complete applications must be returned to your  
respective Education Specialists by 4:30 PM on 6/23

**JEFF SWEET  
SILETZ AREA**

JeffS@ctsi.nsn.us

**SONYA MOODY-JURADO  
SALEM AREA**

SonyaMJ@ctsi.nsn.us

**CANDACE HILL  
EUGENE AREA**

CandaceH@ctsi.nsn.us

**KATY HOLLAND  
PORTLAND AREA**

KatyH@ctsi.nsn.us

**Most current transcript or proof of enrollment in School/GED program required -  
be sure to get this documentation prior to your school closing for summer.**

# **Family Fishing Trip** *Wednesday, June 21st*

Ages 8 - 17 must be accompanied by an adult

First come, first served - limited spots available

Check in a 6 AM, boat launches at 6:30 AM

Tradewinds- 118 S HWY 101 in Depoe Bay

North end of Depoe Bay Bridge

Ages 12 & Older are  
**required to have a fishing license**

To register, provide names, roll  
number, and phone number to:  
**JeffG@ctsi.nsn.us or 541-444-9613**

In partnership with: Community Health Department, Diabetes Department, Behavioral  
Health, Commercial Tobacco Prevention & Education, and Natural Resource Department





**SILETZ CARE PROGRAM**

## In Person & Virtual Trauma Recovery Support Group

SELF Curriculum, Art Journals  
Vision Boards & Native Medicine

This group is available to anyone age 18 and up who has experienced any form of trauma. We will follow the SELF Curriculum.

This will be a closed group, if you are interested please contact Rachelle  
RachelleE@ctsi.nsn.us

**IN-PERSON WEDNESDAYS  
AT 1:00PM IN BEHAVIORAL  
HEALTH CONF. ROOM**

**VIRTUAL THURSDAYS  
AT 5:30PM**





## Sjögren's Syndrome Awareness

Sjögren's(SHOW-grins) Syndrome is an autoimmune disorder. The most common symptoms are dry eyes and a dry mouth with a noticeable decrease in tears and saliva.

This condition is considered a cousin of rheumatoid arthritis and lupus. It may impact internal organs. Sometimes, lupus and Sjogren's Syndrome can occur at the same time.

Although Sjogren's Syndrome can develop at any age, most people are diagnosed at ages 40+. This condition is ten times more common in women than in men. The goal of treatment is to alleviate the symptoms of dryness ([www.lupus.net/living/sjogrens-syndrome-connection](http://www.lupus.net/living/sjogrens-syndrome-connection))

Symptoms of Sjögren's Syndrome may include:

- Dry mouth
- Dry or burning eyes
- A sensation of grittiness in the eyes
- Swelling of the glands around the neck or the head
- Trouble swallowing, especially dry foods
- Irritation of the esophagus and acid reflux (GERD)
- Fatigue

Some people with Sjögren's Syndrome may experience intense joint pain or swelling and fatigue. If the skin or other organs are affected, a person may experience rashes, inflammation of their lungs, or issues with their liver or kidney functioning.

There is currently no cure for Sjögren's Syndrome, however, its symptoms can be manageable with the appropriate medications. Some people experience very mild Sjogren's symptoms. Others may have many symptoms that require multiple types of treatment. Our body's fluids help protect us from infection. For instance, a dry mouth can lead to tooth decay. Maintaining regular check-ups with your doctor and dentist will minimize the impact of this disease.

Over- the-Counter Treatment options:

- Eye drops – keeps the eyes moist or helps the eyes produce more tears
- Gum, lozenges, or drugs that help the mouth produce more saliva
- Antibiotics or antifungal drugs for any infection
- Irrigation for dry noses
- Acid reflux (GERD) drugs

([www.lupus.net/living/sjogrens-syndrome-connection](http://www.lupus.net/living/sjogrens-syndrome-connection))

If you are experiencing symptoms of Sjögren's Syndrome, then seek help from your primary care provider. The local Job Development Specialists are available should you need employment supports and work site accommodations with managing this disease.

Jamie Bokuro  
Siletz Area Office  
541-444-8213

Tamra Russell  
Portland Area Office  
503-238-1512, ext. 1411

Makayla Jackson  
Eugene Area Office  
541-484-4234 ext. 1752

Toni Leija  
Salem Area Office  
503-390-9494, ext. 1861

kayaks rafts paddleboards lifejackets transportation accessories & more

# REC CENTER RENTALS

Outdoor recreation equipment is available to check-out for Siletz Tribal Members & CTSI Staff

**For FREE**

**For More Information**

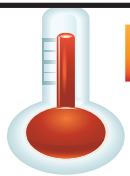
Call  
541-444-9656

Email  
TillicumFitnessCenter@ctsi.nsn.us

**To rent, visit:**  
**confederated-tribes-of-siletz-indians.booqable.shop**

You are only charged if you fail to return equipment.





# BEAT THE HEAT: Extreme Heat

Heat-related deaths are preventable

## WHAT:

Extreme heat or heat waves occur when the temperature reaches extremely high levels or when the combination of heat and humidity causes the air to become oppressive.

## WHO:



Children

More males than females are affected



Older adults



Outside workers



People with disabilities

## WHERE:



Houses with little to no AC



Construction worksites



Cars

## HOW to AVOID:



Stay hydrated with water, avoid sugary beverages



Stay cool in an air conditioned area



Wear lightweight, light-colored, loose-fitting clothes

During extreme heat the temperature in your car could be deadly!

Outside Temperature 80°



Time Elapsed: 20 minutes



Time Elapsed: 40 minutes



Time Elapsed: 60 minutes

## HEAT ALERTS: Know the difference.

### HEAT OUTLOOK

Minor  
Excessive heat event in 3 to 7 days

### HEAT WATCHES

Excessive heat event in 12 to 48 hours

### HEAT WARNING/ADVISORY

Excessive heat event in next 36 hours  
Major

## DID YOU KNOW?

Those living in **urban areas** may be at a greater risk from the effects of a prolonged heat wave than those living in rural areas.

**Sunburn** can significantly slow the skin's ability to release excess heat.

Most **heat-related illnesses** occur because of overexposure to heat or over-exercising.

During 1999–2009, an average of **658** people died each year from heat in the United States.

**\$30 BILLION** estimated total cost of the 2012 US drought and heatwave.

For more information on ways to beat the heat please visit:  
<http://www.cdc.gov/disasters/extremeheat>

280609-B



Centers for Disease Control and Prevention  
Office of Public Health Preparedness and Response

# Eugene Area Office News

## The Confederated Tribes of Siletz Indians

### The Eugene Area Office Staff

541-484-4234

1-800-922-1399

#### Jessica Hibler

Supervisor: x1751

[jessicah@ctsi.nsn.us](mailto:jessicah@ctsi.nsn.us)

#### Nick Viles

Instructor-Tribal Language/Culture: x1757

[nickv@ctsi.nsn.us](mailto:nickv@ctsi.nsn.us)

#### Candace Hill

Education Specialist /JOM: x1763

[candaceh@ctsi.nsn.us](mailto:candaceh@ctsi.nsn.us)

#### Jenifer Jackson

Self Sufficiency Counselor II/477SSP: x1755

[jeniferj@ctsi.nsn.us](mailto:jeniferj@ctsi.nsn.us)

#### Cathy Ray

Job Development Specialist/477SS:P x1756

[catheriner@ctsi.nsn.us](mailto:catheriner@ctsi.nsn.us)

#### Makayla Jackson

Job Development Specialist

Voc. Rehab: x1752

[makaylaj@ctsi.nsn.us](mailto:makaylaj@ctsi.nsn.us)

#### Jamie Boe

Community Health Advocate: x1753

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#### Ro Zientara

Mental Health Therapist: x1758

[rzientara@ctsi.nsn.us](mailto:rzientara@ctsi.nsn.us)

#### Robert Jackson

Peer Recovery Mentor: x1764

[robertj@ctsi.nsn.us](mailto:robertj@ctsi.nsn.us)

#### Stormie Ehret

Administrative Services Clerk: x1750

[stormiee@ctsi.nsn.us](mailto:stormiee@ctsi.nsn.us)

#### Verdene McGuire

EAO Elders Rep.

[udenie101@gmail.com](mailto:udenie101@gmail.com)

#### Vacant, Elder on-call Transport

Please review the TYEE and School Supply Stipend information in the "All News & Events" section.



## EAO JOM June/July Summer Events!

### June:

6/21 Swimming at Splash @ 1-4pm

6/27 Hike at Alsea Falls @ 9am

6/29 Cultural Arts at EAO @ 1:30-4:30

### July:

7/4 Kids cooking at EAO @1:30-4:30pm

7/5 Walking group at Skinners Butte Park @ 10am

7/11-7/13 Culture Camp

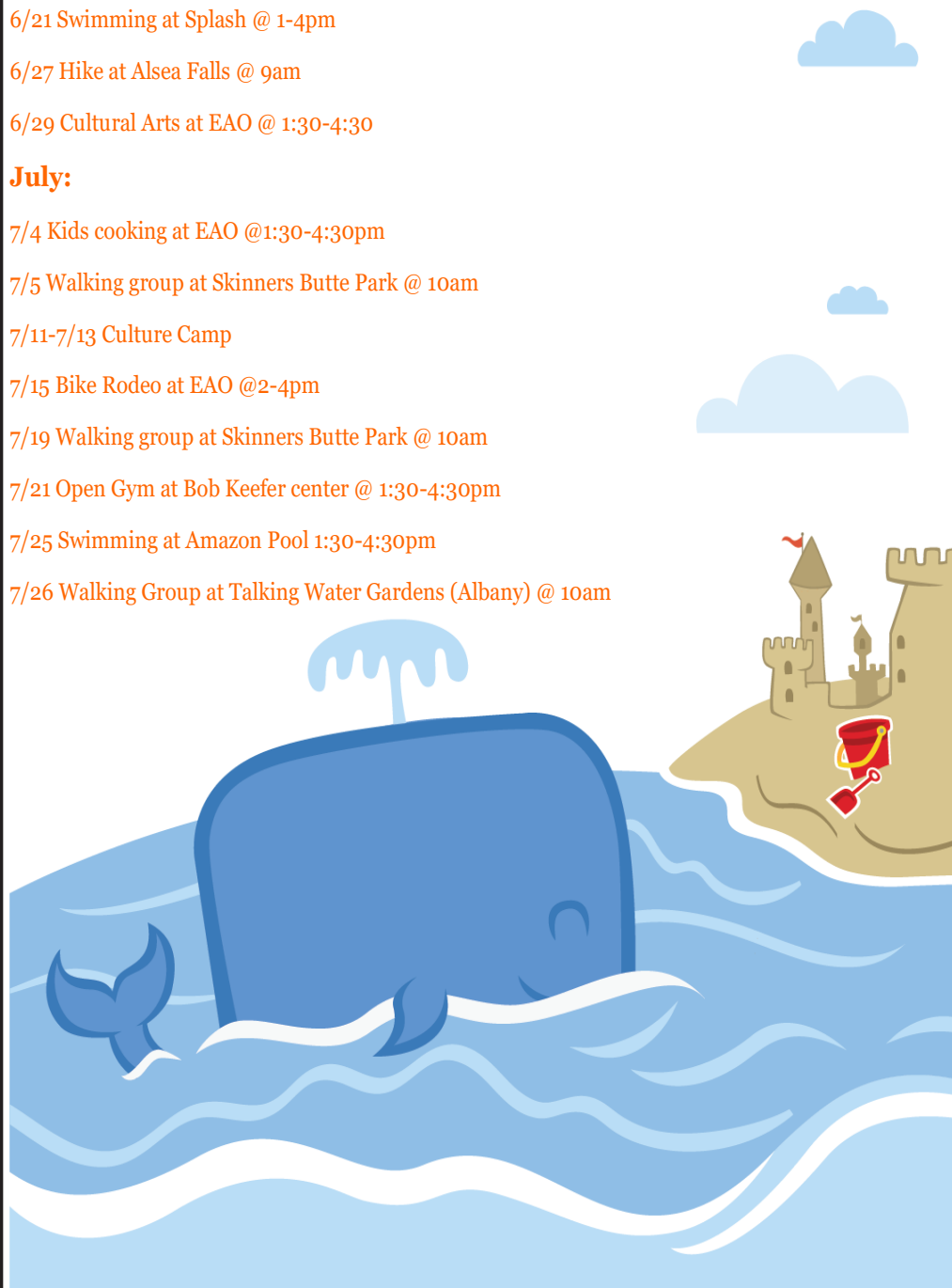
7/15 Bike Rodeo at EAO @2-4pm

7/19 Walking group at Skinners Butte Park @ 10am

7/21 Open Gym at Bob Keefer center @ 1:30-4:30pm

7/25 Swimming at Amazon Pool 1:30-4:30pm

7/26 Walking Group at Talking Water Gardens (Albany) @ 10am



## EUGENE NATIVE AMERICAN ARTS & CRAFTS MARKET

To be held on the  
**FIRST SUNDAY** of the month!

- ~~JUNE 4~~
- JULY 2
- AUGUST 6
- SEPTEMBER 3
- OCTOBER 1

**10 AM TO 4 PM**

FOR Vendor information and application:  
Email: [eugenenaacm@gmail.com](mailto:eugenenaacm@gmail.com)  
Phone: 1(458) 205-9022

**FARMERS MARKET PAVILION  
8TH & OAK ST.  
DOWNTOWN EUGENE, OR**





## Community Health: June 2023



Jamie Boe, Community Health Advocate Phone: 541-484-4234 Email: [JamieBoe@ctsi.nsn.us](mailto:JamieBoe@ctsi.nsn.us)

### Siletz Community Health Phone Numbers

- Siletz Community Health Clinic  
**1-800-648-0449**
- Purchased/Referred Care (PRC)  
**541-444-9677**
- CTSI Resource Call Line  
**541-444-9613**
- CARE Program  
**541-444-9680**

### Siletz Mail Order Pharmacy

For prescription refills, please call the Siletz Community Health Clinic Pharmacy 7-10 days before you run out of your prescription. This allows the pharmacy time to contact your health care provider, if necessary, and mail it to you.

Pharmacy Refill Line: **541-444-9624**

#### Did you know?

You can also contact PRC by email at

[SiletzPRC@ctsi.nsn.us](mailto:SiletzPRC@ctsi.nsn.us)

Pre-authorization and notification within 72 hours is still required.

In your email include the following information:

- Subject (ex: Authorization number or Billing Inquiry)
- Name of Clinic
- Name of Provider
- Date of appointment

### Men's Health Month

During the month of June we want to encourage men to remember to take care of their health & wellness. It's a fact that women are 100% more likely to visit a doctor for annual exams and preventative services than men. It's not surprising that men end up living shorter lives and suffer more illness during life compared to women. Men are 10 times more likely to get inguinal hernias, and 5 times more likely to have aortic aneurysms than women. Not to mention testicular cancer, and prostate cancer. For these reasons, it's very important for the men out there to get your annual exams every year. This step of preventative care alone can save you guys from dealing with health crisis down the road. They can check your blood pressure, cholesterol, glucose, prostate health and more. There is also quite a bit we can do in between these wellness exams to protect our health, like eating smaller portion sizes, adding more fruits and vegetables to our meals, and getting regular exercise. When it comes to exercise, choose to do the things that you enjoy, like going for walks, playing sports, or playing with your kids or grandkids. Physical health isn't the only thing that needs nurturing. We can look for ways to feed our spirit by making time for healing prayer and meditations. Whatever it is that strengthens you, that's what you should be doing. Remember that you are important to your friends and family, so take care of yourselves guys!

<https://www.wernative.org/articles/men-s-health>

## Eugene area elder's info, news and events

Hi Everyone,

Here it is June already. The Indian taco night in May was amazing, the fry bread was delicious. Kudos to the cooks! I took my two granddaughters, and they had fun making the necklace kits. In fact, we are still working on them! It is a slow process with a 6 and an 11 year old. The event was very well attended, it was fun seeing us all able to gather inside once again. Thanks to the hard work of the EAO staff.

We have June birthday celebrations to acknowledge this month. I want to wish all of our Lane, Benton, and Linn County Elders a Happy Birthday for the month of June. Happy Birthday wishes to: Milton, John, Wendy, Christopher, James, Ricky, Patrick, Nancy, and Dona. With warm wishes for good health, wealth, prosperity, and love, a day and year - filled with lots of happiness, hugs, laughter, and CAKE! Truly.

The Eugene area office has let me know that anyone wishing to receive a paper copy of our monthly newsletter can call into their area office to get on the new list for paper copies! If you received a paper copy in the past, you would have to call the Eugene area office clerk, Stormie (or whatever area office you work with) to add your name and address to the new current list for paper copies.

Reminders:

Each Thursday now is a walking group starting at 12:15 p.m. with Jamie Boe. Each month he takes the group to a different park. June will be at Dorris Ranch, 205 Dorris Street, Springfield, OR 97477.

Sobriety Talking Circle at 6:30 p.m. with Robbin Jackson meets each Thursday.

The beading group is on the third Thursday of each month. This month it's June 15, from 10 a.m.-12 p.m. The Veteran pin beading kits are still available for anyone if you do not have a project to work on. All ages are welcome. I am happy to help you get started.

To request diabetes funding for a gym membership, call Jamie Boe at 541-484-4234.

The Book Club on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of each month. Let AJ Warren know you want to join and he will send out a zoom link. We are currently reading, Home Made of Dawn by N. Scott Momaday.

Be well and stay positive and kind. Till next month...

Truly,  
Verdene McGuire.  
Eugene area Elders Representative  
[VDenie101@gmail.com](mailto:VDenie101@gmail.com)  
Cell: 503-890-0742



Tribal members... please join us!

# walking group

**When:** Every **Thursday**  
**Time:** **12:15-12:45 p.m.**



Walk your way to better health!

**Where:** For the month of **June** we will be at **Dorris Ranch**  
205 Dorris St, Springfield, OR 97477

Choose your comfort level. Any pace is the right pace!

Participants will receive a stamp card that will enter them into a |  
monthly drawing for a prize after receiving 4 stamps ☺

**\*\*\* Note:** Please contact me if you would like to participate,  
as we will need at least 1 participant each week in order to  
meet for walking groups

Jamie Boe, Community Health Advocate at 541-484-4234  
Or by email at [JamieBoe@ctsi.nsn.us](mailto:JamieBoe@ctsi.nsn.us)

Eugene Area Office

# BIKE=RODEO

**SATURDAY, JULY 8TH**  
**2-4PM**

Join us at the Eugene Area Office for a  
fun afternoon of learning bike safety  
and maintenance

**2468 W. 11th Ave. Eugene, OR 97402**

Open to youth ages 3-18

*Youth need to be accompanied by an adult*

Bring your bicycle and helmet

*Helmets are available for Siletz Tribal Youth  
or dependents up to age 17*

*Youth who participate will receive free safety  
lights and a bell!*

**Contact Jamie Boe to sign up  
by July 6th**

**[JamieBoe@ctsi.nsn.us](mailto:JamieBoe@ctsi.nsn.us)**

Sponsored by Community Health and JOM



If you or your family would like to share in some FREE fresh produce, you may pick up at the Eugene Area Office on Tuesdays 2 p.m. – 4 p.m. Any produce not picked up Tuesday will be available for pick-up Wednesday from 9am-4:00 pm and Thursday 9 a.m. - 4 pm.

Please bring your own bag or box to transport your food. You may call ahead to check availability of food.

Eugene area office: 541-484-4234  
2468 W. 11<sup>th</sup> Ave, Eugene OR 97402

This food is collected and distributed by Food for Lane County through the Trillium Produce Plus program. The Siletz Tribe and FFLC are working in a joint effort to alleviate hunger in our community.

CTSI Eugene Area Office

2468 W. 11<sup>th</sup> Ave. Eugene OR 97402

# Counseling Services

The Confederated Tribes of Siletz Indians Eugene Area office is offering mental health counseling services to enrolled tribal members and their families, both virtually and in-person. For more information, please contact us today:

541.270.6219 – rzientara@ctsi.nsn.us

*Please join us for this fun and informative cultural opportunity:*

**ELDERS LED BEADING GROUP**  
*is in-person and open to all ages!  
We meet at the Eugene Area Office  
(EAO) the 3<sup>rd</sup> Thursday of every  
month, from 10a.m. - noon.*

FOR MORE INFORMATION: CONTACT VERDENE  
VDENIEI01@GMAIL.COM

## SOBRIETY TALKING CIRCLE

You're invited to join us for a sobriety talking circle. Every week we will meet to discuss various topics surrounding our recovery. COFFEE AND DOUGHNUTS!

6:30 p.m. • Thursday's  
2468 West 11<sup>th</sup> Ave Eugene OR 97402  
@ CTSI Eugene area office

Open group: Everyone is welcome  
Info@ RobertJ@ctsi.nsn.us  
541-484-4234 Ext. 1764



# Portland Area Office News

## Portland Area Office Staff Contact List

<b>Adam Caba</b> Office Supervisor	503-238-1512 x 1419 adamc@ctsi.nsn.us
<b>Dianna Edenfield</b> Administrative Svs. Clerk	503-238-1512 x 1400 diannae@ctsi.nsn.us
<b>Anna Renville</b> Self-Sufficiency Counselor II	503-238-1512 x 1412 annar@ctsi.nsn.us
<b>Tamra Russell</b> Self-Sufficiency Counselor II	503-238-1512 x 1411 tamrar@ctsi.nsn.us
<b>Katy Holland</b> Education Specialist	503-238-1512 x 1418 katyh@ctsi.nsn.us
<b>Andulia White Elk</b> A & D Counselor	503-238-1512 x 1414 anduliaw@ctsi.nsn.us
<b>Rachel Zinn</b> Mental Health Specialist	503-238-1512 x 1417 rachelz@ctsi.nsn.us
<b>Vacant</b> Community Health Advocate	503-238-1512 x 1413
<b>Vacant</b> Case Manager I / II - BH	503-238-1512 x 1420



12790 SE Stark St.  
Suite 102  
Portland, OR 97233  
(503) 238-1512

# JOM Family Activity

## Culture in the Park & Swimming At Sellwood Park and Pool

Monday • June 26  
Culture Time: 10 a.m. - Noon  
Lunch: Noon  
Swimming: 1 p.m. - 3 p.m.



To sign up for this day of fun

Call Katy at the Portland area office  
at, 503-238-1512 or email  
katyh@ctsi.nsn.us.

Or, call Sonya at the  
Salem Area Office at,  
503 390-9494 or email  
sonyamj@ctsi.nsn.us

Please review the TYEE and School Supply Stipend  
information in the "All News & Events" section.





## IS YOUR PHONE NUMBER CURRENT WITH THE ENROLLMENT DEPARTMENT?

PAO will be using an automated call list to inform Portland Area Tribal Members of any last minute events or giveaways we are planning!

To update your phone number, address or email you **MUST** fill out a form for Enrollment.

To update your address or phone number please visit the CTSI website, click the Enrollment tab and then Address Update to access the form.

***If you haven't updated your current phone number with Enrollment, please do so ASAP!***

## PAO has a Siletz Tribal Member ID Card Machine!

The Portland Area Office recently received a Siletz Tribal Member ID card machine. We can print out the cards here. If you are in need of a new Siletz Tribal ID, please call our office (503) 238-1512 to schedule an appointment.

Any and all Siletz Tribal Member ID cards issued at the Portland Area Office will be BY APPOINTMENT ONLY, no walk-ins.

## Bow & Arrow Culture Club proudly presents the 50TH ANNUAL CITY OF ROSES

June 16th-18th 2023 Portland OR



Grand Entries :

Friday: 7pm

Saturday: 1pm & 7pm

Sunday: 1pm

Retire colors:

Friday & Saturday 10pm

Sunday 6pm



BOW AND ARROW CULTURE CLUB

Master of ceremonies:

Gilbert Brown Klamath/Paiute

Arena director:

Carlos Calica, Warm Springs



Barbara V. Alatorre, original founder of Delta Park Pow Wow

Delta Park

10737 N Union Court

Portland, OR 97217 I-5 Exit 307

\*Competition dancing \*exhibition dancing \*Arts & craft vendors

\*Fry bread and other food

\*FREE family celebration \*open to the public

**First 10 registered "visiting" Drums Guaranteed drum-pay. Register on site 6/16 at 6pm**

**DRUMMERS BRING YOUR CHAIRS**




**INVITED vendors only, NO onsite registration.**

**CAMPING: Registration opens Friday, 6/16 at 9am (21+ with valid ID required to register)**

**NO alcohol or illegal drugs allowed, strictly enforced. NO dog's or pet's allowed. Please plan ahead.**

**Bow&Arrow Culture Club is not responsible for lost, stolen or damaged items.**





# CHAKU MANAQI-ŁUSH!

(A FUTURE GENERATIONS COLLABORATIVE PROGRAM)  
PRENATAL-7 YEARS OLD

Join us weekly for our **CONNECT & PLAY CIRCLES:**  
Culture and Community gatherings where we will be  
singing and drumming, sharing a meal together, and  
having family activities  
to support our little ones' growth and development.

**WHEN:** Tuesdays 5pm-6:30pm and Fridays 11am-1pm  
**WHERE:** Please see Connect & Play Schedule Sheet

**CONNECT WITH US!**  
Please fill out this form link: <https://forms.gle/Q8vniFSXyv8k9z4PA>  
or scan QR code.


## What Our Program Offers...

### CONNECT & PLAY CIRCLES

Our circles are a gathering where families can play in a fun safe space and be in community.

We support Early Childhood Development

Our circles allow for provider connections (ex.NAYA and WIC) to be made in a more direct and relationship based way.

We provide caregiver check-ins where we assist with resource navigation and help identify family's Circles of Care.

We offer one-on-one support at caregivers request which can include calls, texts, visits to parks or other local locations

### DIRECT FAMILY SUPPORT

### PROVIDER CONNECTIONS

Our team partners with providers such as NAYA, WIC, FGC, Mult. Library, and other providers to help build successful circles of care for families.

Providers join us and PLAY at our Connect & Play Circles!

We believe community collaboration helps bring more strength, knowledge, and resources to support our Native children and their family.



PORTLAND JOM FAMILIES

# Join us for our Culture Night Gatherings!

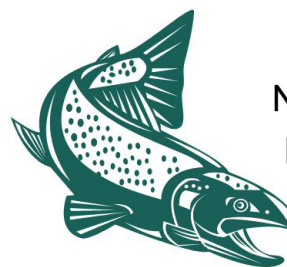
JUNE 8TH AND JUNE 22ND

6PM-8PM IN THE PAO COMMUNITY ROOM



PLEASE JOIN US AS WE PREPARE OUR REGALIA FOR SUMMER POW WOWS AND GATHERINGS. THERE WILL BE HANDS ON ACTIVITIES FOR YOUTH! SEWING MACHINES WILL BE AVAILABLE.

CONTACT KATY FOR MORE INFORMATION AT:  
[KATYH@CTSI.NSN.US](mailto:KATYH@CTSI.NSN.US)



Nimiipuu Protecting the Environment presents



## Tipping Point for Salmon

Join the Nimiipuu on June 24th and listen to activists and environmentalists discuss pressing issues surrounding salmon, orcas, dam breaching, wolves and grizzlies

**Saturday, June 24th, 2023**

**Portland, OR 9 am-3pm**

**Billy Frank Jr. Conference Center at Eco-Trust**

**Free admission and lunch!**





## Dave's Killer Bread Donation at PAO!



We received a generous donation of bread from Dave's Killer Bread back in May. We reached out via email and Facebook to all Portland area Tribal Members to let them know about the distribution.

We are hoping to do this again so please pay attention to your email for upcoming distributions!



**Don't forget to check out our Siletz Tribal Facebook page. You can find up-to-date announcements, events, and numerous opportunities for our area.**

**Find all the CTSI Facebook pages today!**



## Delta Park Pow Wow June 16, 2023

Family and friends,  
The family is inviting all teen boys to participate in this memorial grass dance special during the Delta park pow wow Father's Day weekend to honor the life of Siletz tribal member Manuel Guzman "Bug". There is no registration required, we just ask that you be honest about your age since this is a teen special for ages 13-17.

If there are any community members that would like to help sponsor and/or donate items to go towards prizes for the winners and drum group that will be singing for the contest, please directly email [nativeyouthleadingyouth@gmail.com](mailto:nativeyouthleadingyouth@gmail.com)

## NON-EMERGENCY MEDICAL TRANSPORTATION



**ALL REQUESTS MUST  
BE MADE 48 HOURS  
AHEAD OF TIME**

The Transportation program provides non-emergency medical transportation for Siletz Tribal Members in the 11 county service area. You must make your request to Richard Faber 48 hours in advance to your appointment.

To request a transport, please call Richard Faber at (541) 444-9633



## ***The Recovery Village Visit at PAO***

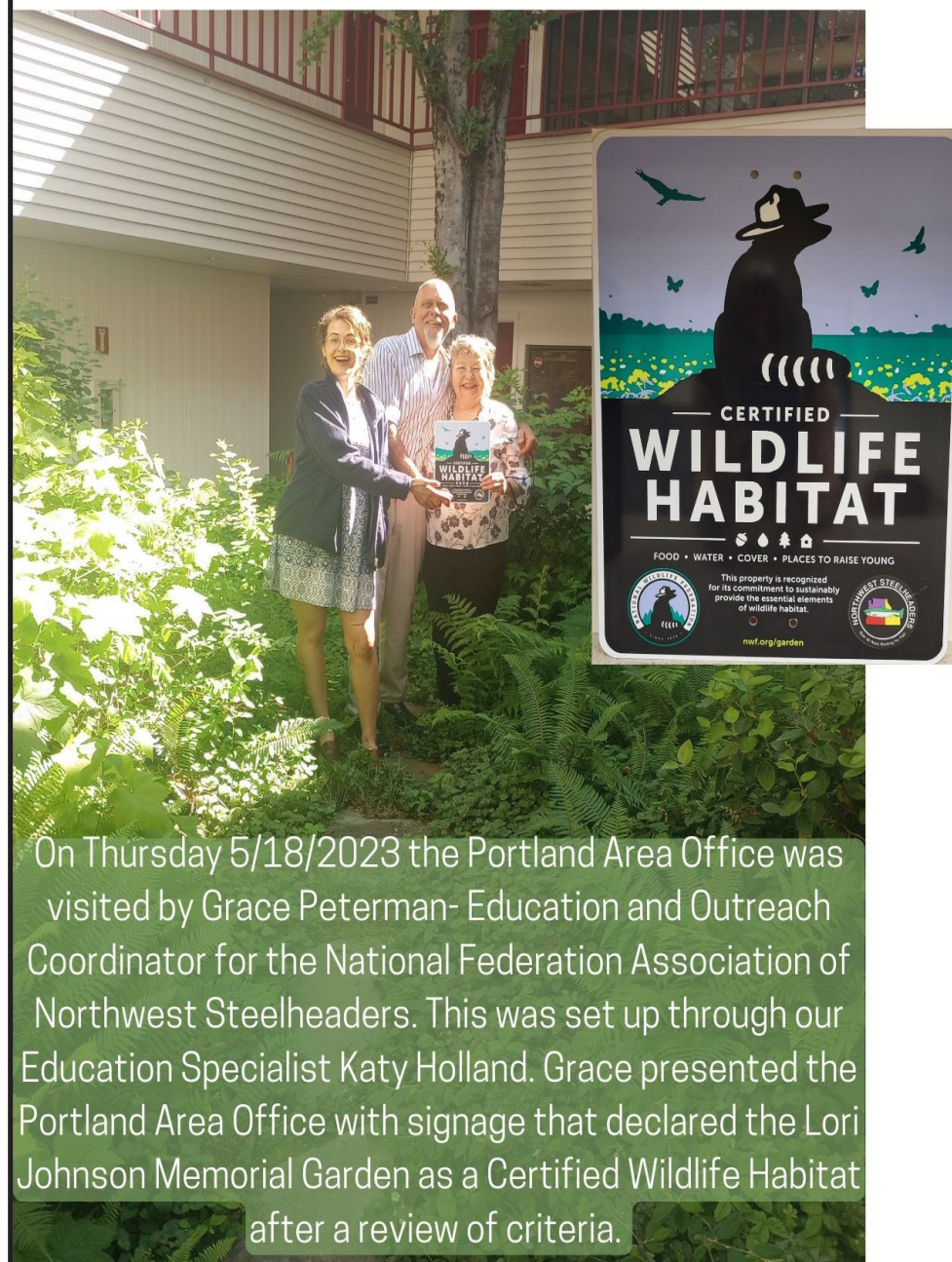


(Back Row) Rachel Zinn, Isaac Palomo, Clay Hayden and Anna Renville  
(Front Row) Andulia White Elk, Dianna Edenfield and Robbie Jackson



On May 19th, Clay Hayden from The Recovery Village visited our office to discuss what their facilities have to offer. The Recovery Village has multiple locations around the United States including: Colorado, Florida, Georgia, Maryland, Missouri, Ohio, New Jersey and Washington.

## Lori Johnson Memorial Garden



On Thursday 5/18/2023 the Portland Area Office was visited by Grace Peterman- Education and Outreach Coordinator for the National Federation Association of Northwest Steelheaders. This was set up through our Education Specialist Katy Holland. Grace presented the Portland Area Office with signage that declared the Lori Johnson Memorial Garden as a Certified Wildlife Habitat after a review of criteria.



# Salem Area Office News

## Salem area contact info:

### Andulia White Elk

Addictions Counselor, X 1855

[AnduliaW@ctsi.nsn.us](mailto:AnduliaW@ctsi.nsn.us)

### Angelica Espino

Self Sufficiency Counselor, X 1853

[AngelicaE@ctsi.nsn.us](mailto:AngelicaE@ctsi.nsn.us)

### Antonia Leija

Voc Rehab Counselor/

Job Developer, X 1861

[AntoniaL@ctsi.nsn.us](mailto:AntoniaL@ctsi.nsn.us)

### Beverly Owen

Area Office Supervisor, X 1851

[BevO@ctsi.nsn.us](mailto:BevO@ctsi.nsn.us)

### Cecilia Tolentino

Community Health Advocate, X1854

[CeciliaT@ctsi.nsn.us](mailto:CeciliaT@ctsi.nsn.us)

### Dana Rodriguez

Administrative Services Clerk, X 1850

[DanaR@ctsi.nsn.us](mailto:DanaR@ctsi.nsn.us)

### Isaac Palomo

Re-Entry Mentor, X 1852

[IsaacP@ctsi.nsn.us](mailto:IsaacP@ctsi.nsn.us)

### Lori Christy

Family Support Specialist, X 1863

[LoriC@ctsi.nsn.us](mailto:LoriC@ctsi.nsn.us)

### Lydia Kentta

Transporter

### Rachel Zinn

Mental Health Counselor, X1864

[RachelZ@ctsi.nsn.us](mailto:RachelZ@ctsi.nsn.us)

### Sonya Moody-Jurado

Education Specialist, X 1856

[SonyaMJ@ctsi.nsn.us](mailto:SonyaMJ@ctsi.nsn.us)



## Naa'set shell necklacing making class

We are prepping for a necklace making class. For supply ordering purposes, sign-ups will be accepted through Thursday, June 22.

Contact Beverly at the Salem Area Office, 503-390-9494.

# Siletz Area Office News

CALLING ALL SILETZ COMMUNITY YOUTH OF ALL AGES!

# GAME night



*A night for  
Family Fun*

Monday's from 4 pm to 6 pm  
Starting February 6, 2023

Location: Siletz Public Library

Variety of Family Board Games Available To Enjoy

To register please contact:

Elizabeth Madden: [elizabethm@ctsi.nsn.us](mailto:elizabethm@ctsi.nsn.us)



Feel free to bring family, friends,  
and community youth of all ages



Please review the TYEE and School Supply Stipend information in the "All News & Events" section.

## REGISTERED JOM/SILETZ TRIBAL HOUSING RESIDENT YOUTH

Transportation is first come first served. Families are also able to meet us there.



# June Activities

### Newport Rec Center Swim

Depart: CTSI Rec Center 8:30am

Thursday, June 15th

Visit time: 9 AM - 11 AM

Return Home: ~11:30 AM

Children under 9 will need a chaperone

### Games at the Rec Center

Siletz Rec Center

Monday, June 26th

11 AM - 1 PM. Snacks will be provided!

Children under 9 will need a chaperone

### Sonic at Newport Cinemas

Depart: CTSI Rec Center 9:15 AM

Wednesday, June 28th

Visit time: 10 AM

Return Home: ~12:30 PM



You can send money with youth for concessions. Newport Cinemas is offering a \$4.50 deal on a small popcorn, soda and snack.

Applications can be picked up at Admin or Emailed

Contact: Jeff Sweet 541-444-8207 or [Jeffs@ctsi.nsn.us](mailto:Jeffs@ctsi.nsn.us)

Sponsored by: CTSI Education | STHD | 477/SSP | Diabetes Department | Behavioral Health

Reminder: Please re-register your youth by September so they can participate in JOM activities this next school year.

Toledo Public Library & Art Toledo Present:

## Toledo Teen Mural Tour And Pizza Party!



**Thursday, June 22nd 6:00pm-9:00pm**

This event starts and ends at the library. Wear your walking shoes and come explore Toledo's art scene! Brainstorm ideas for future murals, create mini murals, and eat pizza!

**FUN! FREE!** Call 541-336-3132 to register.

