#### **Area Office Newsletter and Events**

Eugene • Portland • Salem • Siletz

September 2023

#### **Public Information Department**

P.O. Box 549

Siletz, OR 97380-0549

Phone: 541-444-8291

E-mail: pias@ctsi.nsn.us

#### All news & events

#### **CTSI Childcare Assistance Program**

will be in effect. These activity. changes include the return ilies with incomes above the Federal Poverty Level for Providers.

Co-payments based upon household income and household up to 4%. Payment Rates the geographic area or zip the CTSI. code of the Provider and their qualifications and about the CTSI Childtraining.

Assistance Program helps Head Start Director, at CTSI tribal families living 541-444-2450 or email at in the CTSI 11 county ser- deannb@ctsi.nsn.us.

Beginning May 1, 2023 vice area to pay for their changes to the CTSI Child- childcare expenses while care Assistance Program they participate in a work

Work activities include of Co-payments for fam- working, looking for work, students, or participating in a job training program. and new Payment Rates To be eligible, children must be 12 years of age are or younger, and either an enrolled member of the CTSI, or eligible to enroll size, and range from 1% in the CTSI, or be the descendant or dependent for Providers are based on of an enrolled member of

For more information care Assistance Program, The CTSI Childcare please call DeAnn Brown,

#### Siletz Tribal Court Survey

The Confederated Tribes of Siletz Indians Tribal Court is receiving an update to their Tribal Court Assessment and the team wants to hear from you!



SCAN ME

Tribal Court Assessments are intended to evaluate tribal court needs, provide recommendations for court improvement and to receive dedicated tribal court funding.

Please take this brief survey!

HTTPS://WWW.SURVEYMONKEY.COM/R/SILETZ TRIBALCOURT

Please respond by October 2nd, to make your voice heard.





Ouestions? Contact: TCAcoordinator@whitenergroup.biz or 36O-688-10O4

#### **USDA** distribution dates for October

#### Siletz

Oct. 2	12:30 – 3:30 p.m
Oct. 3	9 a.m. – 3 p.m.
Oct. 4	9 a.m. – 3 p.m.
Oct. 5	9 a.m. – 3 p.m.
Oct. 6	9 a.m. – 3 p.m.

#### Salem

Oct. 17	9 a.m 6:30 p.m.
Oct. 18	9 a.m – 6:30 p.m.
Oct. 19	Appt only

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page.

Sammy Hall, USDA Director, 541-444-8279; sammyh@ctsi.nsn.us

> Fax: 541-444-8306 or 503-391-4296

# PATIENT PORTAL

The Siletz Community Health Clinic has launched a new NextGen® Patient Portal that is easier to use, navigate, and has additional features for patients to utilize.



\*The previous portal will only be accessible up until August 25th, when it will no longer be available.

#### **ABOUT**

A patient portal is a personalized, secure website that enables you to manage healthcare interactions and communicate with your healthcare providers at any time. This convenient online connection puts you in control of your healthcare from any web enabled device.

#### REGISTRATION

Any SCHC staff member can give you access to the new portal, as long as you have a valid email address.

Once requested, you will just need to enter your DOB and zip code, then you will be instructed to create a password.

You will then be able to log in to the new patient portal.

REQUEST ACCESS



REGISTER ACCOUNT



VIEW Portai



## HIPAA COMPLIANT & EASY TO ACCESS HEALTHCARE INFORMATION

#### **FEATURES**

Direct Messaging

View Lab & Test Results

Review, Download and Share Health Records Access to Health Records

> View Medications

Access Minor Children's Accounts Access to Visit
Summaries

See Appointment History

Additional Feature to Be Added...

Forms are not currently available on the patient portal, but efforts are being made to complete that feature.

TUESDAYS | OCTOBER 10TH THRU NOVEMBER 28TH 2023 | 6PM-7:30PM VIA ZOOM

## FATHERHOOD AND MOTHERHOOD IS SACRED

FALL SERIES PARENTING WORKSHOPS

THERE IS NO OTHER WORK MORE IMPORTANT THAN
FATHERHOOD AND MOTHERHOOD

(Native American Fatherhood and Families Association)

You can attend even if you attended this series before. Join us!

#### **RSVP Today!**

Lori Christy, <u>loric@ctsi.nsn.us</u>, 503-390-9494 Cathy Ray, <u>catheriner@ctsi.nsn.us</u>, 541-484-4234

CTSI IS PARTNERING WITH THE CONFEDERATED TRIBES OF COOS, LOWER UMPQA, SIUSLAW; COW CREEK BAND OF THE UMPQUA TRIBE OF INDIANS; AND THE KLAMATH TRIBES TO PRESENT THESE WORKSHOPS









#### **Apply now for Siletz Tribal Head Start**



The Siletz Tribal Head Start program is accepting applications now for the 2023 -2024 school year.

We have classrooms in Siletz, Lincoln City, Salem an Portland and offer services to promote children's school readiness skills and to assist families with supporting their child's lifelong learning.

Classrooms are in session Monday – Thursday, we provide roundtrip transportation, and developmentally appropriate activities to promote each child's success.

To qualify, children must be age 3 or 4 years of age by the local school districts age cut-off date, and income limits may apply.

Head Start applications can be found on the CTSI website, or can be requested by calling 541-444-2450 and asking for Head Start.

#### 2023-2024 CTSI College Information Nights

Sponsored by the **Education Department** 

#### 6PM VIA ZOOM

Topics include: Financial Aid (FAFSA); Oregon Tribal Student Grant; Tribal funding; Meet representatives from colleges here in Oregon and across the nation and more!



College Information Night I

10/26/23

@ 6PM via Zoom

https://zoom.us/j/99737664949



College Information Night II

01/25/24

@ 6PM via Zoom

https://zoom.us/j/96048817766



College Information Night III

04/25/24

@ 6PM via Zoom

https://zoom.us/j/97441781453

#### Contact an Education Specialist to Sign Up!

Jeff Sweet Siletz & Out-of-Area JeffS@ctsi.nsn.us

Sonya Moody-Jurado Salem Area SonuaMJ@ctsi.nsn.us

Katy Holland Portland & Washington KatyH@ctsi.nsn.us

Candace Hill Eugene Area CandaceH@ctsi.nsn.us

## Siletz Tribal Youth Fall STREAM Kits

Register for a STREAM kit and enhance your learning experience!

#### October

Deadline to submit your application is October 16th at 4:30 PM.

#### November

Deadline to submit your application is November 13th at 4:30 PM.

#### December

Deadline to submit your application is December 11th at 4:30 PM.

If you apply the previous month, you will not need to apply for the following month(s).

#### Contact your Education Specialist for an application.

Katy Holland Portland Area KatyH@ctsi.nsn.us 503-238-1512

Sonya Moody-Jurado Salem Area

SonyaMJ@ctsi.nsn.us 503-390-9494

**Eugene Area** CandaceH@ctsi.nsn.us

**Jeff Sweet** Siletz Area

Raina Mason Out-of-Area RainaM@ctsi.nsn.us

541-484-4234

Candace Hill

JeffS@ctsi.nsn.us 541-444-8207

541-444-8347

Kits available on a first-come, first-served basis. All enrolled Siletz Tribal youth between the ages of 3-18 are eligible.



#### 2023-2024 NCUIH Emerging Leaders Council

Calling all urban Natives ages 18-24!



Apply by August 31, 2023!

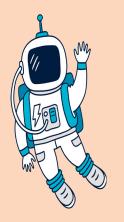
ncuih.org/applynow

## CTSI VIRTUAL CULTURE NIGHTS

#### **Upcoming Dates:**

October 4 at 7 pm: Run to the Rogue (Stories and Prep)

November 1 at 6 pm: Fall Foods



## IN-PERSON GATHERING

**October 20: Spruce Root** 

Exact locations and times TBA depending on weather and conditions. If you want to start weaving now is a great time to get root! Email or call for more details

Sponsored by the Education and Culture Departments
Contact Nick Viles at nickv@ctsi.nsn.us or 541-484-4234 x1757 to sign up

## CAMP CREEK HILLS FALL CALENDAR

Join us at the Tribe's nature property outside Springfield this Fall for family friendly activities including hiking, cultural plant management, wildlife viewing, and gathering

Sept 22 4-8pm - Fall Equinox Sunset Hike

Sept 27 5-7pm - Acorn Monitoring

Oct 5 7-9am - Bird Watching

Oct 19 4-7pm - Camas Tending

Oct 26 5-7pm - Acorn Gathering

Oct 29 9am-2pm - 4 Mile Loop Hike

Please RSVP to jessicah@ctsi.nsn.us for updates, and details





STARTING MAY 1ST, 2023

Save Our New Number

541-444-9677

#### SILETZ COMMUNITY HEALTH CLINIC 200 Gwee-shut RD Siletz. Or



THE PURCHASED/REFERRED CARE PHONE NUMBER IS CHANGING!

STARTING MAY 1ST. YOU CAN CALL PRC DIRECTLY AT

541-444-9677

All other PRC phone numbers will be deactivated within the coming months. Until then, an automated voice message will direct callers to contact PRC using our new number.

This update allows you to contact PRC directlyno more transferred calls or phone trees!

#### DID YOU KNOW?

You can also contact PRC by email at SILETZPRC@CTSI.NSN.US



#### ~ CTSI Enrollment Department ~

Tribal Members, remember to keep your address and contact information current with the Enrollment Department. If we receive returned mail, you will be on the missing moccasin list.

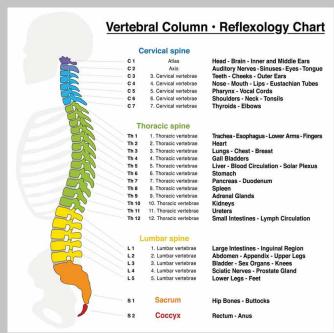
Where is my per capita check?

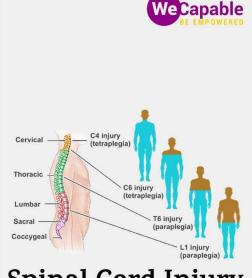
If you have not received per cap check by <u>August 21</u>, email EnrollmentDepartment@ctsi.nsn.us or call us at 541-444-8258 to confirm mailing address.

Enrollment Department webpage has forms and instruction videos with audio.



#### **ASSISTIVE TECHNOLOGY (AT) FOR SPINAL CORD INJURIES**





Spinal Cord Injury

After a serious car accident, an individual may experience a spinal cord injury (SCI) or paralysis. Cutting edge Assistive Technology (AT) is available so that individuals who experience spine-related injuries have a better quality of life that improves their physical functioning. Adaptive devices or customized wheelchairs improves an individual's physical functioning and increases independence.

Some people with spinal cord injuries have difficulty with communication. AT options may help them in the use of computers, smart devices and other adaptive communication tools. A speech-language pathologist may evaluate and make recommendations as to the best adaptive equipment that meets the individual's needs to increase their ability to communicate with others.

People who have impaired mobility and/or hand impairments often struggle with getting in and out of bed, walking, bending down, or reaching for objects. Adaptive devices can be used to improve mobility in the home and/or work environments. Through the use of AT, individuals reach a level of independence, i.e., devices to adjust their bed, user controls to manage appliances, i.e., rumba to clean their home or tablet devices with AT software to use a computer. For further information, see link: <a href="https://www.ninds.nih.gov/health-information/disorders/spinal-cord-injury">https://www.ninds.nih.gov/health-information/disorders/spinal-cord-injury</a>

Please contact your local Job Development Specialist if you need assistance with Assistive Technology:

Tamra Russell Portland Area Office 503-238-1512, ext. 1411

Toni Leija Salem Area Office 503-390-9494, ext. 1861 Makayla Jackson Eugene Area Office 541-484-4234 ext. 1752

## **Eugene Area Office News**

#### The Confederated Tribes of Siletz Indians

#### The Eugene Area Office Staff

541-484-4234 1-800-922-1399

#### Jessica Hibler

Supervisor: x1751 jessicah@ctsi.nsn.us

#### **Nick Viles**

Instructor-Tribal Language/Culture: x1757 nickv@ctsi.nsn.us

#### **Candace Hill**

Education Specialist /JOM: x1763 candaceh@ctsi.nsn.us

#### Jenifer Jackson

Self Sufficiency Counselor II/477SSP: x1755 jeniferj@ctsi.nsn.us

#### Cathy Ray

Job Development Specialist/477SS:P x1756 catheriner@ctsi.nsn.us

#### Makayla Jackson

Job Development Specialist Voc. Rehab: x1752 makaylaj@ctsi.nsn.us

#### **Jamie Boe**

Community Health Advocate: x1753 jamieboe@ctsi.nsn.us

#### Ro Zientara

Mental Health Therapist: x1758 rzientara@ctsi.nsn.us

#### **Robert Jackson**

Peer Recovery Mentor: x1764 robertJ@ctsi.nsn.us

#### **Stormie Ehret**

Administrative Services Clerk: x1750 stormiee@ctsi.nsn.us

#### **Verdene McGuire**

EAO Elders Rep. udenie101@gmail.com

Vacant, Elder on-call Transport

#### Eugene area elder's info, news and events

Hi everyone,

Fall chill is in the air, September has arrived! Our grandkids will be returning to school, and I will be celebrating my 73<sup>rd</sup> birthday all month. My favorites are pineapple upside cake and pecan pies, oh yeah. With whipped cream on the cake and vanilla ice cream on the pie. Yum.

I just want to say how much I have been enjoying and appreciate the food produce program that EAO has provided for us this summer. The fresh cantaloupe was so sweet and delicious. The carrots and russet potatoes and yellow onions were perfect with a small pork roast I made this week. Fresh farm eggs, oh my - I am a fan! Yummy organic seed breads and muffins, and much more. Thank you, thank you, thank you!

We have our September birthday celebrations to celebrate this month. I want to wish all of our Lane, Benton, and Linn County Elders a Happy Birthday. I'm sending birthday wishes to: Bonnie and Lorna. With warm wishes for good health, wealth, prosperity, love, a day, and year - filled with lots of happiness, hugs, laughter, and CAKE! Truly.

#### Reminders:

The rescheduled Bike Safety

Rodeo is going to be September 23 from 2-4 p.m. at the EAO.

Every Thursday you can join the walking group that is now starting at 10 a.m., with Jamie Boe. Each month he takes the group to a different park. September will be at Alton Baker Park.

The Sobriety Talking Circle is every Thursday at 6:30 p.m. with Robbin Jackson.

The beading group has been changed to the third Tuesday of each month now. Sherry and I checked with Jessica, and she came up with the third Tuesday of each month from noon till 2 p.m. That way after the beading group folks can pick up the food produce on their way home. We will also have beading classes to help folks make different beading projects. Plus, help with repairs and maybe even new projects each month. Come join us.

Diabetes funding for a gym memberships is still available. You can call Jamie Boe, at 541-484-4234, for more information.

Be well and stay positive and kind. Till next month...

Truly,
Verdene McGuire.
Eugene area Elders Rep
VDenie101@gmail.com
Cell: 503-890-0742

Please join us for this fun and informative cultural opportunity:

#### **ELDERS LED BEADING GROUP**

is in-person and open to all ages! We meet at the Eugene Area Office (EAO) the 3<sup>rd</sup> Thursday of every month, from 10a.m. - noon.

FOR MORE INFORMATION: CONTACT VERDENE VDENIE101@GMAIL.COM

## SOBRIETY TALKING CIRCLE

You're invited to join us for a sobriety talking circle. Every week we will meet to discuss various topics surrounding our recovery. COFFEE AND DOUGHNUTS!

6:30 p.m. • Thursday's

2468 West 11<sup>th</sup> Ave Eugene OR 97402

@ CTSI Eugene area office

Open group: Everyone is welcome Info@ RobertJ@ctsi.nsn.us
541-484-4234 Ext. 1764

## Eugene Area Office

## SATURDAY, SEPTEMBER 23RD

SATURDAY, SEPTEMBER 23RD 2-4PM

Join us at the Eugene Area Office for a fun afternoon of learning bike safety and maintenance with **Shift Community Cycles** 

2468 W. 11th Ave. Eugene, OR 97402

Open to youth ages 3-18

Youth need to be accompanied by an adult

Bring your bicycle and helmet
Please let us know if your child needs a helmet
Youth who participate will receive free safety
lights, a bell, and ice cream!

Contact Jamie Boe or Candace Hill to sign up

by September 20th

JamieBoe@ctsi.nsn.us or (541) 484-4234

Sponsored by Community Health and JOM

Tribal members... please join us!

## Walking Group

When: Every Thursday

Time: 10:15 a.m.-11:15 a.m. (up to 1 hour)



Walk your way to better health!

Where: For the month of <u>September</u> we will be at <u>Alton Baker Park</u>

Choose your comfort level. Any pace is the right pace!

Participants receive a raffle ticket each week they attend walking group. The drawing for a prize will be held on the last Thursday of each month  $\odot$ 

\*\*\* Note: Please contact me if you would like to participate, as we will need at least 1 participant each week in order to meet for walking groups

Jamie Boe, Community Health Advocate at 541-484-4234

Or by email at JamieBoe@ctsi.nsn.us



If you or your family would like to share in some <u>FREE</u> fresh produce, you may pick up at the Eugene Area Office on Tuesdays 2 p.m. – 4 p.m. Any produce not picked up Tuesday will be available for pick-up Wednesday from 9am-4:00 pm and Thursday 9 a.m. - 4 pm.

Please bring your own bag or box to transport your food. You may call ahead to check availability of food.

Eugene area office: 541-484-4234 2468 W. 11<sup>th</sup> Ave, Eugene OR 97402

This food is collected and distributed by Food for Lane County through the Trillium Produce Plus program.

The Siletz Tribe and FFLC are working in a joint effort to alleviate hunger in our community.



## Portland Area Office News



12790 SE Stark St. Ste. 102, Portland, OR 97233 (phone) 503-238-1512 (fax) 503-238-2436 (email) ctsi.portland@ctsi.nsn.us



We are happy to announce that we now have a general email specific to the Portland Area Office!

The email address is:



#### ctsi.portland@ctsi.nsn.us

We will be using this email to send Portland Area Tribal Members updates on events and things we will be offering.

## Dave's Killer Bread Donation Distribution at the Portland Area Office!

Come get your killer bread!



September 1st from 1pm - 4pm
September 4th from 9am - 4pm

September 15th from 1pm - 4pm

September 18th from 9am - 4pm

First-come-first-served until we run out!



(The following was submitted by the event planner)

NAYA's Annual Neerchokikoo Powwow is a celebration of Native American history, culture, and cultural arts. Since 2010. the powwow has welcomed the community to gather to celebrate culture through dance, music, art and food. The Neerchokikoo Powwow also honors

partners, volunteers and donors whose contributions to NAYA's work has enhanced the lives of our youth, families and elders over the past year.

Traditional drumming and dance for women and men of all ages are performed throughout the day, as well as exhibitions from our tiny tots, youth and multi-generational groups. Participants dance, drum and sing in their own styles, as Portland is home to a large and diverse Native population representing members from 380 different tribes.

#### NATIVE ARTISAN FAIR

In addition to the dance exhibitions, Native artisans and venders supported by NAYA's microenterprise services offer beautiful prints, jewelry and other items for sale. Delicious fry bread and Indian tacos are available for purchase.

#### RETURN TO NEERCHOKIKOO

Our annual powwow is named for the village that previously occupied these lands that is now NAYA's home. Neer-chokikoo was once a thriving fishing village and a year-round encampment located next to the Columbia Slough and near by the confluence of the Willamette and Columbia Rivers. In June of 2006, NAYA moved to this site and asked the Chinook leaders for permission to set up our work on this land. We are honored that permission was granted. In June of 2023, with the help of our donors and partners, NAYA was able to retire our mortgage debt, reclaiming our home at Neerchokikoo.

The powwow is free to the public.

## Siletz Tribal Head Start Portland Current Staff Openings:

We have a wonderful Head Start program and are looking for a Teacher and Assistant Teacher, so we can reopen our classroom to serve our tribal families and children.

- Head Start Teacher— Salary/Wage \$25.32 per hour
- Head Start Assistant Teacher/Bus Driver—\$19.85 per hour

Positions are full-time with full benefits and sign-on bonus. Please apply today by contacting CTSI Human Resources at 1-800-922-1399.



#### Don't forget to check out our Siletz Tribal Facebook page

You can find up-to-date announcments, events, and numerous opportunities for our area.

Find all the CTSI Facebook pages today!



#### **Welcome our new Community Health Advocate**

Greetings, my name is Inc., as a full-time Reception-Blanchette.

I was named after my grandma Blanche Kipp Gould. My mom added the "ette" to signify I am the little version of my grandmother. I was born in Portland and attended school here as well as on my reservation in Lapwai, ID while living with my grandma Blanche.

I have 8 children, 7 of which have been raised here in Portland. I am a "grandma Blanche" of 10 grandchildren. We are Nimiipuu, also known as Nez Perce. I am married to Raleigh Morrison, who I met in middle school and reconnected with in 1997. I love going on road trips with my husband while singing off key and laughing so hard we have to find a "rest area".

I began my work history at the Department of Interior Bureau of Indian Affairs, then became a stay at home mom. Following which, I returned to the work force as a single mother of 5.

With the aid of the Confederated Tribes of Siletz Indians, I was placed in the On the Job Training program (OJT) to become a medical receptionist for NARA. They picked me up as a direct hire for inpatient treatment as a part-time, residential Advocate. Then went to work for Transition Projects

ist, and became their Information and Referral Specialist.

From there, I was offered a job with the Downtown Chapel. During my work there I fell in love with my husband and next thing, we were expecting identical twins. My health required me to leave my work and remain on bed rest until they were born. I tried going back to work after they were born but my girls were so small and vulnerable. So, I staved home until they were old enough to attend Siletz Head Start.

Then again, Siletz's OJT program helped me return to the work force and I worked for Children Services followed by becoming a Domestic Violence Advocate and advancing in that career. From there I managed the winter shelter for Human Solutions.

When the winter season ended, I accepted an offer to take care of my aunt through Aging & Disabilities Services until she died at 96 years old. Afterwards, I decided to try something different and became a medical transportation driver. Then a Youth Engagement Specialist for the Boys & Girls Club. I eventually started working as a receptionist again, for something to do. However, when that took a turn, I took a sabbatical. During which time I had some fun acting.

Recently, I returned to the Siletz tribe to help me find a job "again" so I could feel useful. Next thing I know, I am on board with the people and the agency that gave me so much and caused me so much success in my career and even in my parenting. I feel so blessed, honored and grateful to be able to work for such wonderful people, to whom I owe so much. Thank you for allowing me this opportunity to be of service.

Blanchette V-Morrison Community Health Advocate 1 503-238-1512 x 1413 BlanchetteV@ctsi.nsn.us



#### **Portland Area Office Announcements:**

- NARCAN is available at the PAO. If you would like to pick some up please stop by the office during our business hours.
- $\bullet$  The PAO will be locating to the new office on October 2, 2023. The address to the new building is: 3220 SW 1st Avenue, Portland, OR 97239

Thank you, to all the PAO Tribal Members that showed up to our Summer Picnic at Blue Lake Park on August 31. It was a fun time for all! We will put photos in the next issue of the newsletter.

We had our Salmon Distribution in July.

Thank you to everyone that turned out to help with this event. It was so nice to see some of our Tribal Members again!



(Drive -thru Salmon Distribution)



(Tribal youth workers Mikai and Milly handing out salmon)

#### Salem Area Office News

#### Salem area contact info:

#### Andulia White Elk

Addictions Counselor, X 1855 AnduliaW@ctsi.nsn.us

#### **Angelica Espino**

Self Sufficiency Counselor, X 1853 AngelicaE@ctsi.nsn.us

#### Antonia Leija

Voc Rehab Counselor/ Job Developer, X 1861 AntoniaL@ctsi.nsn.us

#### **Beverly Owen**

Area Office Supervisor, X 1851 BevO@ctsi.nsn.us

#### Cecilia Tolentino

Community Health Advocate, X1854 CeciliaT@ctsi.nsn.us

#### **Dana Rodriguez**

Administrative Services Clerk, X 1850 DanaR@ctsi.nsn.us

#### Isaac Palomo

Re-Entry Mentor, X 1852 IsaacP@ctsi.nsn.us

#### **Lori Christy**

Family Support Specialist, X 1863 LoriC@ctsi.nsn.us

#### Lydia Kentta

Transporter

#### Rachel Zinn

Mental Health Counselor, X1864 RachelZ@ctsi.nsn.us

#### Sonya Moody-Jurado

Education Specialist, X 1856 SonyaMJ@ctsi.nsn.us

#### **IMPORTANT REMINDER**

As the Tribes insurance does not cover anyone not registered at the Hee Hee Illahee RV Resort, the pool and spa is for park guests' usage only.

# SAO 2023 Class Participants Projects

Some of the classes that we have had at the Salem Area Office include: Beaded wristlets, Russian Leaf Earrings, Naa'Set Shell Necklaces, Dentalium Necklaces, Wire-Wrapped Earrings, and Edge Beading on hats.

Thank you for submitting photos of your beautiful projects! Lori Brown. Lane Jonesburg. Sarah Ellisor. JacZulyn Taylor and Dana Rodriguez















## Siletz Area Office News



**A Support Group For** 

**Quitting Commercial Tobacco** 

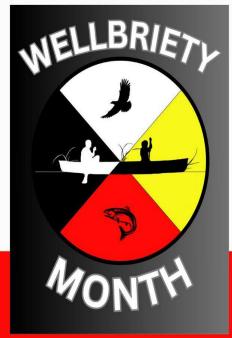
Starting 8/8/23
Every Monday from 2-3pm
In the 2nd floor conference room
The Siletz Community Health Clinic
200 Gwee-Shut Rd, Siletz, OR 97380

If you have questions or want more information contact:

Alex Harding at 541-444-9682 or AlexH@ctsi.nsn.us



In honor of Wellbriety month, you are invited to support recovery in the Siletz community by attending a dinner and honoring ceremony for individuals in recovery



Wednesday, September 20, 2023 doors open at 5:30 pm for the dinner and honoring ceremony

**Location: Siletz Tribal Community Center** 

**Contact** 

If you know of someone in the Siletz Community that you want to be honored, please call Siletz Tribe Behavioral
Health Department at 541-444-8286 for more information

## Healing Corner

Now introducing a new healing area, open Monday- Friday 8am-5pm Siletz clinic outside Health Promotion and CARE

Please feel welcomed to come and enjoy our earth medicine and learn how to make your own prayer tie. we are offering many healing medicines from sage, lavender and peppermint to rose and dandelion leafs.

we also will have healing recipes for each new month
Healing is for all, Enjoy!

