

Area Office Newsletter and Events

Eugene • Portland • Salem • Siletz

Public Information
Department

P.O. Box 549
Siletz, OR 97380-0549

Phone: 541-444-8291

E-mail: pias@ctsi.nsn.us

January 2024

All news & events

Tribal Election Day

Saturday, Feb. 3rd

Contact the Election Board at Elections@ctsi.nsn.us to
register to vote or update your signature card

www.ctsi.nsn.us/tribal-government/tribal-elections/

USDA distribution dates for February

Siletz

Feb. 2	9 a.m. – 3 p.m.
Feb. 5	9 a.m. – 3 p.m.
Feb. 6	9 a.m. – 3 p.m.
Feb. 7	9 a.m. – 3 p.m.
Feb. 8	9 a.m. – 3 p.m.

Salem

Feb. 12	9 a.m. – 6:30 p.m.
Feb. 13	9 a.m. – 6:30 p.m.
Feb. 14	Appt only

LIKE us on Facebook at Siletz Tribal FDPIR. We would like to see more people sharing their recipes on our FB page.

Sammy Hall, USDA Director,
541-444-8279;
sammyh@ctsi.nsn.us

Fax: 541-444-8306 or
503-391-4296

2023-2024 CTSI College Information Nights

Sponsored by the
Education Department

6PM VIA ZOOM

Topics include: Financial Aid (FAFSA); Oregon Tribal Student Grant; Tribal funding; Meet representatives from colleges here in Oregon and across the nation and more!

College Information Night II 01/25/24
@ 6PM via Zoom
<https://zoom.us/j/96048817766>

College Information Night III 04/25/24
@ 6PM via Zoom
<https://zoom.us/j/97441781453>

Contact an Education Specialist to Sign Up!

Jeff Sweet
Siletz & Out-of-Area
JeffS@ctsi.nsn.us

Sonya Moody-Jurado
Salem Area
SonyaMJ@ctsi.nsn.us

Katy Holland
Portland & Washington
KatyH@ctsi.nsn.us

Candace Hill
Eugene Area
CandaceH@ctsi.nsn.us

SCHC HAS UPDATED PHONE TREE OPTIONS

If you are trying to reach another department in the Siletz Community Health Clinic, please visit the CTSI website at

www.ctsi.nsn.us/tribal-services/healthcare/

to get the complete listing of Healthcare staff under contact information.



Updated Phone Tree Options

- Option 1: Medical
- Option 2: Dental
- Option 3: Optometry
- Option 4: Behavioral Health
- Option 5: Transportation
- Option 6: Purchased/Referred Care (PRC)
- Option 7: Pharmacy
- Option 8: Automated Prescription Refill

PRC can also be reached directly at

541-444-9677 or by email at SiletzPRC@ctsi.nsn.us.

Siletz Tribal Members **Online Academic Support**

- * 24/7 On-Demand Access to Online Professional Tutors**
- * All Subjects and Grade Levels- From Kindergarten through College/University**
- * Individualized Help in All Subjects**
- * SAT & ACT Prep; College Course Level Help and More**
- * All Tribal Students Eligible to Apply, Regardless of Residence.**

Contact your local Education Specialist to sign up:

Siletz & Out-of-Area
Alissa- AlissaL@ctsi.nsn.us

Salem
Sonya- SonyaMJ@ctsi.nsn.us

Portland
Katy- KatyH@ctsi.nsn.us

Eugene
Candace- CandaceH@ctsi.nsn.us

Please Note:

On-line tutoring access is funded with US CARES Act Funds: Students MUST complete a COVID-19 Tutoring Application to register. Tutoring hours are available on a first come first serve basis as resources are available

SILETZ TRIBAL FAMILY LITERACY NIGHTS!

For enrolled Siletz Tribal members and their families - Pre-school to Elders!

**JOIN YOUR CTSI EDUCATION TEAM AS WE
SHARE A MEAL AND A NIGHT OF LITERACY
FUN, DESIGNED FOR THE WHOLE FAMILY.**

LOCATIONS

Siletz	Salem	Eugene	Portland
<i>Tribal Community Center</i>	<i>Hee Hee Illahee Tribal RV Park</i>	<i>Eugene Area Office</i>	<i>Portland Area Office</i>

CONTACT INFORMATION TO SIGN UP BELOW

FREE DINNER

ENTER TO WIN PRIZES

FREE SEND HOME ITEMS

**5-8 PM
FEB. 21
APRIL 24**

Sonya Moody-Jurado
Salem Area
SonyaMJ@ctsi.nsn.us
503-390-9494

Candace Hill
Eugene Area
CandaceH@ctsi.nsn.us
541-484-4234

Jeff Sweet
Siletz Area
JeffS@ctsi.nsn.us
541-444-8207

Raina Mason
Siletz Area
RainaM@ctsi.nsn.us
541-444-8347

Katy Holland
Portland Area
KatyH@ctsi.nsn.us
503-238-1512



APPLY FOR THE **OREGON TRIBAL STUDENT GRANT**

Visit <https://oregonstudentaid.gov/grants/oregon-tribal-student-grant/>
for information on deadlines, instructions, and a link to apply.

*You can also reach them by phone at (503) 509-7624 or
email at PublicPrograms@hecc.oregon.gov*

Students must: be enrolled in one of Oregon's 9 federally recognized tribes, be attending an Oregon based institution, submit the FAFSA/ORSAA, and complete the Oregon Tribal Student Grant (and verify their Tribal enrollment).

The final deadline to apply for the 2023-24 academic year is April 5, 2024.

Contact Your Education Specialist with About Other Support Available to You

Jeff Sweet
Siletz/Out-of-Area
JeffS@ctsi.nsn.us

Katy Holland
Portland/Washington
KatyH@ctsi.nsn.us

Sonya Moody-Jurado
Salem Area
SonyaMJ@ctsi.nsn.us

Candace Hill
Eugene Area
CandaceH@ctsi.nsn.us

SILETZ CARE PROGRAM

In Person & Virtual Trauma Recovery Support Group

SELF Curriculum, Art Journals
Vision Boards & Native Medicine

This group is available to anyone age
18 and up who has experienced any form of
trauma. We will follow the
SELF Curriculum.

This will be a closed group, if you are
interested please contact Rachelle
RachelleE@ctsi.nsn.us

**IN-PERSON WEDNESDAYS
AT 1:00PM IN BEHAVIORAL
HEALTH CONF. ROOM**

**VIRTUAL THURSDAYS
AT 5:30PM**

Siletz Tribal Youth Council Meeting

At the NEW Portland Area Office
11 a.m. • Sunday, January 28



Come and meet Siletz Tribal Youth from all area's and help plan for upcoming events and activities for our youth council, as well as prepare for this year's UNITY Conference - which will be right here in Portland, at the end of June. Lunch will be provided. Parents/Guardians are welcome to attend.

Transportation: Youth carpool from the area and Siletz offices. Contact us as soon as possible if you would like to join.

Area Office Contact Numbers:

Portland: Katy Holland, 503-238-1512; katyh@ctsi.nsn.us
Salem: Sonya Moody-Jurado, 503-390-9494; sonyamj@ctsi.nsn.us
Eugene: Candace Hill, candaceh@ctsi.nsn.us
Siletz: Raina Mason, 541-270-8347; rainam@ctsi.nsn.us

Youth Council Objective: The objectives of this group shall be to provide a collective voice and represent the Tribal youth in all matters that concern them; to serve as a means of mobilizing and coordinating the actions of youth, other community members and organizations toward positive goals; to promote the development of future Tribal leaders; to help solve problems facing Tribal youth; to coordinate school and community service projects and provide opportunities for the youth to interact for fun and fellowship.

SAVE THE DATE CTSI PLANNING DEPARTMENT

2024 COMMUNITY MEETINGS

JANUARY 11TH, 2024
EUGENE AREA OFFICE

JANUARY 25TH, 2024
SALEM AREA OFFICE

FEBRUARY 15TH, 2024
SILETZ TRIBAL COMMUNITY CENTER

FEBRUARY 29TH, 2024
PORTLAND AREA OFFICE

MARCH 14TH, 2024
OUT OF AREA/ZOOM

For further information, please contact
Danise Barker, Planning Assistant 541-444-8257 or
Pamela Barlow-Lind, Planning Director 541-444-8361



Meetings start at 5:30
PM with a light dinner.
Zoom option is also
available.

The 'Zoom Only' Out of
Area meeting time is
3:00 PM Pacific
Standard Time.

AFFORDABLE CONNECTIVITY PROGRAM (ACP)

The ACP is a benefit program that helps households afford broadband internet at home. Qualifying households will receive **\$30 off their monthly internet bill each month** and **\$75 each month on their bill if the household is on qualified tribal land**.

This is a locked in benefit for a year after approval!

QUALIFYING APPLICANTS ARE THOSE WHO
RECEIVE ONE OR MORE OF THE FOLLOWING;



STATE-BASED BENEFITS/ASSISTANCE

Such as Medicaid, SNAP, WIC, Lifeline, etc.



FEDERAL BENEFITS/ASSISTANCE

Such as TANF, GA, USDA, Federal Public Housing Assistance (FPHA), SSI, Veterans pension or survivors benefits, Federal Pell grant, or has a child/ren in the home that goes to public school and receives free-reduced school lunches.



LIVING ON TRIBAL LANDS

Participates in one of these assistance programs **and** lives on qualifying Tribal lands: Bureau of Indian Affairs General Assistance, Tribal TANF, Food Distribution Program on Indian Reservations, or Tribal Head Start (income based)

This is not an income based benefit. If none of these benefits apply to you or your household, you can then qualify under income. A household is eligible for the ACP if the household income is at or below 200% of the Federal Poverty Guidelines.

Contact our
Affordability
Connectivity Program
Navigator, Lynetta
Cuomo at:

LynettaC@ctsi.nsn.us
541-270-4351

SIGN UP TODAY FOR **WINTER ON-LINE
LANGUAGE CLASSES**

**LEARN
NUU-WEE-YA'**
(OUR LANGUAGE)

MONDAYS, JAN. 8-MAR. 11

4:00 PM-IMMERSION LEARNING SUPPORT

TUESDAYS, JAN. 9-MAR. 12

6:00 PM-BEGINNING CONVERSATION 1

6:45 PM- BEGINNING CONVERSATION 2

THURSDAYS, JAN. 11-MAR. 14

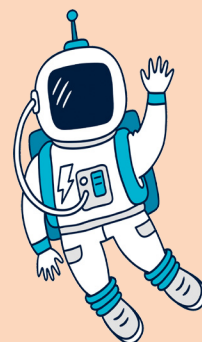
12:30-LANGUAGE AND LUNCH

TO SIGN UP CONTACT NICK VILES AT [NICKV@CTSI.NSN.US](mailto:nickv@ctsi.nsn.us) OR 541-484-4234 X1757

CTSI VIRTUAL CULTURE NIGHTS

Upcoming Dates:

January 17 at 6 pm: Restoration



IN-PERSON LANGUAGE AND CULTURE CLASSES

January: Bear Grass Braids

Siletz (Community Center)-Monday, January 8 at 6 pm

Portland Area Office -Thursday, January 18 at 6 pm

Eugene Area Office-Monday, January 22 at 6 pm

Salem Area Office-Monday, January 29 at 6 pm

**February: Nee-dash 'vm-nith-ts'it (Learning
Feather Dance)--MAKE UP DATES**

Come and learn our traditional dances. Both sessions open to all:

Siletz (Community Center): Monday, February 5 at 6 pm

Valley (Salem Area Office): Monday, February 26 at 6 pm

Sponsored by the Education and Culture Departments

Contact Nick Viles at nickv@ctsi.nsn.us or 541-484-4234 x1757

Interested in Volunteering?

You can volunteer for:	Behavioral Health
The Siletz Community Health Clinic	Education
The Garden Program	Elders
Natural Resources	Special Events
	And More!

You must contact the department you wish to volunteer for and let them know your interest and contact information. Department contact information can be found on our website at ctsi.nsn.us.

The department will then forward your request to the relevant staff to begin your application process.

Volunteers will need to fill out a Volunteer Application and Agreement Form, a background check and a drug test.

Interested in Knowing What You Can Volunteer for? You can call the department you're interested in to see what volunteer opportunities there are!

Background checks and drug tests are required!

Supplemental Education Program or Johnson O'Malley (JOM)

We would like to encourage all of our tribal families with enrolled Siletz children from Pre-K-12 to sign up or our JOM Supplemental Education Program. \$50 per request and more.

JOM can assist youth to pay for registration for sports, music and/or other activities such as: academic supplies, sport specific shoes of up to \$50 per request and more. The program can also provide school supplies if you have not received school supplies this year. JOM can also help to purchase cultural supplies. To digitally fill out an application or to print one visit the CTSI website at, <https://www.ctsi.nsn.us/youth/>

YOUTH ACTIVITY FUND

FOR ALL
ENROLLED
SILETZ TRIBAL
MEMBERS
GRADES K-12

Up to \$250.00 towards...

A VARIETY OF
ACTIVITIES, SUCH AS
SPORTS, DANCE, MUSIC,
CAMPS AND MORE!

CONTACT YOUR EDUCATION SPECIALIST WITH QUESTIONS

Katy Holland

Portland Area

KatyH@ctsi.nsn.us

Sonya Moody-Jurado

Salem Area

SonyaMJ@ctsi.nsn.us

Jeff Sweet

Siletz/Out-of-Area

JeffS@ctsi.nsn.us

Candace Hill

Eugene Area

CandaceH@ctsi.nsn.us

Renews Every
Calendar Year

Form available at
www.ctsi.nsn.us/youth/

Eugene Area Office News

The Confederated Tribes of Siletz Indians

The Eugene Area Office Staff

541-484-4234

1-800-922-1399

Jessica Hibler

Supervisor: x1751

jessicah@ctsi.nsn.us

Nick Viles

Instructor-Tribal Language/Culture: x1757

nicku@ctsi.nsn.us

Candace Hill

Education Specialist /JOM: x1763

candaceh@ctsi.nsn.us

Jenifer Jackson

Self Sufficiency Counselor II/477SSP: x1755

jeniferj@ctsi.nsn.us

Cathy Ray

Job Development Specialist/477SS:P x1756

catheriner@ctsi.nsn.us

Makayla Jackson

Job Development Specialist

Voc. Rehab: x1752

makaylaj@ctsi.nsn.us

Jamie Boe

Community Health Advocate: x1753

jamieboe@ctsi.nsn.us

Stormie Ehret

Administrative Services Clerk: x1750

stormiee@ctsi.nsn.us

Verdene McGuire

EAO Elders Rep.

udenie101@gmail.com

Vacant, Elder on-call Transport

Eugene area elder's info, news and events

Happy New Year to one and all.

Christmas seemed to go by fast and furious! Always so much to do and this 'ol lady moves slower each passing year.

We have January birthday celebrations, and since I am not home I am including all January tribal elders this month. Wishing all of our January Elders a Happy Birthday! I am sending birthday wishes to: Milo, Brock, William Jr., William, Jill, James Sr., Tena, Michelene, Danielle, Ilene, Michael, Delmer Jr., Fairey, Vera, Jolene, Jay, Daniel, Ramona, Joseph, Kenneth Jr., Karen, Everett, Gilbert, Francis, David, Daphne, Frances, Cheri, Alan, Mary, Steuart, Robert, Mark, Karen, Zachary, Vicky, Linda, James Sr., Eugene, Bruce, Richard, Trudy, Paula, Arthur, John, Darrell, Daniel, Harold, Corine, Everett Jr., Ialeen, Constance, John, Gail, Julie, Patrick, Virginia, Christy, Henry, Delores, Violet, Vera, William Jr., August Jr., David, Paul, Loreetta, Marion III, Edward, Vikki, Diana, Michael, Lloyd, Rachenda, Kelli, Pamela, Juanita, Jerry, Duane, Timothy, Margaret, Carilyn, Selina. A year filled

with lots of good health, wealth, prosperity, love and lots of hugs and happiness.

Reminders:

Every Thursday you can join the walking group, it starts at 10 a.m. with Jamie Boe.

Also, Diabetes funding for gym memberships are still available. You can call Jamie Boe at 541-484-4234, for more information.

The bead group is on the third Tuesday of each month. Come join us, then after you can pick up fresh produce before you leave.

The annual Community Meeting held by the planning department is on Jan. 11, at 5:30 p.m.

EAO In-person Culture/ Language class is Jan. 22, at 6 p.m.

Please excuse me for a short newsletter this month, I hope you are all well and looking for a great 2024!

Be well and stay positive and kind. Till next month...

Truly,
Verdene McGuire.
Eugene area Elders Rep
VDenie101@gmail.com
Cell: 503-890-0742

Siletz Community Health Department - Eugene Area Office

Walking Group

When: Every Thursday
Time: 10-11 a.m. (up to 1 hour)



December 2023 - January 2024

Mall walk inside **Valley River Center** - 293 Valley River Center, Eugene, OR

Choose your comfort level. Any pace is the right pace!

Bottled water and snacks will be provided for walkers

NOTE: Please contact me at least 30 minutes in advance if you would like to participate, as we will need at least 1 participant each week in order to meet for walking group.

Thank you!

Jamie Boe, Community Health Advocate at 541-484-4234
or by email at JamieBoe@ctsi.nsn.us



If you or your family would like to share in some **FREE** fresh produce, you may pick up at the Eugene Area Office on Tuesdays 2:00pm-4:00pm. Any produce not picked up Tuesday will be available for pick-up Wednesday from 9 a.m.-4 p.m. and Thursday 9 a.m.- 4 p.m.

Please bring your own bag or box to transport your food. You may call ahead to check availability of food.

Eugene area office: 541-484-4234
2468 W. 11th Ave, Eugene OR 97402

This food is collected and distributed by Food For Lane County through the Trillium Produce Plus program. The Siletz Tribe and FFLC are working in a joint effort to alleviate hunger in our community.

Please join us for this fun and informative cultural opportunity:

Elders led beading group

The beading group is in person and open to all ages. We meet at the Eugene Area Office on the 3rd Tuesday of every month from 12-2 p.m.

For more information please
contact Verdene at
Vdenie101@gmail.com

Portland Area Office News



Confederated Tribes of Siletz Indians Portland Area Office Contact List

Adam Caba PAO Office Supervisor	adamc@ctsi.nsn.us ext. 1419
Dianna Edenfield Admin. Services Clerk	diannae@ctsi.nsn.us ext. 1400
Anna Renville Self-Sufficiency Counselor II	annar@ctsi.nsn.us ext. 1412
Tamra Russell Self-Sufficiency Counselor II	tamrar@ctsi.nsn.us ext. 1411
Blanchette V. Morrison Community Health Advocate	blanchettev@ctsi.nsn.us ext. 1413
Katy Holland Education Specialist	katyh@ctsi.nsn.us ext. 1418
Rachel Zinn Mental Health Specialist	rachelz@ctsi.nsn.us ext. 1417
Andulia White Elk A&D Counselor	anduliaw@ctsi.nsn.us ext. 1414
Katrina Hudson Web Content Specialist	katrinah@ctsi.nsn.us ext. 1415

3220 SW 1st Ave Ste. 200, Portland, OR 97239

(phone) 503-238-1512 (fax) 503-238-2436 (email) ctsi.portland@ctsi.nsn.us

SOME STARS OF NATIVE AMERICAN COMEDY

When: Saturday, February 17, 2024 at 7 p.m.

Playing at: Winningstad Theatre – 1111 SW Broadway,
Portland, OR 97205

Some Stars of Native American Comedy is an uproarious celebration of Native American culture and humor, poking fun at life on and off the reservation and the quirks and quandaries of everyday existence through a Native lens. From rez residents to urban Natives, you'll enjoy a variety of perspectives and comedic styles that will leave you laughing out loud.

Some Stars comedians will tackle everything from dream catchers in cars to powwow dating politics, as Native comics help bring healing to intercultural viewers as they learn how Native people are...funny. Audiences will be treated to clever observations, relatable anecdotes, and heartwarming stories that allow audiences to share in the oddball joy that is Indigenous humor.

Some Stars brings together established names in Native American comedians, making it a must-see event for comedy enthusiasts of all backgrounds. You'll be taken in through laughter, as we honor the joy, resilience and unity within Native American communities.

So, join us for a boisterously fun evening and celebrate the hilarity that bridges cultures and fosters unity through laughter. This is the comedy show that'll have you leaving with a smile and for all those unfamiliar, a wider understanding of Native American culture, one joke at a time. Don't miss out on this riotous comedy extravaganza!





THANK YOU FOR
A GREAT 2023!

We hope to see more of
everyone in 2024.

If you're not on our email list,
please reach out to
CTSI.Portland@ctsi.nsn.us to
get notified of upcoming events!

Salem Area Office News

Salem area contact info:

Andulia White Elk

Addictions Counselor, X 1855

AnduliaW@ctsi.nsn.us

Angelica Espino

Self Sufficiency Counselor, X 1853

AngelicaE@ctsi.nsn.us

Antonia Leija

Voc Rehab Counselor/

Job Developer, X 1861

AntoniaL@ctsi.nsn.us

Beverly Owen

Area Office Supervisor, X 1851

BevO@ctsi.nsn.us

Cecilia Tolentino

Community Health Advocate, X1854

CeciliaT@ctsi.nsn.us

Dana Rodriguez

Administrative Services Clerk, X 1850

DanaR@ctsi.nsn.us

Isaac Palomo

Re-Entry Mentor, X 1852

IsaacP@ctsi.nsn.us

Lori Christy

Family Support Specialist, X 1863

LoriC@ctsi.nsn.us

Lydia Kentta

Transporter

Rachel Zinn

Mental Health Counselor, X1864

RachelZ@ctsi.nsn.us

Sonya Moody-Jurado

Education Specialist, X 1856

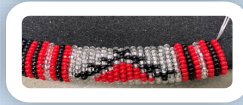
SonyaMJ@ctsi.nsn.us



Salem Area Office 2023 staff-led events

♦ Work on your unfinished Project group

Our unfinished project group met for six weeks. Staff provided general assistance to participants as needed.



♦ Edge Beading

This group beaded a pattern of their choosing onto the edges of a felt hat.

♦ Hoop Wire wrapped earrings

♦ Naa'set shell necklace

♦ Russian Leaf Earrings

All of the earrings shown here were finished by one of the class participants.



♦ Wristlet key chains

The group met to make a wristlet key chain using the cord/bead wrapping method.



♦ Woven Stars

The picture depicts the group in the process of weaving their stars.



♦ Medicine Bags

♦ Dentalium shell necklaces

♦ Essential Oils

The mix was called "Chill the Heck Out" which consisted of several calming essential oils.



Staff-led events cont...

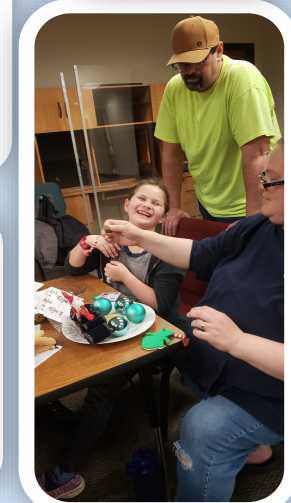
- ♦ Felted Snowman
- ♦ Car Ornament



Other things staff partially funded and participated in, and partnered with JOM and Community Health programs:

- ♦ Candle making and Centerpiece Charger making
- ♦ Apple/Pumpkin Patch
- ♦ Peach Picking
- ♦ Tickets to Magic of Lights

Pictured below: Candle making with Cecilia, Community Health Advocate, and centerpiece chargers with staff.



MAGIC
LIGHTS

Staff and program events cont...

♦ Trunk or Treat



A special thank you to our elders, Jackie and Cynthia, for helping out with our Trunk-or-Treat event.



We would also like to give a special thanks to the family of Rachel Zinn for their assistance during this event as well.



January Event

We are planning a small weaving project. If you are interested, contact the Salem area office, 503-390-9494. Limited spots available.

The Salem Area Office Staff
would like to wish you a very

HAPPY
New
Year!

The text "HAPPY New Year!" is written in a casual, hand-drawn style. The word "HAPPY" is in all caps, "New" is in title case, and "Year!" is in title case with an exclamation mark. The text is surrounded by several stylized fireworks or starburst patterns in blue and yellow.

Siletz Area Office News

FOOD PANTRY DONATIONS NEEDED



The Food Distribution Program is looking for donations of non-perishable items for their food pantry!

This food pantry is available to Tribal members regardless of income.



**DONATIONS CAN BE
DROPPED OFF AT:**

**815 LOGSDEN RD.
SILETZ, OR 97380**

Siletz Tribal Youth ACTIVITIES AT THE REC CENTER!

Join Youth Services at the Rec Center weekly for fun activities!

- Sport Games
- Legos
- Beading/Cultural Activities
- Art and Crafts
- and more!

Wednesdays

3 - 5 PM

Fridays

10 - 2 PM

Sundays

11 - 3 PM

Contact Information

Raina Mason RainaM@ctsi.nsn.us 541-444-8347